FREE Lip Gloss Inside! P.28

seventeen

Fashion Haul!
Cheap Finds At The Mall

200+ Swimsuits
Find The Perfect Style For Your Body

SCREAM 4'S
Emma Roberts
The Flirting Trick That Gets Her The Best Guys

Make Him Worship You!
SEE P.106

LOOK HOT IN A BIKINI
Get Flat Abs & A Cute Butt Now!

859 WAYS TO
GET PRETTY FOR SUMMER!

EXCLUSIVE!
DEMI LOVATO'S
Road To Recovery

"I Basically Had A Nervous Breakdown"

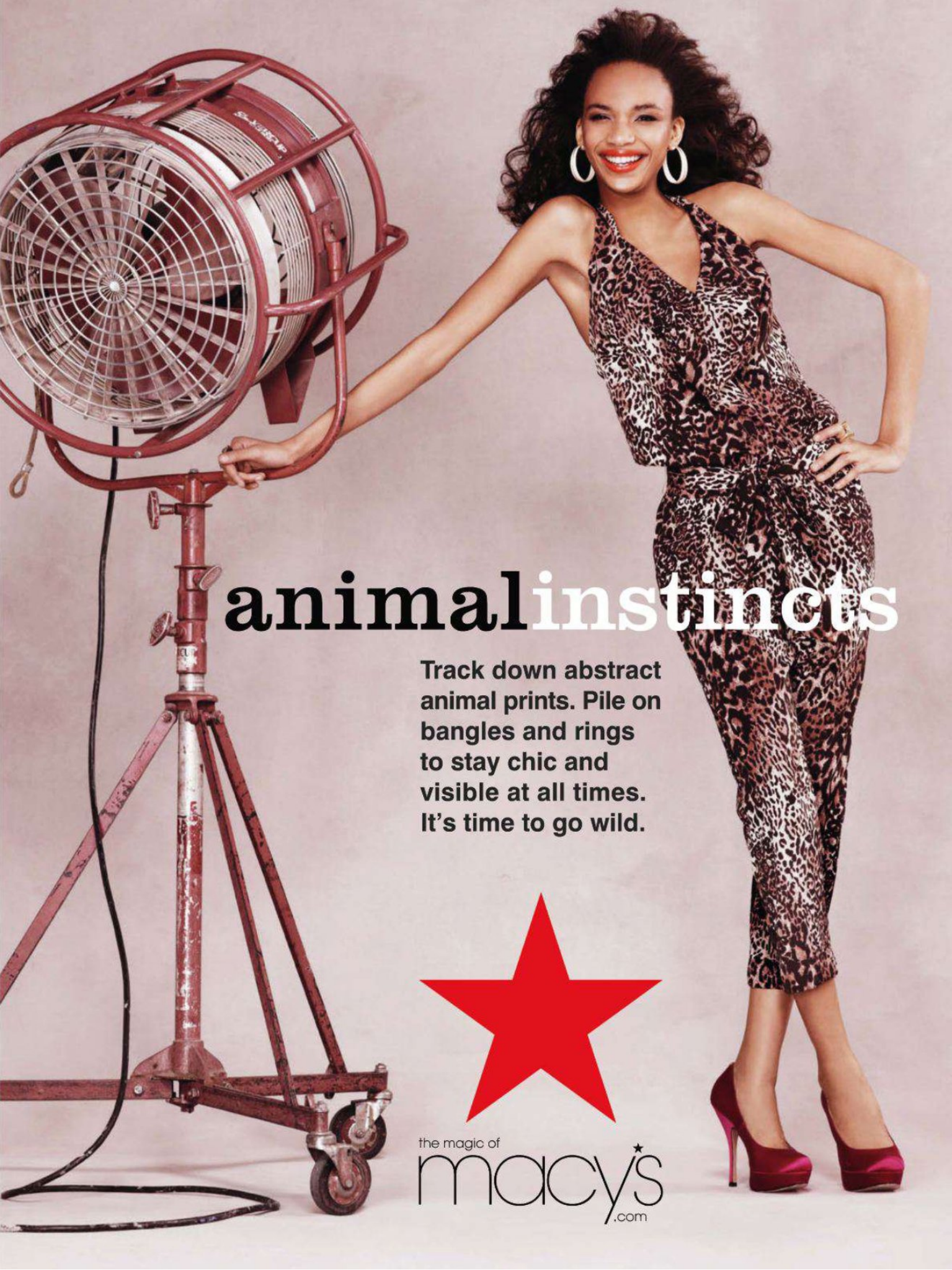
- ✔ Easy Hairstyles!
- ✔ Flirty Dresses & Shorts!
- ✔ Clear Skin—All Over!

MAY 2011 $2.99
seventeen.com

SEE THE SUMPTUOUS
MAYBE
DISCOVER THE NEW MAYBELLINE.COM
Emily is wearing New Color Sensational® High Shine Lipcolor in Pink Freeze. ©2011 Maybelline LLC.

NEW
COLORsensational®
HIGH SHINE
SIDE OF HIGH SHINE
So refined, so sophisticated...it's sensational.
MIRROR-LIKE COLOR only from our micro-mirror pigments.
CREAMIER FEEL only from our luxurious honey nectar.
Now lips flaunt the most spectacular shine.
In 10 lush lip shades.
L'OREAL®
NEW YORK

Advertised merchandise may not be carried at your local Macy's & selection may vary by store. 1030046.
RAMPAGE
Zebra printed cap-sleeve dress. XS-XL. $64.
GRASS
Strapless animal print tiered dress with rosette. S-XL. $69.
XOXO
Animal print halter jumpsuit with tie-belt. Sizes 0-13. $74.
FIND MACY'S EVERYWHERE! Shop, share and connect anytime.
★mstylelab
Visit macys.com/mstylelab to discover even more of the hottest trends for spring


animalinstincts
Track down abstract animal prints. Pile on bangles and rings to stay chic and visible at all times. It's time to go wild.
the magic of
macy's
.com

Nicole by O·P·I

THE ONE LESS LONELY GIRL COLLECTION

DESIGNED WITH THE FANS, **FOR THE FANS** in support of

PENCILS OF PROMISE

Justin and PoP have joined together to build 100 schools for children around the world with the help of young people everywhere. Join the movement.

ONE LESS LONELY GLITTER

PRIZED POSSESSION PURPLE

GIVE ME THE FIRST DANCE

ME + BLUE

OMB!

STEP 2 THE BEAT OF MY ♥

MY LIFESAVER

Available at ULTA and ulta.com

CONTAINS NO DBP, TOLUENE, OR FORMALDEHYDE

Find us on:

www.nicolebyopi.com

Call 800.341.9999 ©2011 OPI Products Inc.

may 2011

fashion

32 **HOT SUITS! COOL COLORS!** Super-bold shades that will stand out at the beach.

45 **SHOP FOR YOUR BODY** Show off your cute shape in the perfect swimsuit.

48 **HEAT UP YOUR LOOK!** Get inspired by the bikini styles of the hottest celebs.

50 **THE BEST NEW SHORTS!** *Soul Surfer*'s AnnaSophia Robb models six pairs that are long on style.

52 **YOUR SUMMER HOT LIST!** Be the best-dressed girl all season!

60 **FASHION HAUL!** You've *got* to grab these amazing trends before they sell out.

62 **MY FAVE SUMMER PIECE!** Our Style Council spills their best ideas for you.

66 **BOHO BARGAINS!** Laid-back looks that are perf for vacay, on the cheap.

132 **SUIT UP!** Ready to shop? Here are the flirtiest bikinis, tankinis, and one-pieces out there!

the best suit for your body!

45

32 fresh new colors!

SUMMER SWIM BLOWOUT!

p. 31
HOT BEACH STYLES!
Swimsuits, shorts, rompers, and more!

beauty

72 **GET SOFT ALL OVER!** Perfect hair removers and skin smoothers for every body part.

74 **FAKE IT!** Get a faux glow so natural, even the sun will be fooled.

76 **TAN TODAY, PAY TOMORROW** Learn to spot the danger signs of skin cancer *now*.

81 **PROTECT YOUR SKIN** Just apply one of these power sunscreens and you're set!

82 **LOOK HOT, STAY SAFE!** The hottest new makeup is packed with protection.

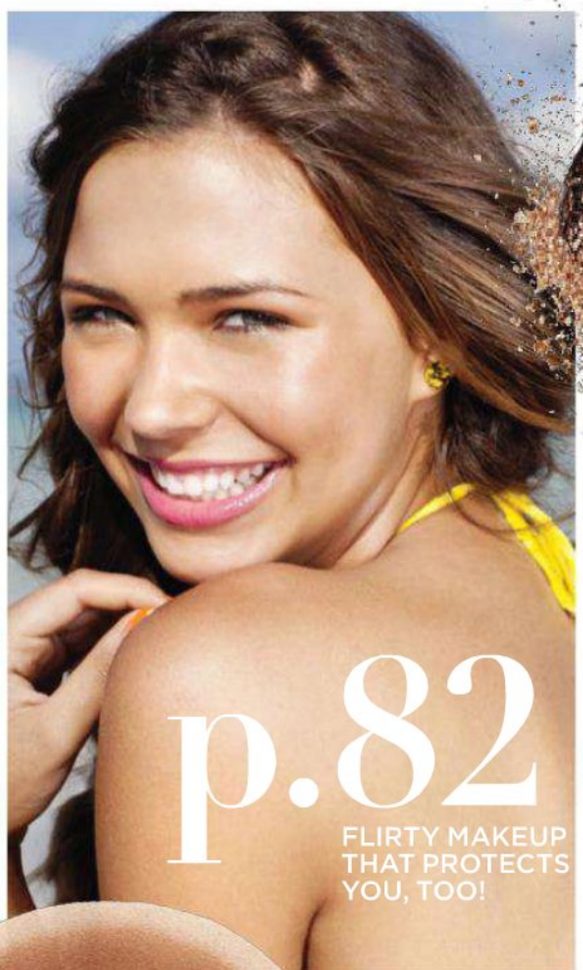
86 **BE A BRONZE GODDESS!** Bronzer is so easy when you have the right tricks.

91 **SUNNY SCENTS!** Find a sweet fragrance for all your fun summer events.

92 **SUMMER-IZE YOUR ESSENTIALS!** Glowy ways to update your everyday makeup.

94 **SIZZLING STYLES TO TRY!** These pretty hair looks are humidity-proof.

146 **POOLSIDE PRETTY** Find amazing splash-proof makeup and hairstyles.



p.82
FLIRTY MAKEUP THAT PROTECTS YOU, TOO!

86 your perfect bronzer!

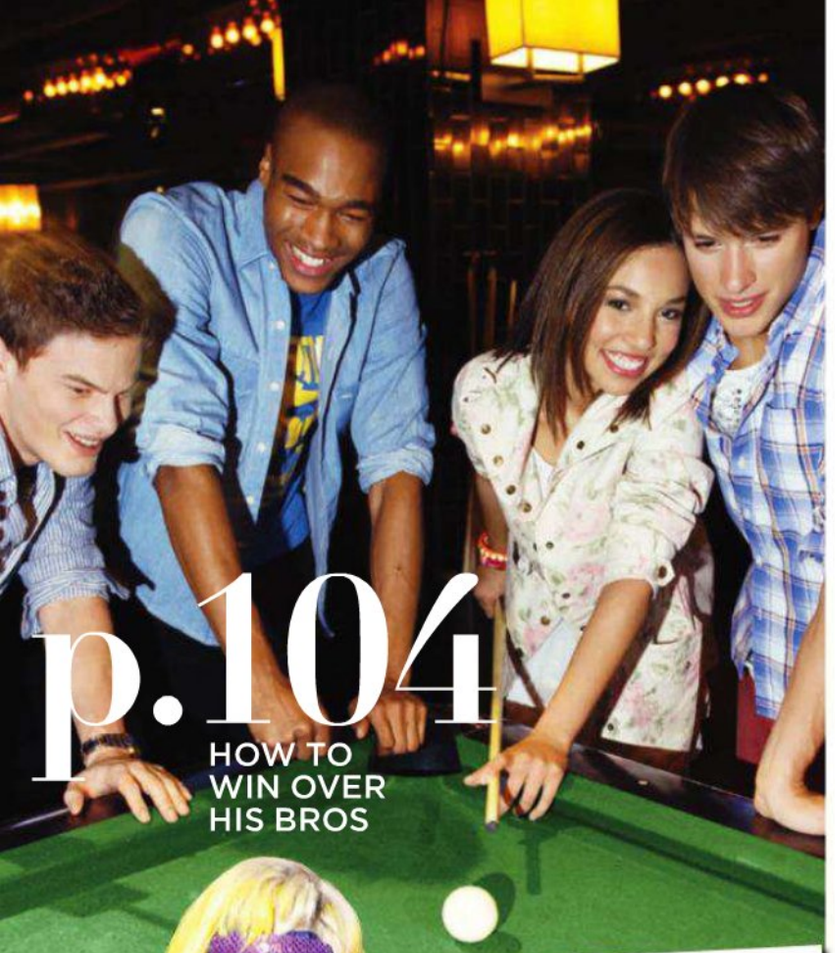
74 amazing self-tanners!

92 quick makeup updates!

on the cover

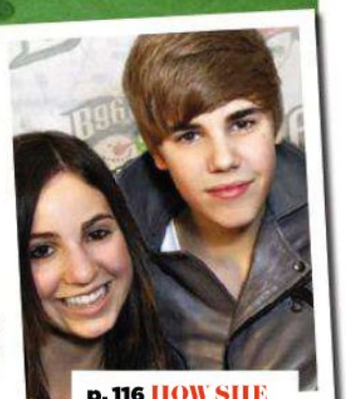
p.28
p.8
p.106
p.31
p.94
p.50
p.72
p.60
p.126
p.99
p.154

COVER PHOTO OF LOVATO: ASHLEY BARRETT. MAIN PHOTOS: (SUMMER SWIM BLOWOUT) BETH STUDENBERG; (FLIRTY MAKEUP THAT PROTECTS YOU, TOO!): OLIVIA GRAHAM. STILL LIFES: (FASHION) JESUS AYALA/STUDIO D AND DON PENNY/STUDIO D; (BEAUTY) J MUCKLE/STUDIO D.



p.104
HOW TO WIN OVER HIS BROS

120
have fun this summer!



p. 116 HOW SHE MET JUSTIN! Three girls share their un*belieb*able celeb run-ins.

health

99 **GET HEAD-TO-TOE HOT** Tone up in just five kick-butt moves.

101 **GET HEALTHIER—IN ONE DAY!** Detox your bod *without* bogus cleanses.

102 **THE TRUTH ABOUT SUMMER HOOKUPS** Before you get swept away, have a plan in place to stay safe!

love life

104 **GET IN WITH HIS FRIENDS!** Dude-approved ideas for making nice with his crew.

106 **SNEAKY WAYS TO MAKE HIM WORSHIP YOU** Soon he'll be kissing the ground you walk on. ;)

108 **"I WATCHED MY BOYFRIEND DIE"** You won't believe Selena's heartbreaking story.

111 **HOOKUP SIGNALS HE'S TRYING TO SEND YOU** Discover the secret messages behind his sexy moves.

142 **THE BEST LOVE ADVICE (IN 140 CHARACTERS OR LESS!)** Short, sweet, and to the point: Your relationship status will never be complicated again!

your life

112 **"MY DAD TRIED TO DESTROY MY BUSINESS!"** How Rachel uncovered her dad's sketchy dealings.

114 **SAVE ON THIS, BUY THAT!** Totally painless ways to save up some cash for the stuff you really want.

116 **OMG CELEB SIGHTINGS!** Could *you* bump into your star crush one day? Hey, it happened to these readers!

118 **FRESHMAN YEAR FAILS!** The Freshman 15 share their mistakes, so you won't make them too!

154 **THE PRESSURE TO BE PERFECT** Demi Lovato opens up about her recent crisis and recovery.

and...

8 **MAY FREEBIES!** Score tons of cool swimsuits this month.

10 **HI FROM ANN!** The most important way you can help girls in Japan!

18 **ARE YOU PRETTY AMAZING?** You could be on a cover of *Seventeen*! Excited yet? Get the deets.

20 **GET EMMA'S FRESH LOOK** With the right makeup, it's a cinch!

26 **WHAT YOU THINK!** You share your thoughts on our March issue and more.

120 **THE INSIDER'S GUIDE TO SUMMER FUN!** The movies, music, and TV you'll be buzzing about!

126 **EMMA ROBERTS** Why the super-talented *Scream 4* star is so happy right now.

158 **TRAUMARAMA!** Just be grateful this crazy stuff didn't happen to you.

162 **MAY HOROSCOPES** Check out all the juicy predictions for your sign.

seventeen.com
summer entertainment
ALL ACCESS!
- juicy recaps of your fave shows like *Glee*!
- hot new music you'll blast all summer!
- insider goss from Hollywood!

See what's buzzing now (and every day!) at seventeen.com/entertainment.

Naya Rivera Gleeks out this summer!

SCORE A $500 SHOPPING SPREE!
Take our reader-feedback survey online! See page 160 for details, or log on to survey.seventeen.com.

MAIN PHOTO: (HOW TO WIN OVER HIS BROS) ASHLEY BARRETT. LADY GAGA: BRENT LEWIS/LANDOV. RIVERA: JUSTIN LUBIN/FOX.

PARIS HILTON
PASSPORT
PARIS HILTON IN TOKYO
PARIS HILTON IN PARIS
PARIS HILTON IN SOUTH BEACH
Come travel with ME!
Available at Macy's and macys.com
perfumesbyparis.com
PARIS HILTON® is a registered trademark of Ms. Paris Hilton.

May FREEBIES!

Cute suits for everyone! Visit seventeen.com every day in May to enter to win these fun bikinis, tankinis, and one-pieces!

1 WINNER! GRAND PRIZE

Enter for a chance to win a beach swag bag: sunglasses, board shorts, an umbrella, a blanket, a cooler, and a swimsuit from Roxy!

Enter every day to increase your chances of winning!

[beach]

WORTH $324!

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
VICTORIA'S SECRET	1 Very Sexy VS Stringkini [flirty]	2 Beach Sexy Neon Lace Bikini [cute]	3 Beach Sexy Maya Twist Bikini [polka]	4 Beach Sexy Maya Twist Bikini [purple]	5 Very Sexy Neon Jeweled Bikini [yellow]	6 Forever Sexy Push-up Halter Tankini [leopard]	7 Beach Sexy Beaded Bikini [green]
MATERIAL GIRL	8 Striped Bandeau Bikini [bikini]	9 Black & Pink Bow Bikini [bow]	10 Diamond Pattern Bandeau Bikini [check]	11 Black and Pink Lace Halter Bikini [lace]	12 Rose Patterned String Bikini [rose]	13 Stripe and Floral Triangle Bikini [neon]	14 SUPER SATURDAY! 35 winners! Black Geometric Ruffle Halter Bikini [black]
PACSUN	15 Digital Ikat Bandeau Bikini [ikat]	16 Tropical Floral Tie Front Bikini [floral]	17 Pretty in Posey U Wire Bikini [posey]	18 Pixie Petals Lace Up Bandeau Bikini [petals]	19 Forgive Me Not One-Piece [forgive]	20 Tropical Ruffle Bandeau Bikini [ruffle]	21 Ruffle Cinch Bandeau Bikini [cinch]
CANDIE'S	22 Street Beat Bikini [beat]	23 Candy Coated Bikini [candy]	24 Love Not War Tank and Shorts [love]	25 Jenny Halter Bikini [jenny]	26 Cherritsy Halter Bikini [halter]	27 Love Bites Tankini [bites]	28 Betsey Tankini [betsey]
SWIM SPOT	29 Splendid Marcel Stripe Bikini [stripe]	30 Splendid Lola Pin Dot Bandeau One-Piece [dot]	31 Splendid Blossom Bandeau Bikini [blossom]				

HOW TO ENTER: Starting May 1, log on to seventeen.com/freebies every day and type in the Freebie Phrase of the Day [in red] to be eligible to win that day's prize. But hurry—each Freebie will be live for just 24 hours beginning at 12 A.M. ET. Winners will be posted online the next weekday by 10 A.M. ET. Go to seventeen.com/freebies or see page 160 for details.

If featured swimsuit color or style is not available, a similar one will be sent.

Save this calendar to win every day in May!

STILL LIFES: (DAYS 1–14, 26, AND 27) J MUCKLE/STUDIO D; (ALL OTHERS) COURTESY OF COMPANIES. STILL LIFES STYLIST: MIA KATOH. HYLAND: DEREK SHOOK/BAUER-GRIFFIN.COM.

More at magazinesdownload.com or ebook-free-download.net

Hi from Ann!

Just as we were finishing this issue, we got word of the **overwhelming** destruction by the tsunami in Japan. It's impossible to imagine what it must feel like to see your entire town washed away or to hold on for your life as a wall of water races past—knowing that so many others won't survive.

At *Seventeen*, our **hearts** and prayers go out to every person affected by the devastation. And yet in the face of such **tragedy,** it feels like we just can't do enough. So we coordinated an **@seventeenmag** "Tweetup" to get the whole *Seventeen* sisterhood to share ideas on how to **help,** and to connect readers with girls in Japan to let them know we're all sending our love. It was an amazing hour! Thousands of girls saw **#17forJapan** tweets streaming through their news feeds. Some girls tweeted about school bake sales to raise money. (One of our smart **editors** suggested making cupcakes with white icing and red M&M's to look like the Japanese flag!) Others asked about how Japanese **girls** were staying safe. A Red Cross rep tweeted that they were staying in evacuation centers and shelters—and that the Red Cross had just donated $10 million to relief efforts! But the most stunning thing happened when a girl in **Japan** tweeted to a girl in the US that what she really needed was a pen pal—suddenly both girls felt a little less alone, and the distance between them felt a little smaller. Even if we can't give enough money or send enough supplies, it's comforting to know that kind **words** and sincere wishes actually mean something *priceless.* It's those small personal touches that can change the whole world.

Tell me how you're helping at **ann@seventeen.com**.

sad sight
A brother and sister survey their destroyed home in Rikuzentakata, Japan.

You might not be able to rebuild a home, but you can mend a broken heart.

happier times
Girls fill the hours with fun at a shelter in Sendai city, Japan.

XOXO
-A.

HOW YOU CAN HELP

make a crane!

One of the most beautiful ideas I heard in our Tweetup: Make a paper crane, and DoSomething.org's Paper Cranes for Japan campaign will match it with a $2 donation to help Japan's reconstruction. Go to seventeen.com/helpjapan for a how-to video!

buy a bracelet!

Lady Gaga created these graphic bracelets that say "We Pray For Japan"—they're only $5 (go to ladygaga.com and click on "shop"), and all the proceeds go to relief efforts!

lift someone's spirits!

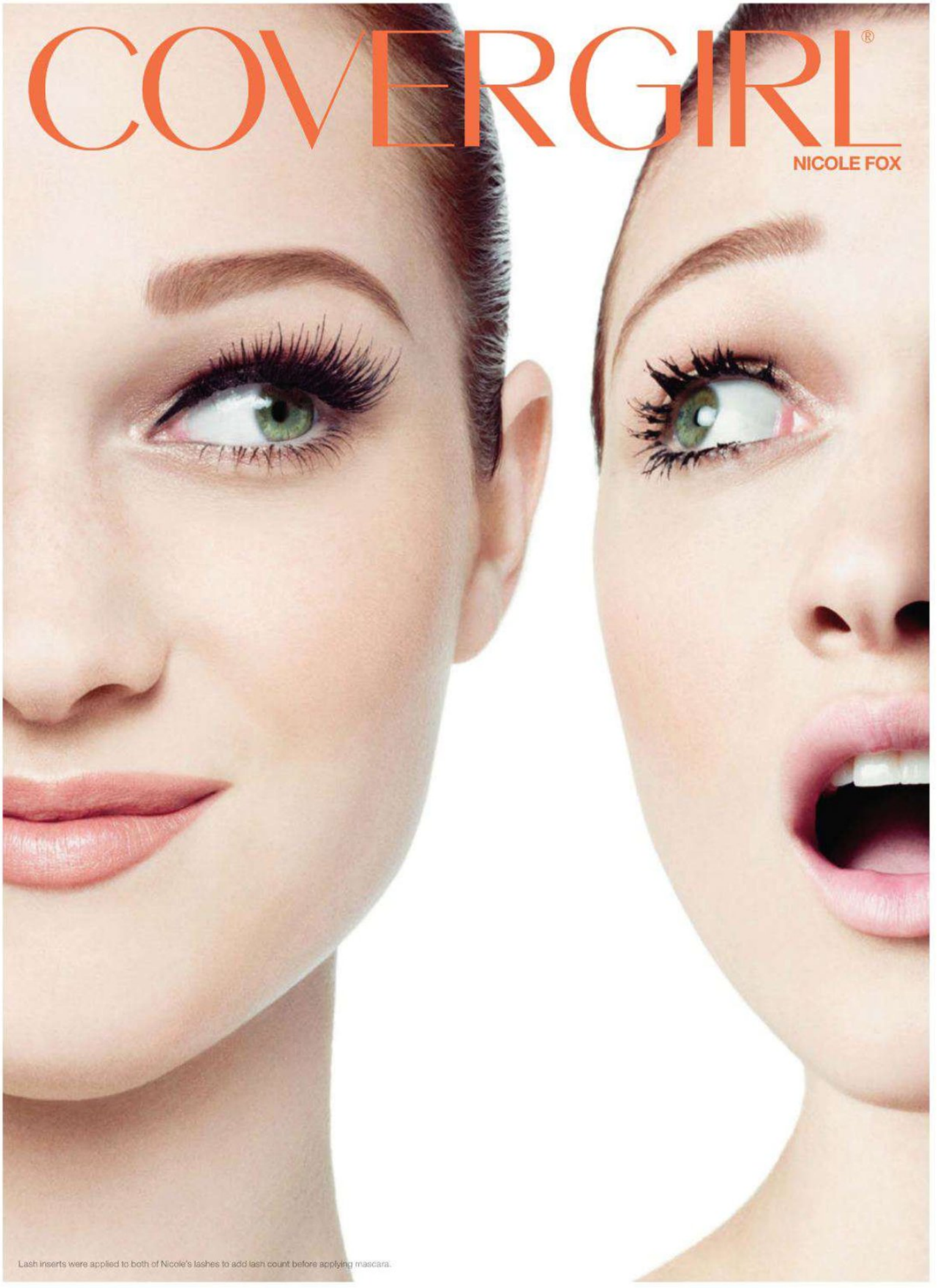
There are thousands of girls who need support in this time of crisis. If you want to find a pen pal, tweet @seventeenmag with hashtag #17forJapan and we'll help connect you!

Girls like Misaki Maruyama, 19, from Tokyo can really use your well-wishes!

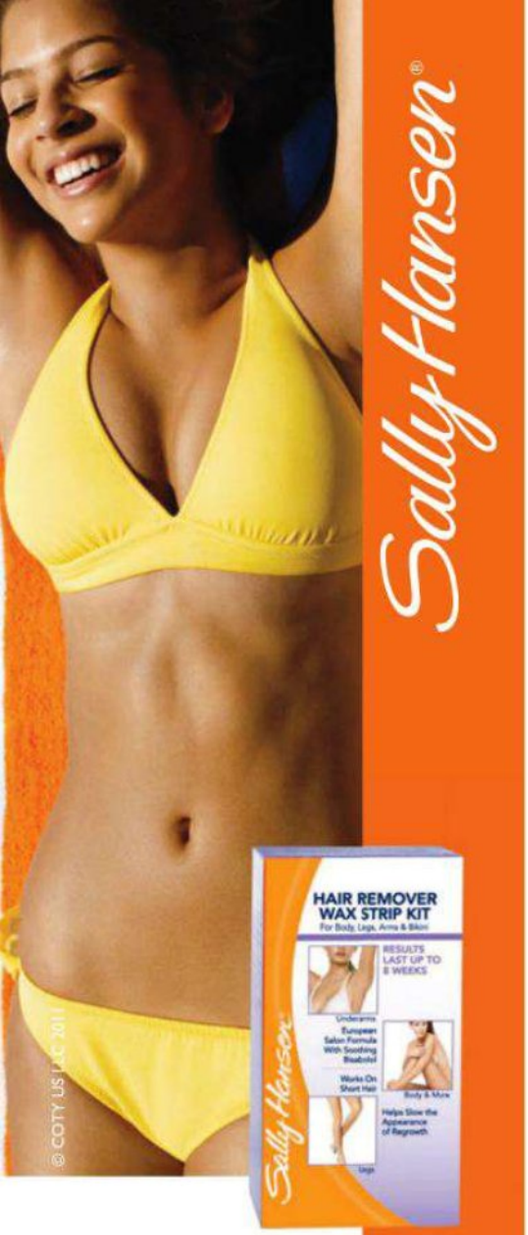
@SEVENTEENMAG Follow me on Twitter at twitter.com/annshoket

ANN: PERRY HAGOPIAN. PHOTOS OF JAPAN: (MAIN) JIJI PRESS/AFP/GETTY IMAGES; (INSET) STR/AFP/GETTY IMAGES. LADY GAGA: EP/WUF/SPLASH NEWS. STILL LIFE: (CRANE) SOZAIJITEN/DATACRAFT/GETTY IMAGES.

More at magazinesdownload.com or ebook-free-download.net


COVERGIRL®
NICOLE FOX
Lash inserts were applied to both of Nicole's lashes to add lash count before applying mascara.

More at magazinesdownload.com or ebook-free-download.net



1,2,3
Hair Free!

HAIR REMOVER
WAX STRIP KIT

Sally knows you want quick, easy, and convenient. Just press on, then pull off.

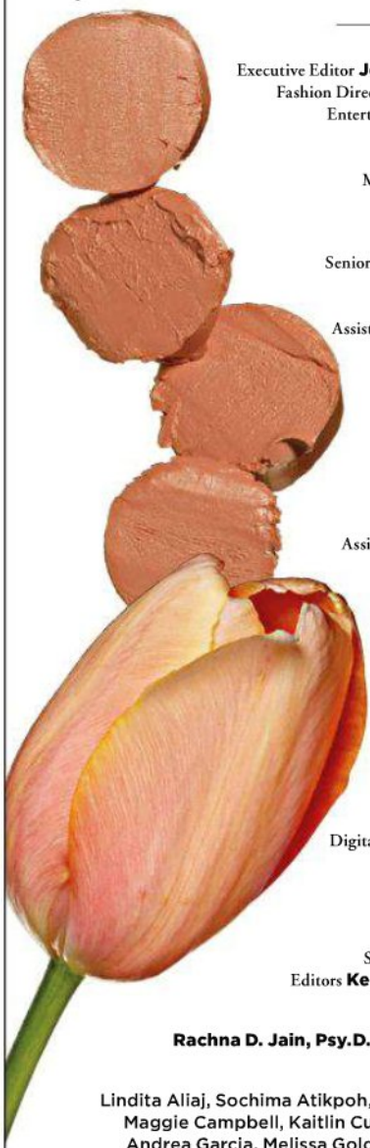
Pre-cut, pre-waxed strips are ready to use wherever, whenever you need them. Leaves beautiful results that can last up to 8 weeks.**

AMERICA'S #1 WAX*

Beauty that Works

For more go to
sallyhansen.com
*Based on IRI Panel Data
**Regrowth time varies from area to area and person to person.

lipstick
Revlon Matte Lipstick in Smoked Peach, $8, drugstores



seventeen

Editor-in-Chief **Ann Shoket**

Creative Director **Jessica Musumeci**
Executive Editor **Joanna Saltz** Executive Managing Editor **Sally T. Abbey**
Fashion Director **Gina Kelly** Beauty Director **Yesenia Almonte**
Entertainment Director **Carissa Rosenberg Tozzi**
Photo Director **Jordan Barnes**
Design Director **Mike Reddy**
Managing Editor **Alison Sheffer Jurado**
Deputy Editor **Annemarie Conte**

fashion
Senior Market Editor **Marissa Rosenblum Grumer**
Senior Fashion Editor **Annebet Duvall**
Accessories Editor **Jasmine Snow**
Assistants **Ryan Tristan Jin, Andrew Mukamal**

beauty
Editor **Meredith Gray**
Assistant **Molly Ritterbeck**

features
Senior News Editor **Jane Bianchi**
Health Editor **Kim Tranell**
Associate Editor **Elisa Benson**
Assistant to the Editor-in-Chief **Elizabeth Perle**

art
Deputy Art Director **Wendy Robison**
Associate Director **Miranda Sheppard**
Assistant **Emily Wong Addis**
Interactive Editions Designer **Julie Soltz**

photography
Bookings Editor **Alicia Bridgewater**
Photo Editor **Micah B. Rubin**
Assistant **Anna Marina Karadimas**

imaging
Digital Imaging Specialist **Leonardo R. Celestino**

copy
Copy Chief **Marisa Carroll**

seventeen.com
Site Director **Julie Hochheiser Ilkovich**
Editors **Kelli Acciardo, Neha Gandhi, Tammy Tibbetts**

contributing editors
Rachna D. Jain, Psy.D.; Norine G. Johnson, Ph.D.; Demi Lovato; Jessica Weiner

interns
Lindita Aliaj, Sochima Atikpoh, Kristen Babson, Crystal Bell, Cristina Bermudez, Jenna Campbell, Maggie Campbell, Kaitlin Cubria, Alexandra Curtis, Jenn Diner, Jess Dupy, Samantha Eisler, Andrea Garcia, Melissa Goldberg, Courtney Griffin, Bailey Hall, Elana Haron, Rachel Heard, Kristina Henry, Zollyann A. Howell, Rebecca Huber, Cassie Huck, Lauren Jessen, Melissa D. Johnson, Alison Jones, Emma Kapotes, Aeyung Kim, Cristina Kohler, Kasia Krzoska, Remi Lacour, Juliette Little, Katrina Meehan, Kaitlyn Muchnok, Carly Nelson, Rachel Nelson, Tham Kim Nguyen, Margaret O'Connor, Candace Owens, Alicia Parise, Chinea Rodriguez, Elizabeth Rubin, Laxmi Rodulfo, Kelly Shea, Olivia Shell, Emily Siegel, Nicole Spellman, Amanda Stines, Taryn Elyse Straley, Lauren Thorstensen, Chelsea Tirrell, Tori van Sambeck, Courtney Walsh, Jeff Weller, Rebecca Zoler

hearst magazines international editions
President & CEO **Duncan Edwards**
Senior Vice President/Publishing Director **Jeannette Chang**
Vice President/Executive Director **Kim St. Clair Bodden**
Deputy Director/Bureau Chief **Astrid O. Bertoncini**
Creative Director **Peter Yates**
International Editions Editor **Jacquelyn Ellis**

Editor, Argentina **Laura Vigo** Editor, Chile **Pola Mayol**
Editor, Colombia/Ecuador/Venezuela **Nohra Maldonado**
Editor, Malaysia **Aileen Soo** Editor, Mexico **Katy García Lau**
Acting Editor, Singapore **Valerie Wee** Editor, South Africa **Khwezi Magwaza**
Editor, Thailand **Prayer Kavitanon**

lip gloss
Dolce & Gabbana The Ultra-Shine Lip Gloss in Bon Bon, $29, saks.com

lip pencil
Eyeko Liptastik Glossy Lip Pen in Loud Mouth, $10, eyeko.com

STILL LIFES: (HYACINTH) MARTIN RUEGNER FOR GETTY IMAGES; (REVLON LIPSTICK) STUART TYSON/STUDIO D; (ALL OTHERS) J MUCKLE/STUDIO D.

Sally Hansen®

One Stroke. One Coat. Done.

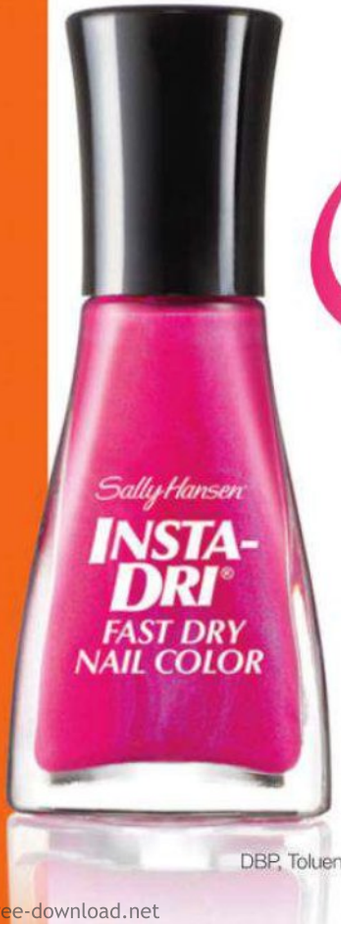
INSTA-DRI®

FAST DRY NAIL COLOR
#1 IN THE U.S.A.*

Sally knows time is precious. Nail color covers in just one coat, brilliantly. The Perfectionist Brush™ contours to any nail, so color always glides on precisely, quickly, flawlessly. And, the exclusive Flexiglass Complex combines beautiful, brilliant shine and super strong wear. So simple, so Sally.

- Dries in 60 seconds ✓
- One coat coverage ✓
- 32 instantly irresistible shades ✓

Beauty that Works



Dries in 60 seconds!

*Based on IRI Panel data
DBP, Toluene and Formaldehyde Free

Sally Knows Nails
For more go to **sallyhansen.com**

© COTY US LLC 2011

More at magazinesdownload.com or ebook-free-download.net

ADVERTISEMENT

Neutrogena's **Wave for Change™**

Neutrogena® understands that small changes can make a huge impact.

Transform your daily routine with simple steps so skin gets noticed every time!

Neutrogena® Oil-Free Acne Wash Pink Grapefruit

#1 awarded acne cleanser with maximum-strength acne medicine powerfully treats breakouts, even blackheads, all with a blast of 100% naturally derived grapefruit. It's such a pick-me-up, you'll forget it's a powerful acne cleanser.

Neutrogena Wave® Sonic

This power cleanser spins to lift away impurities, whirl away dirt and deliver a noticeable improvement you're guaranteed to see. It cleans up to **50x better than hands alone** to get skin noticed every time!

Neutrogena SkinClearing® Oil-Free Makeup

Exclusive formula with proven Neutrogena® acne-fighting technology gives beautifully natural coverage while working undercover to clear breakouts. In fact, in a clinical study, **100% of women had improved skin** over time.

Transform your community through small acts that grow exponentially

- **Hot Spot:** Don't blast the air conditioning in your house. It helps save energy and gives you an excuse to wear that cute new tank when your BF comes over!
- **Chill Out:** Washing clothes in cold or warm water is better for the planet (and for your clothes).
- **Two-Faced:** Ask your teachers to print on both sides of the paper. It's good for the environment...and less for you to carry.
- **Wave for Change™:** Join Neutrogena's Wave for Change™, a charitable campaign that makes it easy for teens everywhere to give back. For more information and to learn how you can make a difference this summer, go to **Neutrogena.com/waveforchange**.

"You think, I'm just one person, I can't make a change, but when you actually try and see results, it's a pretty incredible feeling."

—Brand Ambassador Hayden Panettiere

(shown here with fellow Brand Ambassador Vanessa Hudgens at last year's Wave for Change™ launch event)

Is your makeup your friend or frenemy?

Neutrogena SkinClearing® Makeup.

It not only gives you a beautiful, flawless look, but also has a proven blemish-fighting formula that works undercover to clear breakouts.

In fact, in a clinical test, 100% of women who tried it had improved skin over time. BFF.

In 12 silky shades.

Neutrogena®
Cosmetics
#1 dermatologist recommended

©2011 Neutrogena Corp.

More at magazinesdownload.com or ebook-free-download.net

HURRY! Contest ends April 30!

ARE YOU PRETTY AMAZING?

You could be on a cover of *seventeen* and win a $10,000 SCHOLARSHIP!

Enter Seventeen's Pretty Amazing Contest!

We're looking for the ultimate real girl to be on a cover of *Seventeen*! Are you passionate, creative, or mega-talented? Do you see change that needs to be made in the world and know that you have the power to *make* that change? Have you done something awesome that's worth celebrating? Tell us your amazing story at **seventeen.com/prettyamazing** now!

GUEST JUDGES:

PS: Tune in to MTV's *The Seven* every weekday at 5 P.M. ET for updates about Pretty Amazing!

SCHOLARSHIP PROVIDED BY:
Neutrogena® Neutrogena's Wave for Change™

No purchase necessary. See Rules on page 160.

MAIN PHOTO: TERRY DOYLE. (MODEL USED FOR ILLUSTRATIVE PURPOSES ONLY). COSGROVE: JON FURNISS/WIREIMAGE. ENG: JUSTIN CAMPBELL.

More at magazinesdownload.com or ebook-free-download.net

YMI® USA
irresistible

JEANS
TOPS
DRESSES
SWEATERS
OUTERWEAR
INTIMATES
KIDS

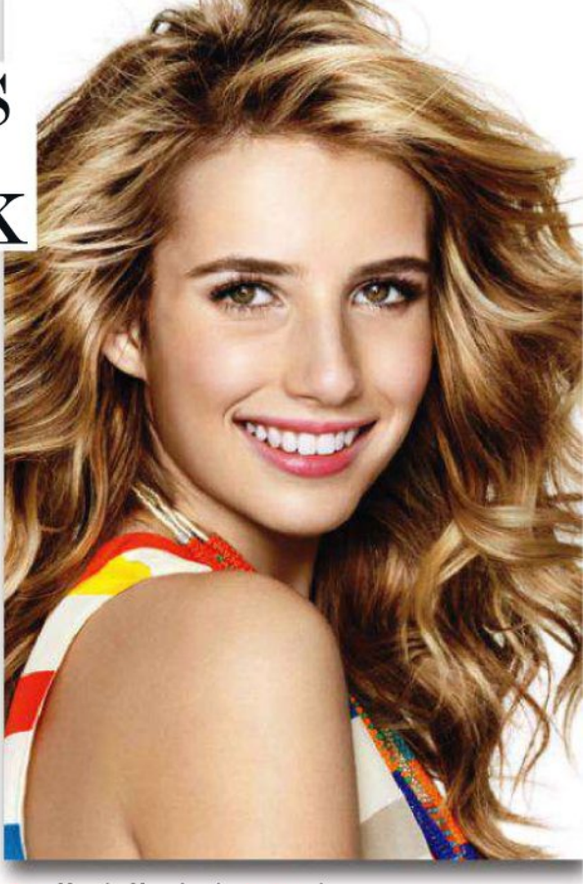
ymijeans.com
@ymijeans
facebook.com/YMIjeans

get emma's *fresh* look

Her sweet-and-simple vibe has become her red-carpet trademark. Make it yours now!

blush
Neutrogena Healthy Skin Blends Blush in Pure, $12, neutrogena.com

mascara
Neutrogena Healthy Volume Waterproof Mascara in Carbon Black, $8, neutrogena.com



Dress Marc by Marc Jacobs. Necklace by Ben-Amun by Isaac Manevitz. Style Director: Beau Quillian. Fashion Stylists: Emily Current and Meritt Elliott. Hair: Campbell McAuley. Makeup: Pati Dubroff. Photographs: Kenneth Willardt.

eyeshadow
Neutrogena Nourishing Eye Quad in Butter Crème, $9, neutrogena.com

lip gloss
Neutrogena MoistureShine Gloss in Nutri-Berry, $8, neutrogena.com

FANTASY CAMP *sweepstakes!*

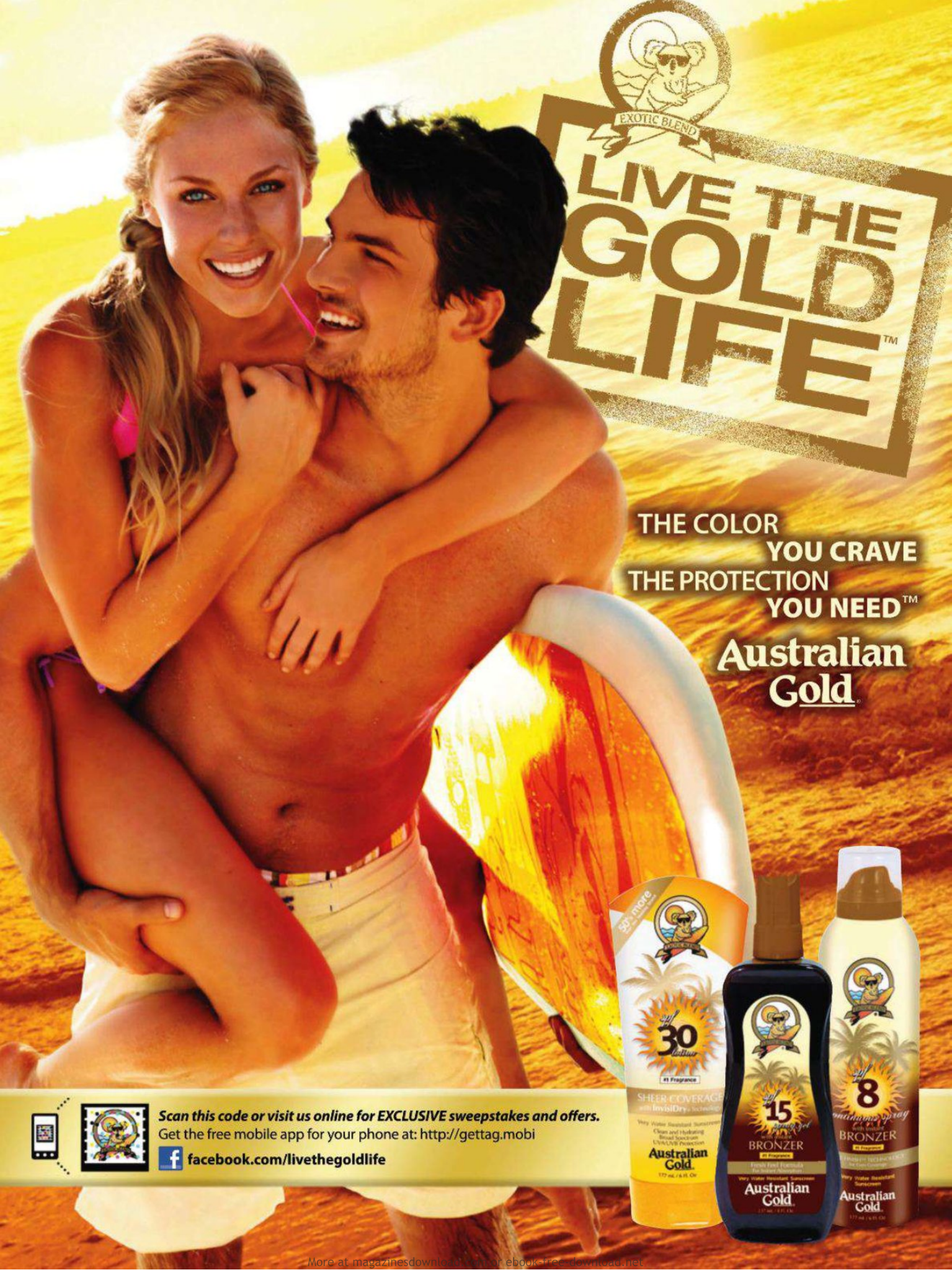
WIN A TRIP TO THE BAHAMAS!

Enter for a chance to win a five-day trip to Atlantis, Paradise Island, in the Bahamas! You and a friend will get to attend the first-ever Fantasy Camp with *Seventeen*, where you'll learn from our stylists, hair and makeup pros, and fitness experts (and score some major beach time!). Go to seventeen.com/atlantis to enter. For details and rules, see page 160.

ATLANTIS Fantasy camp 2011 with seventeen

SEVENTEEN.COM Go behind the scenes of Emma's cover shoot at seventeen.com/emma.

STILL LIFES: STUART TYSON/STUDIO D. FANTASY CAMP PHOTOS: COURTESY OF ATLANTIS RESORT.



More at magazinesdownload.com for ebook free download.net

seventeen

Vice President/Publisher/Chief Revenue Officer **Jayne Jamison**

Associate Publisher of Marketing **Howard Grier**
Eastern Advertising Manager **Terry Alvar**
Western Advertising Manager **Robin Billie**
General Manager **Larry Greenblatt**

new york 212-649-3100
Beauty Manager **Gayle Sherman**
Account Managers **Tova Heiney, Linda Korman, Emily Adams, Nadine S. Waxenberg**
Ad Services Manager **Donald Gordon**
Publisher's Assistant **Taylor Verderame**
Sales Assistants **Susannah Sachdeva, Melissa Wong**

chicago 312-251-5347
Account Manager **Erin Brown**
Sales Assistant **Sandra Hilk**

southeast/southwest 214-363-6191
Account Manager **Michelle Mize**

west coast 310-664-2980
West Coast Director **Ron Troxell**
Sales Assistant **Dalia Anaya**

direct response 212-649-3100
Manager **Jacqueline Abram**

creative services
Promotion Director **Lauren Murphy**
Senior Integrated Marketing Manager **Ashley Flanagan**
Creative Services Manager **Angelique Reed**
Merchandising Director **Kelly Walles**
Associate Merchandising Director **Mariana Lee**
Merchandising Coordinator **Amy Liang**
Promotion Art Director **Emma Weightman**

marketing & research
Group Research Manager **Lynn Sessa**

production
Group Production Director **Karen Otto**
Group Production Manager **Peter A. Farrell**
Production Assistant **Na'Tasha Simmons**

circulation
Vice President of Consumer Marketing **Beth Ifcher**

hearst magazines digital media
Vice President of Sales & Marketing **Kristine Welker**
National Ad Director **Geoffrey Schiller**
Sales Development Director **Kimberly Reiter**
Director of Marketing Services **Laura Schooling**
Integrated Marketing Manager **Nicole O'Donnell**

published by hearst communications, inc., a unit of the hearst corporation
Vice Chairman & Chief Executive Officer **Frank A. Bennack, Jr.**
Chairman **George R. Hearst, Jr.**

hearst magazines division
President **David Carey**
President, Marketing & Publishing Director **Michael A. Clinton**
Executive Vice President & General Manager **John P. Loughlin**
Editorial Director **Ellen Levine**
Publishing Consultants **Gilbert C. Maurer, Mark F. Miller**

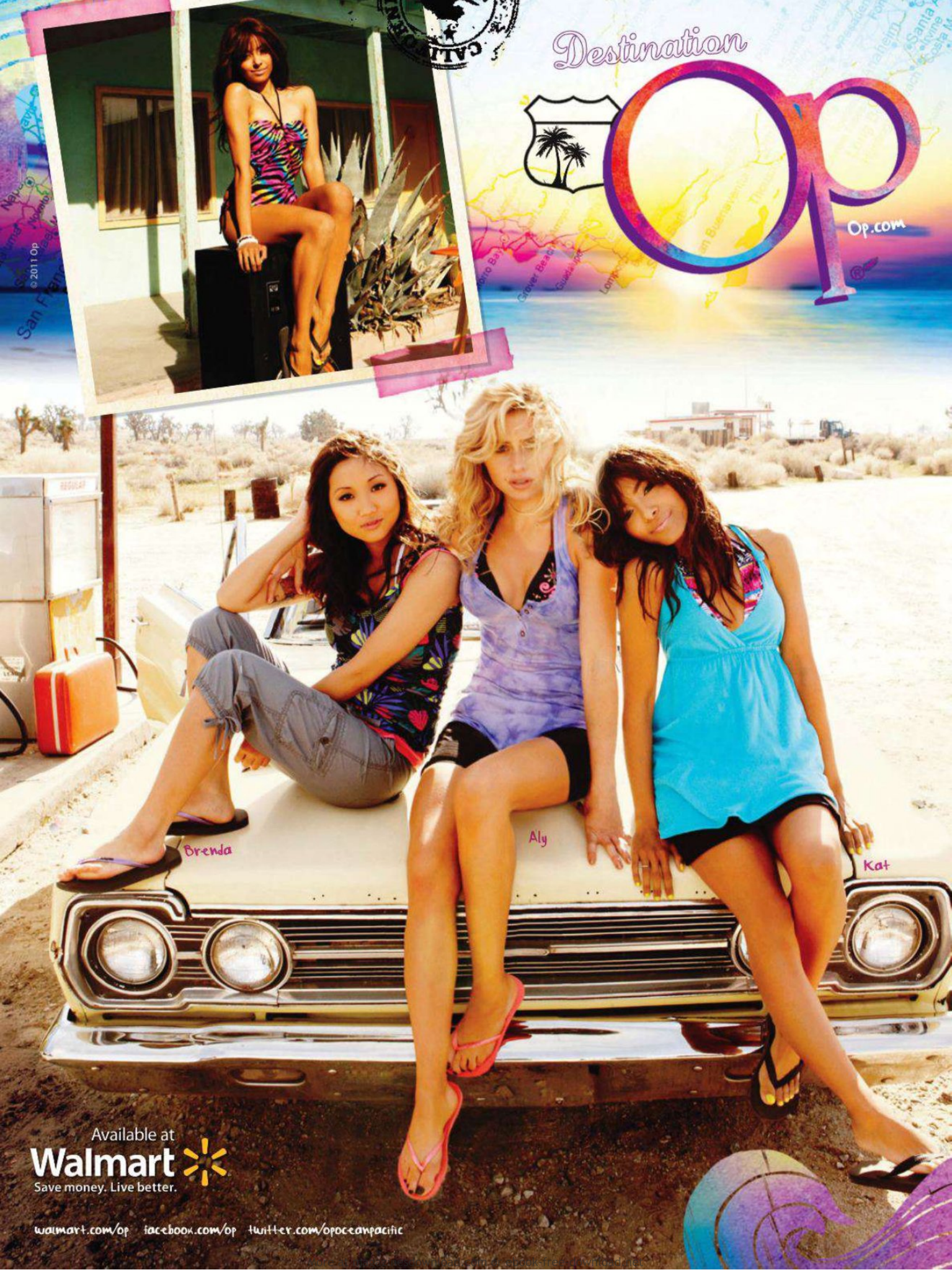
nail polish
Revlon Top Speed Fast Dry Nail Enamel in Jaded, $6, drugstores

nail polish
FingerPaints Nail Color in Aren't You Glad-iolous, $5, sallybeauty.com

- for a subscription, go to subscribe.seventeen.com
- for customer service, go to service.seventeen.com
- for subscriber questions, write to P.O. Box 6000, Harlan, IA 51593

nail polish
Orly Nail Lacquer in Snowcone, $8, orlybeauty.com

STILL LIFES: J. MUCKLE/STUDIO D.


Destination
Op
Op.com
© 2011 Op
Brenda
Aly
Kat
Available at
Walmart
Save money. Live better.
walmart.com/op facebook.com/op twitter.com/opoceanpacific

ADVERTISEMENT

the new OLAY generation

SEVENTEEN STYLE PRO

Whether it's an impromptu road trip or jet-setting to a tropical paradise, there is nothing like a girls' vacation. Your first big trip without your family can be a little intimidating, but it's also so much fun. One of my best memories from college is my first spring break. My girlfriends and I packed up my car and drove from our Rhode Island college town all the way to Florida! My BFFs and I still laugh about the inside jokes from that week. As a new generation of women, we experience all kinds of "firsts." Check out some of my fave tips to get you ready for your first big trip!

XOXO, Mariana

tip one: check it out

A week before you leave, make a checklist of everything you need to do before your trip—from leaving contact information with your family, to picking up maps and guidebooks. Staying organized will minimize last minute stress.

tip two: lighten up

When you're heading to somewhere you've never been before, it may be hard to know exactly what you'll need, but be sure to pack light. My rule of thumb to avoid over-packing: don't bring any item you can't mix and match.

tip three: keep it simple

You'll be pressed for time (and suitcase space!) when you go away, so don't worry about a lengthy skincare routine. Just pack **Olay Shine Control Lathering Cleanser**—it provides the deep, down-to-the-pores surface cleansing of a mask in an everyday form that minimizes shine.

tip four: flip your style switch

A new city is a great excuse for a new look, so try updating your style to match the vibe of the city you're visiting. It can be as simple as adding a new accessory to a favorite outfit. If you like your new look, bring it back with you!

"There's nothing that beats good cleansing and moisturizing. It doesn't have to be complicated. You don't have to have so different products in your medicine cabinet. A good cleanser and a good moisturizer with sunscreen and you are good to go."

–Carrie Underwood

see the new olay generation contest winner!

In our March issue, Olay and Seventeen asked readers to send us a picture of a "first" in their lives for the chance to win a trip to a city they had never been to. Log on to seventeen.com/olay to see the winning photo from the New Olay Generation contest!

Olay facial cleansing products are a must-have for every "first"!

Become a fan at **facebook.com/olay**.

There is a promotional agreement in place between *Seventeen* and Olay.

More at magazinesdownload.com or ebook-free-download.net

WHAT you THINK!

Stuff you're talking about right now!

romance or fauxmance?

Are these too-cute couples *really* dating, or are they just flirting for the cameras? You decide!

chord overstreet & taylor swift **were caught cozying up to each other at an NHL game! Are the sparks real?**

64% of you say **FAUXMANCE!**

51% of you say **ROMANCE!**

lily collins & taylor lautner **have been spotted together while promoting their new flick, *Abduction*. Is it strictly PR . . . or something more?**

HEART HER HAIR!

"I gave the fishtail braid a shot from 'Buh-Bye, Boring Hair!' The key is getting it really tight to begin with—it will loosen up after a few minutes of wearing. Also, anti-frizz cream is your friend!"

–ashley, 19, new york, ny

Talk to *Seventeen* editors and Hot Guy Panelists at seventeen.com/twitter.

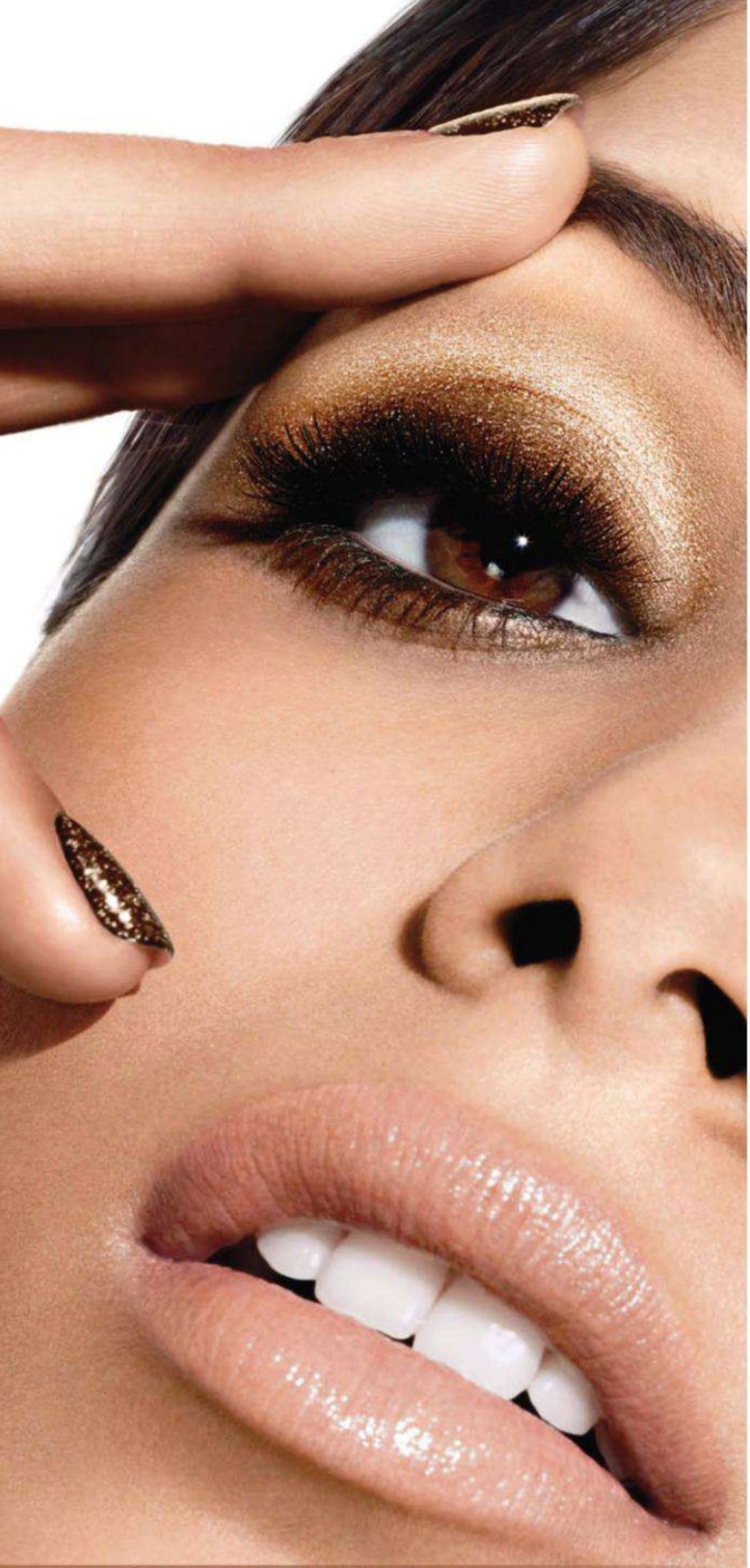
ARBonnin
Alex Bonnin

seventeen TWEET HEART

If anyone needs any advice on anything, I'm always more than willing to answer as one of the @seventeenmag #17HotGuys! Ask away! March 21

SEVENTEEN.COM Tell us what you think about this issue at seventeen.com/mail

OVERSTREET AND SWIFT: JEFF GROSS/GETTY IMAGES. COLLINS AND LAUTNER: JEFF VESPA/WIREIMAGE.



NEW

THE ONE SWEEP™ EYE SHADOW

Now, define, color and highlight in just one sweep.

Now, a beautiful, professional look from our one-of-a-kind applicator. 8 expertly coordinated palettes enhance eye color like no other shadows can.

Mistake-proof results have never been easier.

SWEEP DOWN

SWEEP ACROSS

FINISHED LOOK

Discover backstage beauty secrets made easy at
lorealparis.com/studiosecrets

Freida is wearing The One Sweep Eye Shadow in Playful for All Eyes (829).
©2011 L'Oréal USA, Inc.

Because you're worth it.™

L'ORÉAL® PARIS

More at magazinesdownload.com or ebook-free-download.net

ADVERTISEMENT

SWIMRemixed

Cool off this Spring with the hottest trend in swim. Mix & match bold prints or pair with solids to create an endless number of style combinations!

PICTURED SUIT:
Material Girl
(only at Macy's)

Tank mini-shrug with burnout print (Web ID 535417): **$22**

Bra top with purple bow (Web ID 535411): **$24**

mixed with the black & white striped bikini (Web ID 535412): **$18**

Shop the Spring & Summer 2011 collection at Macy's and choose from great brands including **Lucky Brand**, **Hurley**, **Roxy**, **Jessica Simpson**, **Guess**, **O'Neill**, **Hobie** and more.

GETInspired

Send a picture of this JAGTAG to learn how to master this trend and get expert mix & match **styling advice from *Seventeen* Style Pro Amy**!

Verizon and AT&T customers text the picture to **524824**. All others text or email the picture to **swim@jagtag.com**.

the magic of macy's .com

K 3 b Z r — JAGTAG

Messaging and data rates may apply. For terms & conditions, visit www.jagtag.com/t&c

MY LUCKY DAY!

"After I read about Merranda winning the lottery in 'The Wildest Stories Ever!' I bought my first scratch-off lottery card—and won $10! I couldn't buy a Lexus coupe with it, like she did, but I *did* treat myself to a Starbucks Vivanno. Mmm!"

–teresa, 19, new york, ny

balancing act

"'I Sacrificed Everything for Ballet' was sad. There has to be balance in your life, and it seemed like Hannah had none. I know plenty of happy, serious dancers who have *never* sabotaged each other."

–kahlie, 17, on facebook.com/seventeenmagazine

YOU SNOOZE, YOU LOSE!

"'Your First-Year Photo Album' was so funny! I fell asleep in the study center after pulling an all-nighter, too! I woke up about an hour later to a tapping noise—a group of friends was outside the window laughing at me!"

–megan, 20, nashua, nh

seventeen reader reward

HURRY! Supplies are limited!

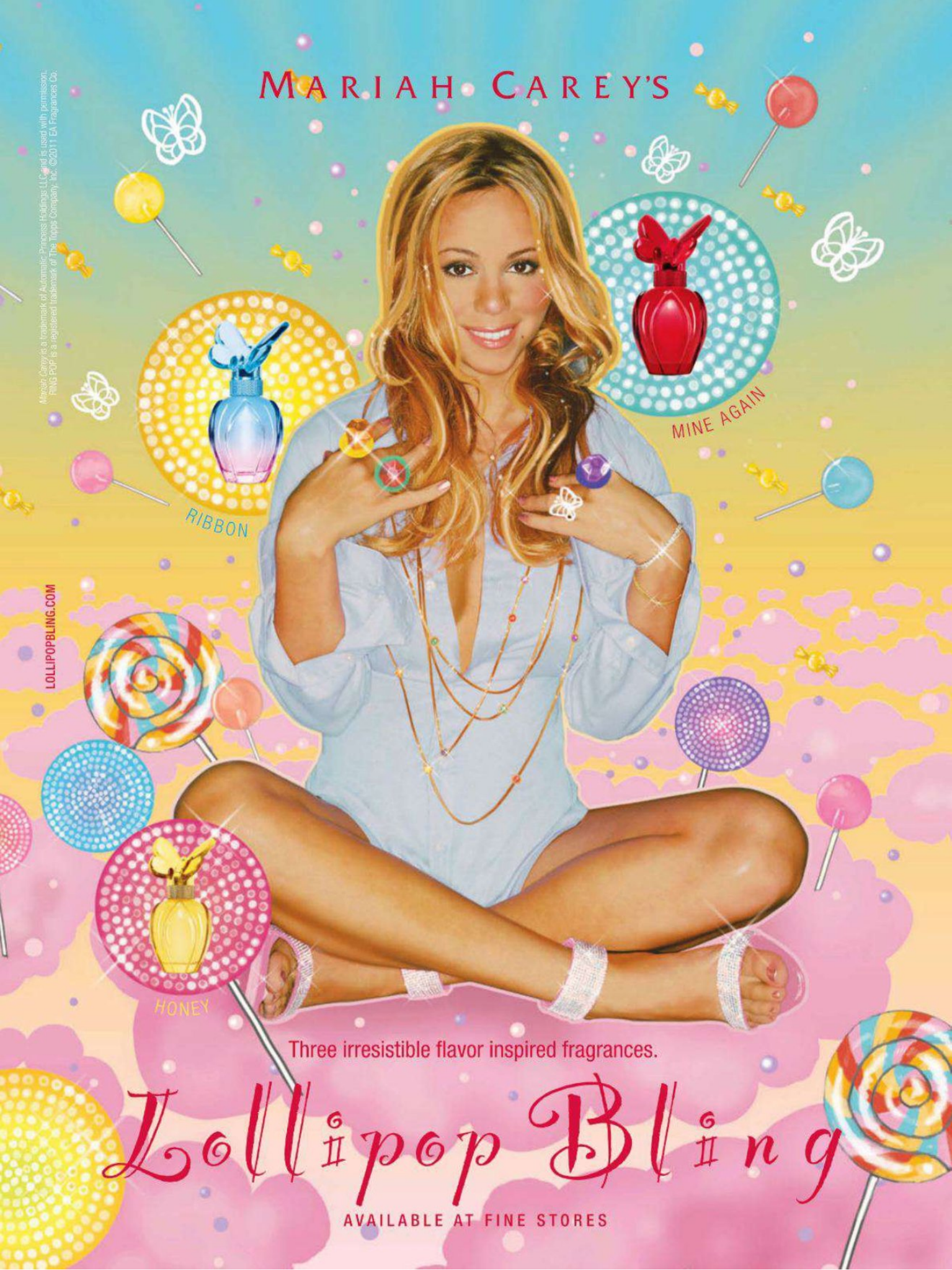
FREE LIP GLOSS from Jordana

Go to seventeen.com/jordana and enter the code glossy to receive a FREE Lip Out Loud Super Shiny Gloss!

Beginning April 19, 2011, go to seventeen.com/jordana and enter the code glossy to receive one (1) free Jordana Lip Out Loud Super Shiny Gloss. Ten-thousand (10,000) lip glosses will be given away. One per person. Giveaway ends May 23, 2011, or while supplies last. Once all lip glosses have been distributed, there will be no substitute product given away. Go to seventeen.com/freebies or see page 160 for more details.

STILL LIFES: (BOOKS AND LIP GLOSS) COURTESY OF COMPANIES; (STARBUCKS DRINK) JESUS AYALA/STUDIO D.

More at magazinesdownload.com or ebook-free-download.net



Mariah Carey is a trademark of Automatic Princess Holdings LLC and is used with permission.
RING POP is a registered trademark of The Topps Company, Inc. ©2011 EA Fragrances Co.

fashion

200+ SWIMSUITS INSIDE!

ULTIMATE SUMMER STYLE GUIDE!

Whether you're hitting the beach or the boardwalk, you're going to start a fashion heat wave this season!

bikini top
Sizes S–L, Gossip Collection, $38, gossipcollection.com.
bikini bottoms
Sizes XS–L, Pull-In, $50, pull-in.com.
tank top
Sizes XS–XL, Volcom, $46, volcom.com.
hat
Neff Headwear, $24, porterstahoe.com.
sneakers
Sizes 5–11, K-Swiss, $55, kswiss.com.

PHOTO CREDITS
MAIN PHOTO: BETH STUDENBERG. FASHION STYLIST: ANNEBET DUVALL. HAIR: LUIS BELTRAN AT FORD MODELS MIAMI FOR KERASTASE. MAKEUP: COLLEEN STONE AT FORD MODELS MIAMI FOR DIOR. MANICURE: DONNA D FOR ARTISTSBYTIMOTHYPRIANO.COM/CHANEL. ON MODEL: BANDANNA, STYLIST'S OWN; EARRINGS AND RING, LULU'S; MULTICOLOR BRACELET, SEQUIN; GOLD BRACELET, FANTASY JEWELRY BOX.

More at magazinesdownload.com or ebook-free-download.net

lexie, 20

bikini
Sizes XS–L, top, $62, and bottoms, $59, Pull-In, pull-in.com.
jacket
Sizes XS–XL, Aéropostale, $60, aeropostale.com.

hot suits! cool colors!

Bye-bye, black bikini! Make a major splash in one of these mega-bright options.

BEACHY CORAL

paisley
Sizes S–L, top, $37, and bottoms, $33, Billabong, billabong.com

paint splash
Sizes S–L, top, $66, and bottoms, $44, Voda Swim, vodaswim.com

racerback
Sizes XS–L, top, $41, and bottoms, $35, Hurley, swimspot.com

crochet
Sizes S–L, Roxy, $36 each piece, roxy.com

MORE TO LOVE!

hair clip
Ban.do, $25 for set of two, shopbando.com

blush
JK Jemma Kidd In Vogue Perfect Blush in 5th Avenue, $18, target.com

flip-flops
Sizes 6–11, Old Navy, $5, oldnavy.com

REAL-GIRL PHOTOS: BETH STUDENBERG. FASHION STYLIST: ANNEBET DUVALL. HAIR: LUIS BELTRAN AT FORD MODELS MIAMI FOR KERASTASE. MAKEUP: COLLEEN STONE AT FORD MODELS MIAMI FOR DIOR. MANICURE: DONNA D AT ARTISTSBYTIMOTHYPRIANO.COM FOR CHANEL. ON LEXIE: SUNGLASSES, MAKE ME CHIC; EARRINGS, STYLIST'S OWN. STILL LIFES: JESUS AYALA/STUDIO D. STILL LIFE STYLIST: CLAIRE TEDALDI FOR HALLEY RESOURCES.

A COLORFUL NEW COLLECTION, EXCLUSIVELY AT JOURNEYS.

JOURNEYS

CONVERSE

More at magazinesdownload.com or ebook-free-download.net

POOL BLUE

one-piece
Sizes XS–L, Bikini Thief, $118, bikinithief.com.
shorts
Sizes 3–13, Celebrity Pink, $37, PacSun stores.

clarissa, 20

ruffled
Sizes XS–L, top, $68, and bottoms, $52, Perry Ellis, perryellis.com

tropical
Sizes XS–XL, So, $26 each piece, Kohl's

studded
Sizes XS–XL, Mudd, $26 each piece, kohls.com

snakeskin
Sizes S–XL, top, $80, and bottoms, $88, Cia Maritima, instyleswimwear.com

cutout
Sizes XS–XL, Body Glove, $82, bodyglove.com

tie-dye
Sizes S–XL, Alohi Girl, $17 each piece, Sears and sears.com

MORE TO LOVE!

nail polish
Nicole by OPI Nail Lacquer in "Baby" Blue, $8, Walmart stores

watch
Urbanog, $20, urbanog.com

sunglasses
Giant Vintage, $20, giantvintage.com

ON CLARISSA: SUNGLASSES, GIRLPROPS.COM; WIDE BANGLE, FANTASY JEWELRY BOX; CHARM BRACELET, STYLIST'S OWN; ORANGE AND PINK BRACELETS, H&M.

THE NEW FRAGRANCE FOR WOMEN

DAISY
MARC JACOBS

EAU SO FRESH

DAISYMARCJACOBS.COM HANNAH PHOTOGRAPHED BY JUERGEN TELLER

MACY'S AND MACYS.COM

More at magazinesdownload.com or ebook-free-download.net

SUNNY YELLOW

bikini
Sizes XS–L, top, $58, and bottoms, $62, L Space, gonebananas beachwear.com.

cali, 18

polka-dot
Sizes XS–XL, Op, $12 each piece, Walmart stores and walmart.com

striped
Sizes S–L, Urbanog, $10 each piece, urbanog.com

bandeau
Sizes XS–L, top, $10, and bottoms, $9, Forever 21, forever21.com

reversible
Sizes XS–L, Volcom, $40 each piece, volcom.com

floral
Sizes S–L, Billabong, $60, billabong.com

plaid
Sizes XS–L, top, $65, and bottoms, $59, Splendid Swimwear, swimspot.com

MORE TO LOVE!

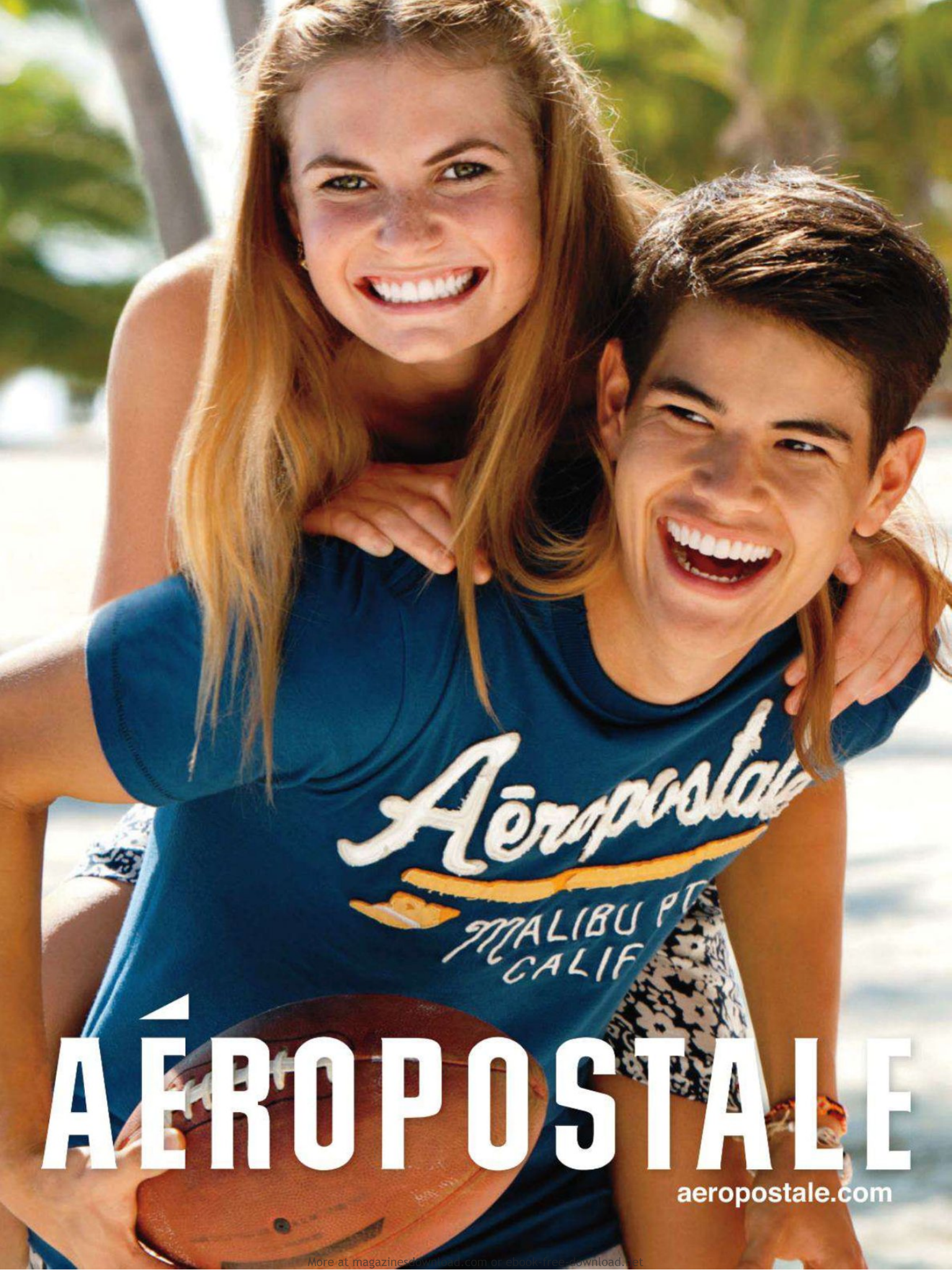
bracelets
Lulu's, $10 for set of four, lulu's.com

tote
Gap, $50, gap.com

lip balm
Philosophy Kiss Me SPF 20 Lip Balm in Clear, $12, macys.com

ON CALI: EARRINGS, LULU'S; BLACK BANGLE AND SPIKE BANGLE, FANTASY JEWELRY BOX; GOLD BANGLES, SEQUIN; SNAKE CUFF AND RING, STYLIST'S OWN.

SEVENTEEN.COM Win a week of new sunglasses! Enter at seventeen.com/freebies

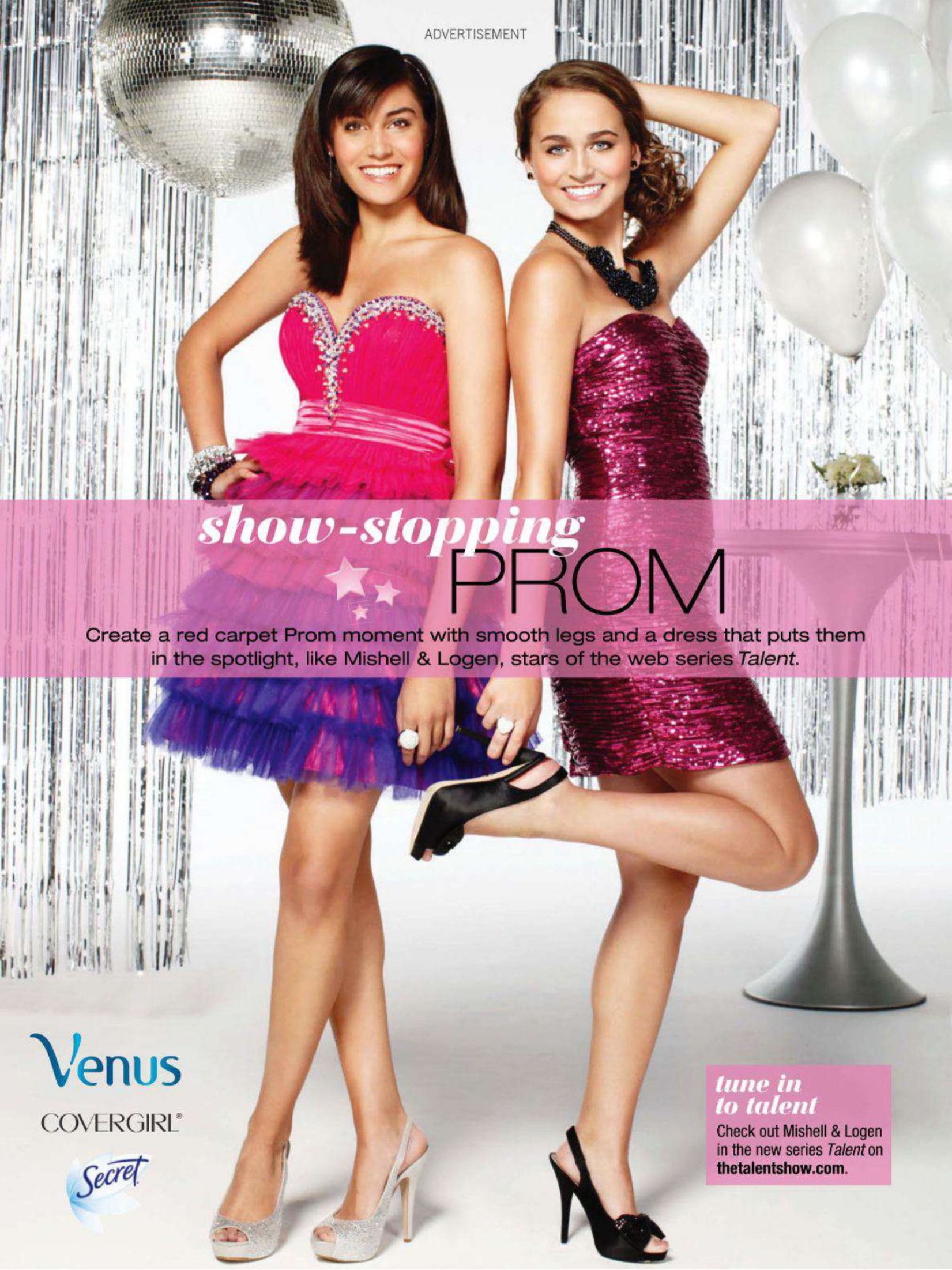


AÉROPOSTALE

aeropostale.com

More at magazinesdownload.com or ebook-freedownload.net

ADVERTISEMENT



ADVERTISEMENT

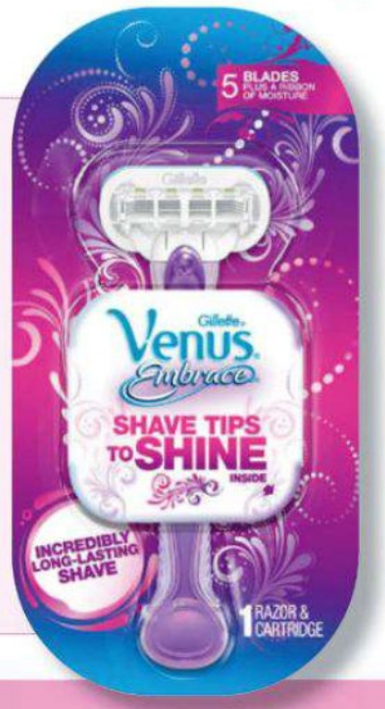
Shine inside & out at your Prom debut:

Step into wardrobe and dare to bare smooth skin:
Short dresses, like the ones Mishell & Logen are rocking, are an ultra-trendy, head-turning fashion statement.

Get a close-up shave for ultimate confidence:
Venus® Embrace hugs your body to give you a closer*, longer-lasting* shave, so you can show off your smooth legs wherever, whenever.

Be the shining star of the Prom scene:
Venus® Embrace gets virtually every hair, leaving your skin looking amazing, with fewer nicks and cuts.*

* vs. Venus® Divine



Check out behind-the-scenes footage of Mishell & Logen and

enter for a chance to win

a SHOW-STOPPING PROM prize package!

One lucky winner will get ready to be the star of her Prom with:

- A complete **beauty makeover** at a salon in her hometown, including hairstyling and makeup
- A gift certificate for a **trip to a spa** in her hometown
- A **$1,000 shopping spree** to get the styles featured in *Talent*
- A pre-shopping spree **style consultation** via phone or webcam with a *Seventeen* Style Pro
- **Venus®**, **COVERGIRL**, and **Secret® products** to help prep for Prom

More chances to win!

Watch the **COVERGIRL** and **Secret®** SHOW-STOPPING PROM videos featured in this issue, and enter for a chance to win again each time you view!* Don't have a smartphone? View *Talent* videos, enter for a chance to win the SHOW-STOPPING PROM sweepstakes, and more at **seventeen.com/showstoppingprom**.

Step 1: Just download the free app at http://gettag.mobi

Step 2: Scan this code

Step 3: Watch!

Step 4: Follow the directions to **enter for a chance to win the SHOW-STOPPING PROM sweepstakes!****

*Maximum of 3 entries per person. **Your carrier's MMS/picture messaging and standard carrier rates may apply. You must have a camera-enabled phone capable of sending pictures. To view the video your phone must be video-enabled. Program available on most carrier networks and in the U.S. only. For complete mobile terms and conditions, please log on to Microsoft.com/tag.
NO PURCHASE NECESSARY TO ENTER OR WIN "SHOW-STOPPING PROM" SWEEPSTAKES. Sponsored by Hearst Communications, Inc. Two ways to enter: (i) scan your smartphone over the bar code and complete and submit the entry form pursuant to the on-screen instructions or (ii) go online to seventeen.com/showstoppingprom to enter. Limit three (3) entries per person when entering with your smartphone (one [1] entry per video view) or online. Your carrier's MMS/picture messaging and standard carrier rates may apply. You must have a camera-enabled phone capable of sending pictures. Program available on most carrier networks and in the U.S. only. For complete mobile terms and conditions, please log on to Microsoft.com/tag. Sweepstakes begins at 12:01 a.m. ET on April 12, 2011 and ends at 11:59 p.m. ET on May 23, 2011. One (1) winner will receive a beauty makeover at a local salon ($500), spa treatments at a local spa ($500), a shopping spree ($1,000), a style consultation via phone or webcam with a *Seventeen* Style Pro, and COVERGIRL, Secret®, and Venus® products ($50). Odds of winning will depend upon the total number of eligible entries received. Must be female, 13-24 years old and a legal resident of the 50 United States, Puerto Rico, or District of Columbia. Void where prohibited by law. Sweepstakes subject to complete official rules available at seventeen.com/showstoppingprom.

More at magazinesdownload.com or ebook-free-download.net

©2011 The Gillette Company.

SHOP FOR YOUR BODY

Lost in a sea of swimsuits? Consider yourself rescued: These amazing figure-flattering options make shopping feel like a day at the beach.

CURVY BUTT

lisa, 16

bamboo top
Sizes XS–L, Bikini Thief, $59, bikinithief.com.
polka-dot bottoms
Sizes XS–L, Vitamin A, $50, gonebananasbeachwear.com.

OPEN HERE for more suits!

LOOK FOR:

mini boy shorts

They won't fall down or ride up—and the ruching adjusts to your curves!

stone ring
Top, sizes S–L, $64, and bottoms, sizes XS–L, $38, Becca by Rebecca Virtue, everythingbutwater.com

retro print
Sizes 2–10, Insight, $83 for set, 80spurple.com

tiny ruffles
Sizes XS–L, top, $62, and bottoms, $58, Aquarella, gonebananasbeachwear.com

floral top
Sizes 6–14, Beach House, $47, Dillard's.
blue bottoms
Sizes XS–XL, Coco Rave, $38, Bloomingdale's.

string
Top, sizes 4–12, and bottoms, sizes 4–10, Vitamin A Silver, $50 each piece, gonebananasbeachwear.com

seashell
Top, sizes 34A–36C, $29, and bottoms, sizes XS–L, $20, Victoria's Secret, victoriassecret.com

REAL-GIRL PHOTOS: BETH STUDENBERG. FASHION STYLIST: ANNEBET DUVALL. HAIR: LUIS BELTRAN AT FORD MODELS MIAMI FOR KERASTASE. MAKEUP: COLLEEN STONE WITH FORD MODELS MIAMI FOR DIOR. ON LISA: EARRINGS, GIRLPROPS.COM. YELLOW-AND-WHITE BRACELET, SEQUIN; WHITE METAL BRACELET, A.V. MAX ACCESSORIES; BLUE BRACELET, DAVINCI; YELLOW METAL BRACELET, FANTASY JEWELRY BOX. STILL LIFES: DON PENNY/STUDIO D AND JESUS AYALA/STUDIO D. STILL LIFES STYLISTS: MIAKO KATOH AND CLAIRE TEDALDI FOR HALLEY RESOURCES.

More at magazinesdownload.com or ebook-free-download.net

CURVY TUMMY

LOOK FOR:

allover ruching

Streamline your curves with gathered fabric—it cinches you in and creates a sleek middle.

clare, 19

tie-dye
Sizes 32C–38DDD, Coco Reef, $118, Macy's

blossoms
Sizes 5–13, Gossip, $70, gossipswim.com

nautical
Sizes 6–14, Tommy Hilfiger Swimwear, $99, macys.com

animal print
Sizes 1X–4X, Old Navy, $50, oldnavy.com

pinup
Sizes S–XL, Kenneth Cole Reaction, $92, macys.com

sky-blue
Sizes 16–26, Always for Me, $89, alwaysforme.com

paisley
Sizes 12–28, top, $48, and bottoms, $34, Torrid, Torrid stores and torrid.com

ON CLARE: EARRINGS, HER OWN; BLUE NECKLACE, A.V. MAX ACCESSORIES; BOW NECKLACE, LULU'S.

SEVENTEEN.COM Tons of new suits to flatter your figure are only a click away at seventeen.com/swimreport

FLAT BUTT

LOOK FOR:

detailed bottoms

Little bows and ruffles at the top visually lift your butt and make it pop!

floral top
Sizes XXS–XXL, Aerie, $30, aerie.com.
bow bottoms
Sizes XS–L, Lolli Beach Candy, $69, swell.com.

coral
Sizes XS–XL, top, $76, and bottoms, $74, Luli Fama, lulifama.com

hawaiian
Sizes XS–L, Urbanog, $10 each piece, urbanog.com

plaid
Sizes S–XL, Alohi Girl, $17 each piece, Sears and sears.com

hot pink
Sizes XS–XL, Op, $12 each piece, Walmart stores and walmart.com

freckle
Sizes XS–L, top, $65, and bottoms, $60, La Isla, laislabrand.com

polka-dot
Sizes XS–L, top, $55, and bottoms, $69, Lolli Beach Candy, lollibeachcandy.com

ON LINDSEY: EARRINGS, BETSEY JOHNSON; FLORAL-AND-ROPE CHAIN BRACELET, LULU'S; CLEAR PINK-AND-GOLD BRACELET, DAVINCI; IRIDESCENT PINK BRACELET, FANTASY JEWELRY BOX; RING, URBANOG.

More at magazinesdownload.com or ebook-free-download.net

CURVY TUMMY

tie-dye
Sizes 32C–38DDD, Coco Reef, $118, Macy's

LOOK FOR:

allover ruching

Streamline your curves with gathered fabric—it cinches you in and creates a sleek middle.

blossoms
Sizes 5–13, Gossip, $70, gossipswim.com

nautical
Sizes 6–14, Tommy Hilfiger Swimwear, $99, macys.com

animal print
Sizes 1X–4X, Old Navy, $50, oldnavy.com

pinup
Sizes S–XL, Kenneth Cole Reaction, $92, macys.com

sky-blue
Sizes 16–26, Always for Me, $89, alwaysforme.com

paisley
Sizes 12–28, top, $48, and bottoms, $34, Torrid, Torrid stores and torrid.com

ON CLARE: EARRINGS, HER OWN; BLUE NECKLACE, A.V. MAX ACCESSORIES; BOW NECKLACE, LULU'S.

SEVENTEEN.COM Tons of new suits to flatter your figure are only a click away at seventeen.com/swimreport

FLAT BUTT

LOOK FOR:

detailed bottoms

Little bows and ruffles at the top visually lift your butt and make it pop!

floral top
Sizes XXS–XXL, Aerie, $30, aerie.com.
bow bottoms
Sizes XS–L, Lolli Beach Candy, $69, swell.com.

coral
Sizes XS–XL, top, $76, and bottoms, $74, Luli Fama, lulifama.com

hawaiian
Sizes XS–L, Urbanog, $10 each piece, urbanog.com

plaid
Sizes S–XL, Alohi Girl, $17 each piece, Sears and sears.com

hot pink
Sizes XS–XL, Op, $12 each piece, Walmart stores and walmart.com

freckle
Sizes XS–L, top, $65, and bottoms, $60, La Isla, laislabrand.com

polka-dot
Sizes XS–L, top, $55, and bottoms, $69, Lolli Beach Candy, lollibeachcandy.com

ON LINDSEY: EARRINGS, BETSEY JOHNSON; FLORAL-AND-ROPE CHAIN BRACELET, LULU'S; CLEAR PINK-AND-GOLD BRACELET, DAVINCI; IRIDESCENT PINK BRACELET, FANTASY JEWELRY BOX; RING, URBANOG.

More at magazinesdownload.com or ebook-free-download.net

CURVY THIGHS

LOOK FOR:

flirty swimskirt

This swingy shape sits low on your hips so it shows off your middle—but hides the top of your thighs!

laura, 19

zebra print
Sizes XS–XL, top, $47, and bottoms, $62, Body Glove, bodyglove.com

plaid
Sizes 4–14, top, $59, and bottoms, $53, Tommy Hilfiger Swimwear, select Macy's and zappos.com

berry-red
Sizes S–L, top, $48, and bottoms, $50, Becca by Rebecca Virtue, everythingbutwater.com

military
Top, sizes S–XL, $68, and bottoms, sizes S–L, $78, Becca by Rebecca Virtue, everythingbutwater.com

rainbow
Sizes S–XL, Arizona by jcpenney, $15 each piece, jcpenney

candy-striped
Top, sizes S–L, $52, and bottoms, sizes XS–XL, $54, Coco Rave, Bloomingdale's

graffiti
Sizes XS–XL, top, $56, and bottoms, $52, Body Glove, bodyglove.com

ON LAURA: EARRINGS AND RING, URBANOG.

CURVY TUMMY

clare, 19

tie-dye
Sizes 32C–38DDD, Coco Reef, $118, Macy's

LOOK FOR:

allover ruching

Streamline your curves with gathered fabric—it cinches you in and creates a sleek middle.

blossoms
Sizes 5–13, Gossip, $70, gossipswim.com

nautical
Sizes 6–14, Tommy Hilfiger Swimwear, $99, macys.com

animal print
Sizes 1X–4X, Old Navy, $50, oldnavy.com

pinup
Sizes S–XL, Kenneth Cole Reaction, $92, macys.com

sky-blue
Sizes 16–26, Always for Me, $89, alwaysforme.com

paisley
Sizes 12–28, top, $48, and bottoms, $34, Torrid, Torrid stores and torrid.com

ON CLARE: EARRINGS, HER OWN; BLUE NECKLACE, A.V. MAX ACCESSORIES; BOW NECKLACE, LULU'S.

SEVENTEEN.COM Tons of new suits to flatter your figure are only a click away at seventeen.com/swimreport

More at magazinesdownload.com or ebook-free-download.net

FLAT BUTT

LOOK FOR:

detailed bottoms

Little bows and ruffles at the top visually lift your butt and make it pop!

floral top
Sizes XXS–XXL, Aerie, $30, aerie.com.
bow bottoms
Sizes XS–L, Lolli Beach Candy, $69, swell.com.

coral
Sizes XS–XL, top, $76, and bottoms, $74, Luli Fama, lulifama.com

hawaiian
Sizes XS–L, Urbanog, $10 each piece, urbanog.com

plaid
Sizes S–XL, Alohi Girl, $17 each piece, Sears and sears.com

hot pink
Sizes XS–XL, Op, $12 each piece, Walmart stores and walmart.com

freckle
Sizes XS–L, top, $65, and bottoms, $60, La Isla, laislabrand.com

polka-dot
Sizes XS–L, top, $55, and bottoms, $69, Lolli Beach Candy, lollibeachcandy.com

ON LINDSEY: EARRINGS, BETSEY JOHNSON; FLORAL-AND-ROPE CHAIN BRACELET, LULU'S; CLEAR PINK-AND-GOLD BRACELET, DAVINCI; IRIDESCENT PINK BRACELET, FANTASY JEWELRY BOX; RING, URBANOG.

heat up your look!

Want to *really* set the season on fire?!? Just follow in the sandy steps of these super-chic celebs.

bikini
Sizes XS–L, top, $25, and bottoms, $27, Victoria's Secret PINK, vspink.com

BRIGHT!

A neon bikini stands out in a sea of black suits and makes a little tan look *totally* major!

AnnaLynne McCord

GIRLY!

A bright red suit catches every eye—but when it's covered in ruffles and dots, the effect is cute, not obnoxious!

Miley Cyrus

bikini
Sizes S–L, AMI Clubwear, $38, amiclubwear.com

top
Sizes XS–L, Hurley, $45, dianesbeachwear.com

bottoms
Sizes S–L, Gossip Collection, $34, gossipcollection.com

SEXY!

When it comes to a simple black suit, teenier is always better!

Megan Fox

PREPPY!

A chic strap amps up the wow factor on this classic nautical number.

Jenna Ushkowitz

bikini
Sizes S–XL, Deb, $16 each piece, debshops.com

bikini
Sizes XS–XL, top, $46, and bottoms, $44, Volcom, volcom.com

RETRO!

Rock the pinup-girl vibe in a demure two-piece with a cinched top.

Selena Gomez

FLIRTY!

Lingerie-inspired lace makes this suit the perfect combo of sweet and sultry.

Ashley Tisdale

bikini
Sizes S–L, Voda Swim, $117, vodaswim.com

STILL LIFES: JESUS AYALA/STUDIO D AND DON PENNEY/STUDIO D. STILL LIFES STYLISTS: CLAIRE TEDALDI FOR HALLEY RESOURCES AND MIA KATOH. MCCORD: VT/SPLASH NEWS. CYRUS: CLASOS.COM/SPLASH NEWS. USHKOWITZ: SPREAD PICTURES/FAME PICTURES. TISDALE: MR O/SPLASH NEWS. GOMEZ: SPLASH NEWS. FOX: DW/BAUERGRIFFINONLINE.COM.

SEVENTEEN.COM The stars always pick the best swimsuits for their bodies! Check it out at seventeen.com/celebswimsuits

More at magazinesdownload.com or ebook-free-download.net

© 2011 Kao Brands Company

WHEN YOU CLEAN YOUR FACE,

BE SURE TO GET IT REALLY CLEAN.

Bioré® Blemish Fighting Ice Cleanser **removes over 99% of dirt that can cause blemishes.** So get the dirt off, and get clear skin.

Bioré®

FIND US AT FACEBOOK.COM/BIORESKIN

the best new shorts!

Pair faded denim with eclectic layered tops and voilà—instant cool-girl style!

This retro shape gets even sweeter with a tucked-in vintage-y top.

For the freshest look, mix this print with another basic pattern—like a neutral stripe!

embroidered

shorts Sizes 0–13, Volcom, $50, volcom.com. **tank** Sizes XS–XL, DKNY Jeans, $49, 800-777-4524. **shirt** Sizes S–L, Ocean Drive, $44, shophavanavintage.com. **wedges** Sizes 6–10, Nine West, $89, ninewest.com.

high-waist

shorts Sizes XS–L, Necessary Objects by Ady Gluck, $54, Macy's. **shirt** Sizes XS–XL, I Heart Ronson for jcpenney, $44, jcpenney and jcp.com. **ring** Lulu's, $14, lulus.com. **heels** Sizes 6–10, Guess by Marciano, $198, amazon.com.

floral

shorts Sizes S–L, Lulu's, $30, lulus.com. **top** One size, Michael Stars, $48, michaelstars.com. **sandals** Sizes 5–11, American Eagle Outfitters, $30, ae.com.

MAIN PHOTOS: ANDREW McLEOD. FASHION STYLIST: BEAU QUILLIAN FOR CELESTINE AGENCY. HAIR: JENNY CHO FOR SUAVE HAIR CARE. MAKEUP: SONIA LEE FOR EXCLUSIVE ARTISTS/VOTRE VU. MANICURE: LISA POSTMA FOR CELESTINEAGENCY.COM. PHOTOGRAPHED AT SMUDGEPHOTOSTUDIO.COM. ON ANNASOPHIA: (EMBROIDERED) HAT, THE HATTER COMPANY; BEAD NECKLACE, LULU'S; FISH NECKLACE, M. HASKELL; (HIGH-WAIST) BOW, TEENY HOUSE BUNNY; (FLORAL) NECKLACE, H&M; BANGLE, LULU'S; (CAMO) HAIRBAND, OLD NAVY; NECKLACES AND BRACELET, AMI CLUBWEAR; (OVERDYED) EARRINGS, FRANCO SARTO; BRACELETS, H&M; WATCH, URBANOG; BELT, AMERICAN EAGLE OUTFITTERS.

More at magazinesdownload.com or ebook-free-download.net

Ride the latest fashion wave: short shorts! **AnnaSophia Robb,** star of the movie *Soul Surfer,* shows off the cutest pairs—*and* her killer legs.

camo

shorts Sizes XS–XL, Vintage Havana, $52, shopvintagehavana.com. **vest** Sizes XS–XL, DKNY Jeans, $59, 800-777-4524. **t-shirt** Sizes XS–L, Archive 1887, $58, archive1887.com. **boots** Sizes 5–11, Dr. Martens, $120, drmartens.com.

tuxedo

shorts Sizes S–L, See Thru Soul, $70, seethrusoul.com. **top** Sizes XS–XL, Bar III, $48, Macy's and macys.com. **earrings** Lulu's, $11, lulus.com. **wedges** Sizes 6–10, Guess, $110, Guess stores and guess.com.

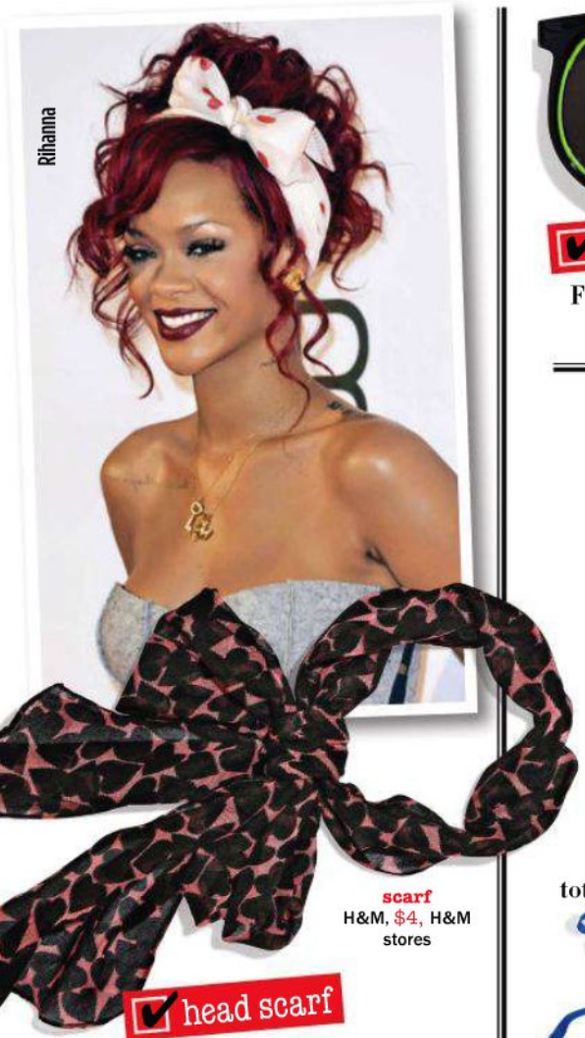
overdyed

shorts Sizes XS–XL, Body Glove, $42, bodyglove.com. **hoodie** Sizes XS–XL, Aéropostale, $70, Aéropostale stores and aeropostale.com. **espadrilles** Sizes 5–11, Franco Sarto, $49, nordstrom.com.

SEVENTEEN.COM AnnaSophia dishes on her style secrets in an exclusive interview at seventeen.com/annasophia.

your summer hot list!

Hey there, sunshine! Get your fashion fix with these warm-weather style essentials.



scarf
H&M, $4, H&M stores

✔ head scarf

Rihanna has the chic cure for those sticky, humid hair days: Tie it back with a killer patterned scarf!

sunglasses
Giant Vintage, $12, giantvintage.com

✔ '80s sunglasses

Funky neon trim gives these basic black specs a retro twist.

bikini
Sizes XS–XL, Juicy Couture, $89 each, zappos.com

✔ sailor bikini

Cool stripes make this nautical suit totally polished—and worth the splurge!

metal
Freedom at Topshop, $15, topshop.com

bananas
Girlprops.com, $9, girlprops.com

✔ statement earrings

This season it's all about bold shapes! These fun styles pair perfectly with a high pony and strappy tank.

suede
M Style Lab, $14, Macy's

gabriella, 19

✔ flirty romper

Swap your summer sundress for a short romper—it's a bit edgy but just as effortless.

romper
Sizes XS–XL, O'Neill, $36, oneill.com

REAL-GIRL PHOTOS: CHRIS ECKERT/STUDIO D. FASHION STYLIST: ANNEBET DUVALL. HAIR AND MAKEUP: ERICA WHELAN FOR DIOR BEAUTY. ON GABRIELLA: EARRINGS, M. HASKELL; NECKLACE AND BRACELETS, LULU'S; SHOES, CHRISTIAN SIRIANO FOR PAYLESS. STILL LIFES: JESUS AYALA/STUDIO D. STILL LIFES STYLIST: CLAIRE TEDALDI FOR HALLEY RESOURCES. RIHANNA: GF/BAUERGRIFFINONLINE.COM.

SEVENTEEN.COM Our Style Council takes you shopping for cute summer gear! See what they picked out at seventeen.com/stylecouncil.

More at magazinesdownload.com or ebook-free-download.net

RIMMEL LONDON

HOT LOOKS UK'S #1* COOL PRICES

CVS / pharmacy • RITE AID • WALGREENS • KMART • TARGET • WALMART • H-E-B • MEIJER • WEGMANS

✔ color-block bag

The patent quilting and chain detail are timelessly chic, but the primary colors add a playful punch.

bag
Mango, $70, mangoshop.com

✔ striped bracelets

These preppy canvas accents are just begging to be worn in multiples, so stock up and pile 'em on!

bands
American Eagle Outfitters, $7 each, ae.com

✔ boho boots

The slouchy, broken-in look of these booties gives short shorts instant street-style cred.

boots
Sizes 5–11, Report Footwear, $130, reportshoes.com

isabel marant

samantha, 17

✔ cropped pants

Crisp cropped pants with cool paper-bag pleats have an indie vibe!

pants
Sizes S–L, GoJane, $30, gojane.com

✔ denim mini

Rethink the plain jean skirt—a faded one with cute cargo pockets is more fashion-forward.

mini
Sizes XS–XL, Jessica Simpson Collection, $59, jessicasimpsoncollection.com

t-shirt
Sizes XS–L, Wildfox Couture, $77, wildfoxcouture.com

✔ graphic tee

Stay chill all summer with this bright beach cover-up (even if you're not visiting the East End!).

bikini
Sizes S–L, Billabong, $80, swell.com

✔ tribal bikini

Make some fashion noise with a wild, eye-catching print.

ON SAMANTHA: SHIRT, VANS; GOLD NECKLACE, NINE WEST; BALL NECKLACE, JONES NEW YORK; BLACK BANGLE, AMI CLUBWEAR; BROWN BRACELETS, JONES NEW YORK; SHOES, SAM EDELMAN. RUNWAY PHOTO: WIREIMAGE.

More at magazinesdownload.com or ebook-free-download.net

We asked *Seventeen*'s A-List panel, some of our most involved and influential readers, **how they take a stand against bland** to make their style one-of-a-kind. Find out where they get their inspiration...**and then it's your turn to tell!**

In high school, you can feel like you do the same exact thing every day. Whenever I'd start feeling this way, I'd go find something new to do during or after school, like clubs, a new hobby, or a new sports team. It helps you meet new people and break out of that rut.

Allasyn from FL

When I get bored with my look, I read through all my old *Seventeen* issues and write down all the different makeup tips or tools I want to try. Then I pick my favorite one and try it!

Jessica from CA

TAKE A STAND A

Little changes, like having something different for lunch, wearing heels to school, or bringing a camera everywhere, can really change the course of your day, and, more importantly, your attitude.

Ciara from RI

I love to experiment with fashions from different eras and different cultures. I annotate my favorite magazines, take screenshots of outfits, and plan out ensembles to keep track of all my ideas.

Jessica from NC

I express my creativity through what I wear, whether it's a funky shirt or a pair of purple tights. I show how I am feeling that day through my style. It makes me feel confident.

Mariah from NY

✔ color-block bag

The patent quilting and chain detail are timelessly chic, but the primary colors add a playful punch.

bag
Mango, $70, mangoshop.com

✔ striped bracelets

These preppy canvas accents are just begging to be worn in multiples, so stock up and pile 'em on!

bands
American Eagle Outfitters, $7 each, ae.com

✔ boho boots

The slouchy, broken-in look of these booties gives short shorts instant street-style cred.

boots
Sizes 5–11, Report Footwear, $130, reportshoes.com

isabel marant

samantha, 17

✔ cropped pants

Crisp cropped pants with cool paper-bag pleats have an indie vibe!

pants
Sizes S–L, GoJane, $30, gojane.com

✔ graphic tee

t-shirt
Sizes XS–L, Wildfox Couture, $77, wildfoxcouture.com

Stay chill all summer with this bright beach cover-up (even if you're not visiting the East End!).

✔ tribal bikini

bikini
Sizes S–L, Billabong, $80, swell.com

Make some fashion noise with a wild, eye-catching print.

✔ denim mini

Rethink the plain jean skirt—a faded one with cute cargo pockets is more fashion-forward.

mini
Sizes XS–XL, Jessica Simpson Collection, $59, jessicasimpsoncollection.com

ON SAMANTHA: SHIRT, VANS; GOLD NECKLACE, NINE WEST; BALL NECKLACE, JONES NEW YORK; BLACK BANGLE, AMI CLUBWEAR; BROWN BRACELETS, JONES NEW YORK; SHOES, SAM EDELMAN. RUNWAY PHOTO: WIREIMAGE.

More at magazinesdownload.com or ebook-free-download.net

We asked *Seventeen*'s A-List panel, some of our most involved and influential readers, **how they take a stand against bland** to make their style one-of-a-kind. Find out where they get their inspiration...**and then it's your turn to tell!**

In high school, you can feel like you do the same exact thing every day. Whenever I'd start feeling this way, I'd go find something new to do during or after school, like clubs, a new hobby, or a new sports team. It helps you meet new people and break out of that rut.

Allasyn from FL

When I get bored with my look, I read through all my old *Seventeen* issues and write down all the different makeup tips or tools I want to try. Then I pick my favorite one and try it!

Jessica from CA

TAKE A STAND A

Little changes, like having something different for lunch, wearing heels to school, or bringing a camera everywhere, can really change the course of your day, and, more importantly, your attitude.

Ciara from RI

I love to experiment with fashions from different eras and different cultures. I annotate my favorite magazines, take screenshots of outfits, and plan out ensembles to keep track of all my ideas.

Jessica from NC

I express my creativity through what I wear, whether it's a funky shirt or a pair of purple tights. I show how I am feeling that day through my style. It makes me feel confident.

Mariah from NY

Introducing

the new look of U by Kotex*. The newest, most stylish and innovative line of products that is taking a stand against the bland world of fem care.

U by Kotex* Pads

So over bunching and scrunching? Whether you go with Regular, Heavy Flow, or Overnight, find soft protection that stays put and helps keep you clean and fresh.

U by Kotex* Liners

Feel fresh with two great liner options. Thin and flexible, U by Kotex Barely There* Thin Liners are great for everyday to help you feel clean and dry, while U by Kotex Curves* Regular Liners are great for period backup or lighter flow.

U by Kotex* Tampons

Small size. Big protection. Pull until you hear the click and it's ready to insert. And you'll get great all-around protection from all three absorbencies: Regular, Super, or Super Plus.

GAINST BLAND*.

What Inspires You?

We're inviting you to take a stand against bland, like our A-Listers, by entering the **Ban the Bland Design Challenge** at **banthebland.com**. Use the design tool to create and submit a design in one of three categories: U by Kotex* Pad, Inspiration Board, or Tampon Accessory (e.g., carrying case). Then tell us about the inspiration behind your design in a brief statement of 500 characters or less.

Three grand prize winners will receive the ultimate inspiration-filled prize package including:

- The chance to work with U by Kotex* celebrity fashion designer, Patricia Field
- Trip for 2 to Fashion Week in New York City including roundtrip airfare and 3-day/2-night stay at a stylish hotel
- 2 tickets to a Fashion Week event
- $500 shopping spree
- Hair and makeup makeovers for two
- Feature within an advertorial in a future issue of *Seventeen*

U by Kotex®

No purchase necessary. Contest open only to legal residents of the 50 US/DC & Canada, 14 or older. Parental consent req'd if entrant is a minor. Entries must be rec'd by 11:59:59 PM ET 6/29/11. Total approx. retail value of each Grand Prize: $3,565 (U.S. Dollars). One Grand Prize winner per design category. Judging will be based on Creativity of design – 40%, The extent to which the design embodies the U by Kotex® brand characteristics of "Bold" and "Expressive" – 40% and Appropriateness of statement to design – 20%. Void where prohibited. For Rules/to enter, visit www.BanTheBland.com (English) or www.abasledrabe.com (French). In the US, Kimberly-Clark Global Sales, LLC, 2100 Winchester Road, Neenah, WI 54956 USA. In Canada: Kimberly-Clark Inc., Mississauga, ON L5B 3Y5. ®Trademark of Kimberly-Clark Worldwide, Inc. ©2011 KCWW

More at magazinesdownload.com or ebook-free-download.net

✔ color-block bag

The patent quilting and chain detail are timelessly chic, but the primary colors add a playful punch.

bag
Mango, $70, mangoshop.com

✔ striped bracelets

These preppy canvas accents are just begging to be worn in multiples, so stock up and pile 'em on!

bands
American Eagle Outfitters, $7 each, ae.com

✔ boho boots

The slouchy, broken-in look of these booties gives short shorts instant street-style cred.

boots
Sizes 5–11, Report Footwear, $130, reportshoes.com

isabel marant

samantha, 17

✔ cropped pants

Crisp cropped pants with cool paper-bag pleats have an indie vibe!

pants
Sizes S–L, GoJane, $30, gojane.com

✔ denim mini

Rethink the plain jean skirt—a faded one with cute cargo pockets is more fashion-forward.

mini
Sizes XS–XL, Jessica Simpson Collection, $59, jessicasimpsoncollection.com

t-shirt
Sizes XS–L, Wildfox Couture, $77, wildfoxcouture.com

✔ graphic tee

Stay chill all summer with this bright beach cover-up (even if you're not visiting the East End!).

bikini
Sizes S–L, Billabong, $80, swell.com

✔ tribal bikini

Make some fashion noise with a wild, eye-catching print.

ON SAMANTHA: SHIRT, VANS; GOLD NECKLACE, NINE WEST; BALL NECKLACE, JONES NEW YORK; BLACK BANGLE, AMI CLUBWEAR; BROWN BRACELETS, JONES NEW YORK; SHOES, SAM EDELMAN. RUNWAY PHOTO: WIREIMAGE.

We asked *Seventeen*'s A-List panel, some of our most involved and influential readers, **how they take a stand against bland** to make their style one-of-a-kind. Find out where they get their inspiration...**and then it's your turn to tell!**

In high school, you can feel like you do the same exact thing every day. Whenever I'd start feeling this way, I'd go find something new to do during or after school, like clubs, a new hobby, or a new sports team. It helps you meet new people and break out of that rut.

Allasyn from FL

When I get bored with my look, I read through all my old *Seventeen* issues and write down all the different makeup tips or tools I want to try. Then I pick my favorite one and try it!

Jessica from CA

TAKE A STAND A

Little changes, like having something different for lunch, wearing heels to school, or bringing a camera everywhere, can really change the course of your day, and, more importantly, your attitude.

Ciara from RI

I love to experiment with fashions from different eras and different cultures. I annotate my favorite magazines, take screenshots of outfits, and plan out ensembles to keep track of all my ideas.

Jessica from NC

I express my creativity through what I wear, whether it's a funky shirt or a pair of purple tights. I show how I am feeling that day through my style. It makes me feel confident.

Mariah from NY

More at magazinesdownload.com or ebook-free-download.net

FASHION HAUL!

Get the greatest stuff in stores right now—before it's all gone.

1 ROBOT NECKLACE

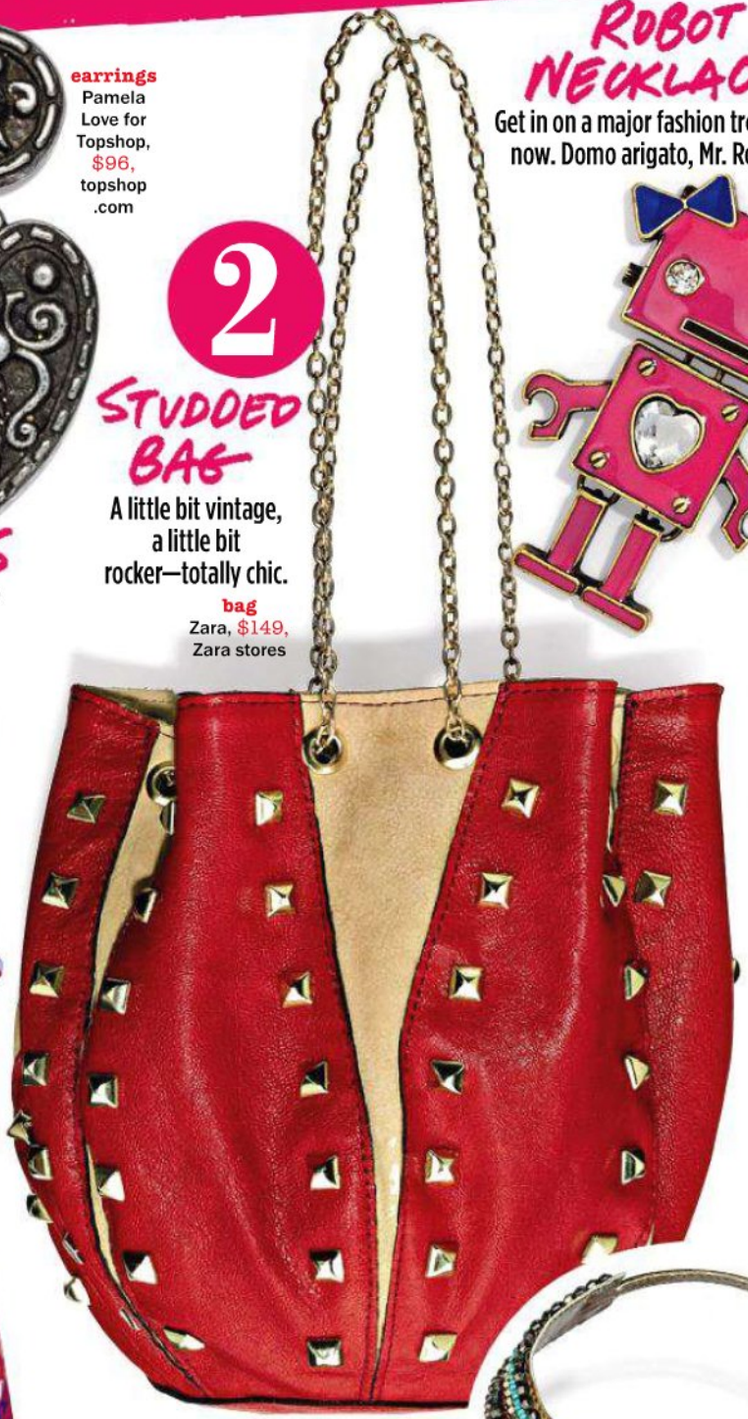
Get in on a major fashion trend right now. Domo arigato, Mr. Roboto!

necklace
Forever 21, $6, Forever 21 stores and forever21.com

2 STUDDED BAG

A little bit vintage, a little bit rocker—totally chic.

bag
Zara, $149, Zara stores



3 HEART EARRINGS

Jewelry designer Pamela Love's pieces are now more affordable at Topshop!

earrings
Pamela Love for Topshop, $96, topshop.com

4 TANK DRESS

Big florals and an ultra-fitted shape: It's two hot trends in one!

dress
Sizes XS–XL, Material Girl, $28, Macy's and macys.com

5 LACE PANTS

Indulge your girly side with classic capri trousers in a mega-feminine fabric.

pants
Sizes 2–10, H&M, $35, H&M stores

6 BOHO THONGS

Colorful beads give these super-wearable sandals some wow!

sandals
Sizes 6–10, Charlotte Russe, $30, Charlotte Russe stores and charlotterusse.com

SEVENTEEN.COM See the coolest new summer stuff before everyone else! Watch our haul video at seventeen.com/fashionhaul

STILL LIFES: JESUS AYALA/STUDIO D. STILL LIFES STYLIST: CLAIRE TEDALDI FOR HALLEY RESOURCES.

Dimensional color. Refined luminosity.

Now, a swirl of pearls makes shadow new again.

EYESTUDIO® COLOR PEARLS™

MARBLEIZED EYESHADOW COLLECTION

7 different uncrushed pearls with pure color pigments for an ultra-reflective finish. Welcome to the new look and feel of shadow.

10 artistic shade combinations.

MAYBELLINE®
NEW YORK

Explore. Create. **Go to Maybelline.com/EyeStudio**

Kemp is wearing Eye Studio® Color Pearls™ Eyeshadow in Carbon Frost. ©2011 Maybelline LLC.

More at magazinesdownload.com

seventeen STYLE COUNCIL

my fave summer piece!

When it's warm outside, the Style Council knows the perfect must-haves to make you feel cool.

a-line mini

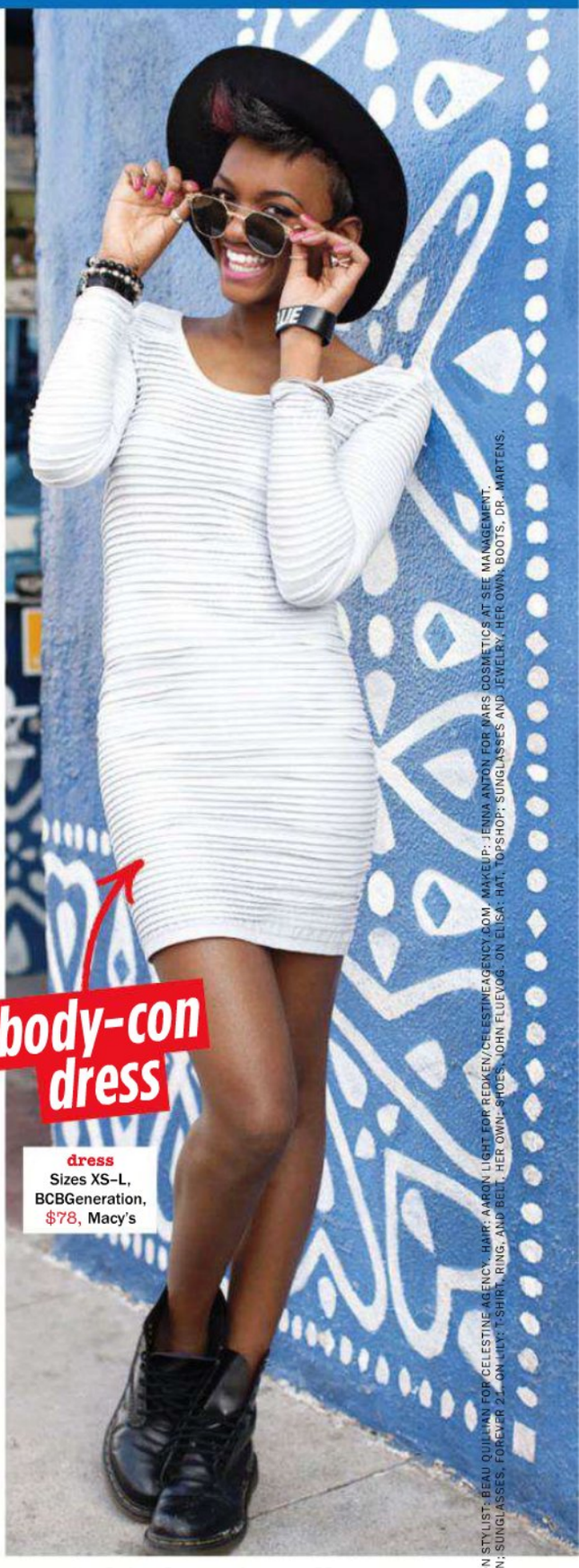
skirt
Sizes S–L, Necessary Objects by Ady Gluck, $78, necessaryobjects.com

"This skirt gives shape to my waist—which is much appreciated! And it goes perfectly with my obnoxiously bright shirt!"
–melanie, 19

"I love extreme bell-bottoms, but I can never find them. I just opened the side seams on these and sewed in some lace."
–lily, 21

super-flared jeans

jeans
Sizes 24–32, Mavi, $98, mavi.com (DIY'd with lace)



body-con dress

dress
Sizes XS–L, BCBGeneration, $78, Macy's

"This dress is really so versatile—I gave it a little spunk by adding Docs, but you can switch out the boots for heels and have a chic new look!"
–elisa, 16

REAL-GIRL PHOTOS: COLETTE DE BARROS. FASHION STYLIST: BEAU QUILLIAN FOR CELESTINE AGENCY. HAIR: AARON LIGHT FOR REDKEN/CELESTINEAGENCY.COM. MAKEUP: JENNA ANTON FOR MARS COSMETICS AT SEE MANAGEMENT. ON MELANIE: TOP, BROOCH, AND SHOES, HER OWN; SUNGLASSES, FOREVER 21. ON LILY: T-SHIRT, RING, AND BELT, HER OWN; SHOES, JOHN FLUEVOG. ON ELISA: HAT, TOPSHOP; SUNGLASSES AND JEWELRY, HER OWN; BOOTS, DR. MARTENS.

SEVENTEEN.COM Want more Style Council?!? Get outfit ideas every day at seventeen.com/stylecouncil

PROMOTION

Get Skintastic for Prom!

When it comes to prom, clear skin is in!

The first step to feeling fabulous on prom night is getting your acne under control. Epiduo® (adapalene and benzoyl peroxide) Gel, 0.1%/2.5% is a prescription acne treatment that can help reduce breakouts, so ask your doctor if Epiduo® Gel could be right for you.

Check out some prom-perfect skin care tips...

1. **Remember, acne treatments take time to work**, so try starting your skin regimen as soon as possible before prom
2. **Since acne is a medical condition**, it's best to have a healthcare provider determine your personal prom-perfect skin care regimen
3. **When picking out your prom makeup**, look for products labeled "non-comedogenic," which means they won't block your pores
4. **Go easy with the makeup!** Apply just a bit more than you'd normally wear, rather than piling it on

Text to enter the Skintastic Sweepstakes!

Text **EPIDUO** to **467467** through May 15 for the chance to **win the ultimate prom prize package**. One lucky **grand prize** winner will receive:

- Stylish accessories to perfect your prom look
- Prom consultation with a *Seventeen* Style Pro via phone or webcam
- Professional hair, makeup, and nail session
- Pre-prom party for 10 friends including mocktails and snacks plus a photographer
- Limo for the big night

10 runners-up will receive a chic clutch to hold all your prom essentials!

Important Safety Information

Epiduo® Gel is indicated for the topical treatment of acne vulgaris in patients 12 years and older. Apply to affected skin once daily, avoiding the eyes, lips and mucous membranes. The most common adverse events associated with use of Epiduo® Gel are redness, scaling, dryness, stinging and burning. In addition, you may also experience contact dermatitis and/or skin irritation. These side effects typically resolve during the first four weeks of treatment, but speak to your doctor if they persist. You should avoid excessive exposure to sunlight and sunlamps while using Epiduo® Gel, and using sunscreen products and protective clothing is recommended. Do not use irritating topical products that contain resorcinol, salicylic acid or sulfur when using Epiduo® Gel. Epiduo® Gel has not been tested in pregnant or nursing women, or with the elderly. Pregnancy Category C. Please see full Prescribing Information.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

JUNE National Acne Awareness Month

Proudly Supported by GALDERMA

Epiduo® (adapalene and benzoyl peroxide) Gel 0.1%/2.5%

NO PURCHASE NECESSARY TO ENTER. Purchase or usage of Epiduo will not increase chances of winning. SKINTASTIC SWEEPSTAKES. Sponsored by Hearst Communications, Inc. Beginning 4/1/11 at 12:00:01 AM (ET) through 5/15/11 at 11:59:59 PM (ET), enter the sweepstakes by texting the keyword "EPIDUO" to 467467 into your mobile phone or going online to seventeen.com/epiduo, and completing and submitting the entry form pursuant to the on-screen instructions. Mobile phone entrants will be charged for standard text messaging rates for text messages sent and received. You will receive one text message confirming your entry and one text message if you win. ShopText has a no-spam guarantee. Contact your carrier for pricing plans and details. Text entry available with all major carriers. Open to girls between the ages of 14 and 20 years old, who are legal residents of the 50 United States, Puerto Rico, and the District of Columbia at the time of entry. Void where prohibited by law. Odds of winning will depend on the number of eligible entries received. See official rules at seventeen.com/checkitout.

More at magazinesdownload.com or ebook-free-download.net

EPIDUO™

Rx only

(adapalene and benzoyl peroxide) Gel 0.1% / 2.5%

For Topical Use Only
Not For Ophthalmic, Oral, or Intravaginal Use.

BRIEF SUMMARY

INDICATIONS AND USAGE

EPIDUO Gel is a combination of adapalene, a retinoid, and benzoyl peroxide, and is indicated for the topical treatment of acne vulgaris in patients 12 years of age and older.

CONTRAINDICATIONS

None.

WARNINGS AND PRECAUTIONS

Ultraviolet Light and Environmental Exposure: Avoid exposure to sunlight and sunlamps. Wear sunscreen when sun exposure cannot be avoided.
Erythema, scaling, dryness, and stinging/burning may occur with use of EPIDUO Gel.

ADVERSE REACTIONS

Observed local adverse reactions in patients treated with EPIDUO Gel were erythema, scaling, dryness, stinging, and burning. Other most commonly reported adverse events (≥1%) in patients treated with EPIDUO Gel were dry skin, contact dermatitis, application site burning, application site irritation, skin irritation.

DRUG INTERACTIONS

Exercise caution in using preparations containing sulfur, resorcinol, or salicylic acid, medicated or abrasive soaps and cleansers and products with high concentrations of alcohol or astringents in combination with EPIDUO Gel.
Concomitant use of topical products with a strong drying effect can increase irritation. Use with caution.

Pregnancy

Pregnancy Category C. There are no well-controlled trials in pregnant women treated with EPIDUO Gel. Animal reproduction studies have not been conducted with the combination gel or benzoyl peroxide. Furthermore, such studies are not always predictive of human response; therefore, EPIDUO Gel should be used during pregnancy only if the potential benefit justifies the risk to the fetus.
No teratogenic effects were observed in rats treated with oral doses of 0.15 to 5.0 mg adapalene/kg/day, up to 25 times (mg/m²/day) the maximum recommended human dose (MRHD) of 2 grams of EPIDUO Gel. However, teratogenic changes were observed in rats and rabbits when treated with oral doses of ≥ 25 mg adapalene/kg/day representing 123 and 246 times MRHD, respectively. Findings included cleft palate, microphthalmia, encephalocele and skeletal abnormalities in rats; and umbilical hernia, exophthalmos and kidney and skeletal abnormalities in rabbits. Dermal teratology studies conducted in rats and rabbits at doses of 0.6-6.0 mg adapalene/kg/day [25-59 times (mg/m²) the MRHD] exhibited no fetotoxicity and only minimal increases in supernumerary ribs in both species and delayed ossification in rabbits.

Nursing Mothers

It is not known whether adapalene or benzoyl peroxide is excreted in human milk following use of EPIDUO Gel. Because many drugs are excreted in human milk, caution should be exercised when EPIDUO Gel is administered to a nursing woman.

Pediatric Use

Safety and effectiveness of EPIDUO Gel in pediatric patients under the age of 12 have not been established.

Geriatric Use

Clinical studies of EPIDUO Gel did not include sufficient numbers of subjects aged 65 and over to determine whether they respond differently from younger subjects.

Carcinogenesis, Mutagenesis, Impairment of Fertility

No carcinogenicity, photocarcinogenicity, genotoxicity, or fertility studies were conducted with EPIDUO Gel.
Carcinogenicity studies with adapalene have been conducted in mice at topical doses of 0.4, 1.3, and 4.0 mg/kg/day (1.2, 3.9, and 12 mg/m²/day), and in rats at oral doses of 0.15, 0.5, and 1.5 mg/kg/day (0.9, 3.0, and 9.0 mg/m²/day). In terms of body surface area, the highest dose levels are 9.8 (mice) and 7.4 times (rats) the MRHD of 2 grams of EPIDUO Gel. In the rat study, an increased incidence of benign and malignant pheochromcytomas in the adrenal medulla of male rats was observed.
No significant increase in tumor formation was observed in rodents topically treated with 15-25% benzoyl peroxide carbopol gel (6-10 times the concentration of benzoyl peroxide in EPIDUO Gel) for two years. Rats received maximum daily applications of 138 (males) and 205 (females) mg benzoyl peroxide/kg. In terms of body surface area, these levels are 27-40 times the MRHD. Similar results were obtained in mice topically treated with 25% benzoyl peroxide carbopol gel for 56 weeks followed by intermittent treatment with 15% benzoyl peroxide carbopol gel for rest of the 2 years study period, and in mice topically treated with 5% benzoyl peroxide carbopol gel for two years.
The role of benzoyl peroxide as a tumor promoter has been well established in several animal species. However, the significance of this finding in humans is unknown.
In a photocarcinogenicity study conducted with 5% benzoyl peroxide carbopol gel, no increase in UV-induced tumor formation was observed in hairless mice topically treated for 40 weeks.
No photocarcinogenicity studies were conducted with adapalene. However, animal studies have shown an increased tumorigenic risk with the use of pharmacologically similar drugs (e.g., retinoids) when exposed to UV irradiation in the laboratory or sunlight. Although the significance of these findings to humans is not clear, patients should be advised to avoid or minimize exposure to either sunlight or artificial irradiation sources.
Adapalene did not exhibit mutagenic or genotoxic effects *in vitro* (Ames test, Chinese hamster ovary cell assay, mouse lymphoma TK assay) or *in vivo* (mouse micronucleus test).
Bacterial mutagenicity assays (Ames test) with benzoyl peroxide has provided mixed results, mutagenic potential was observed in a few but not in a majority of investigations. Benzoyl peroxide has been shown to produce single-strand DNA breaks in human bronchial epithelial and mouse epidermal cells, it has caused DNA-protein cross-links in the human cells, and has also induced a dose-dependent increase in sister chromatid exchanges in Chinese hamster ovary cells.
In rat oral studies, 20 mg adapalene/kg/day (120 mg/m²/day; 98 times the MRHD based on mg/m²/day comparison) did not affect the reproductive performance and fertility of F_0 males and females, or growth, development and reproductive function of F_1 offspring.
No fertility studies were conducted with benzoyl peroxide.

PATIENT COUNSELING INFORMATION

- Advise patients to cleanse the area to be treated with a mild or soapless cleanser; pat dry. Apply EPIDUO Gel as a thin layer, avoiding the eyes, lips and mucous membranes.
- Advise patients not to use more than the recommended amount and not to apply more than once daily as this will not produce faster results, but may increase irritation.
- EPIDUO Gel may cause irritation such as erythema, scaling, dryness, stinging or burning.
- Advise patients to minimize exposure to sunlight, including sunlamps. Recommend the use of sunscreen products and protective apparel, (e.g., hat) when exposure cannot be avoided.
- EPIDUO Gel may bleach hair and colored fabric.

Marketed by:
GALDERMA LABORATORIES, L.P.
Fort Worth, Texas 76177 USA
Manufactured by:
Galderma Production Canada Inc.
Baie d'Urfé, QC, H9X 3S4 Canada
Made in Canada.
GALDERMA is a registered trademark.
Revised: December 2008
P51356-0

checkitout!

sweeps • events • promotions

Visit seventeen.com/checkitout for more.

Neutrogena® Oil-Free Acne Wash Pink Grapefruit

#1 Awarded Acne Cleanser

Maximum-strength dermatologist recommended acne medicine powerfully treats breakouts, even blackheads, all with a blast of 100% naturally derived grapefruit. It's such a pick-me-up, you'll forget it's a powerful acne cleanser.

Visit neutrogena.com to learn more.

Neutrogena

Australian Gold®

Australian Gold® SPF 8 Spray Gel with Instant Bronzer lets you protect your skin while embracing sun-kissed color—immediately! Get the color you crave and the protection you need.

Find the right products for your skin at australiangold.com!

Australian Gold

On The Radar with mstylelab

Want an exclusive sneak peek of spring's newest fashion trends with looks hand-picked by *Seventeen* Style Pro Amy? Stay ahead of the curve by visiting mstylelab for all the latest updates on must-have pieces of the season including insider styling tips on how to wear them!

Check it out at macys.com/mstylelab.

seventeen STYLE PRO

XOXO, Amy

★mstylelab

Under Armour

In December, two *Seventeen* readers—Sarah and Jessica—won an incredible, all expenses paid trip to LA, courtesy of Under Armour. Sarah and Jessica got to work out with celebrity trainer Gunnar Peterson and went on a massive UA shopping spree at Dick's Sporting Goods. Congrats, girls!

Learn more at underarmour.com.

UNDER ARMOUR

Always® Infinity™

The amazing Always® Infinity™ is astonishingly flexible, unbelievably soft, and has an amazing material that's four times more absorbent than you may need*. It makes fluids seem to poof—disappear!

One lucky girl will score a $1,000 shopping spree for herself and her mom—just text WISDOM to 467467 for your chance to win!

Learn more about Always® Infinity™ at always.com.

*Based on average consumer usage

NO PURCHASE NECESSARY TO ENTER OR WIN ALWAYS® INFINITY™ "TIMELESS WISDOM" SWEEPSTAKES. Sponsored by Hearst Communications, Inc. Sweepstakes begins at 12:01 a.m. ET on April 12, 2011 and ends at 11:59 p.m. ET on May 23, 2011. Two ways to enter: (i) text WISDOM to 467467 or (ii) go to seventeen.com/Always and complete and submit the entry form. Standard text messaging and data rates may apply for mobile phone entrants. You will receive one text message to confirm your entry. ShopText has a NO-SPAM promise. Contact your carrier for pricing plans and details. One (1) winner will receive $1,000. Odds of winning will depend upon the total number of eligible entries received. Must be female, 13-24 years old, and a legal resident of the 50 United States, Puerto Rico, or District of Columbia. Void where prohibited by law. Sweepstakes subject to complete official rules available at seventeen.com/Always.

Enter the Ban the Bland Design Challenge!

Show us how you take a stand against bland* using the U by Kotex* online design tool. You could win a trip for 2 to NYC Fashion Week, a $500 shopping spree, and a chance to work with star stylist Patricia Field!

To learn more and to enter, visit banthebland.com.

U by Kotex

NO PURCHASE NECESSARY. Contest open only to legal residents of the 50 US/DC & Canada, 14 or older. Parental consent req'd if entrant is a minor. Entries must be rec'd by 11:59:59 PM ET 6/29/11. Total approx. retail value of each Grand Prize: $3,565 (U.S. Dollars). One Grand Prize winner per design category. Judging will be based on Creativity of design—40%, The extent to which the design embodies the U by Kotex® brand characteristics of "Bold" and "Expressive"—40% and Appropriateness of statement to design—20%. Void where prohibited. For Rules/to enter, visit BanTheBland.com (English) or abasledrabe.com (French). In the US, Kimberly-Clark Global Sales, LLC, 2100 Winchester Road, Neenah, WI 54956 USA. In Canada: Kimberly-Clark Inc., Mississauga, ON L5B 3Y5.*Trademark of Kimberly-Clark Worldwide, Inc. ©2011 KCWW

Something Beautiful is About to Blossom

Herbal Essences has teamed up with Portraits of Hope in a unique program that merges public art with creative art therapy. Check out how the ICE at Santa Monica was transformed into a paradise of beautiful flowers created by and for the community by clicking on the "Portraits of Hope" tab at facebook.com/herbalessences.

Herbal essences

Score a Free Colorful Hairband Ball

Pantene Pro-V Nature Fusion improves the strength of your hair to protect it during styling. Prep for your favorite hairstyle with Nature Fusion and score a free hairband ball! Text PANTENE to 467467 and be ready with your qualifying UPC code from your Nature Fusion product to receive your gift.

PANTENE PRO-V

FREE HAIRBAND BALL PROMOTION. Sponsored by Hearst Communications, Inc. To get your free gift from PANTENE and *Seventeen*, Text "PANTENE" to 467467 from your cell phone and be ready to provide your qualifying UPC code. Only the first 500 to respond will receive a gift since only 500 Hairband Balls are available. While supplies last. By entering you consent to receive a further text message to notify if you are a winner or to receive a response that the Sponsor has fulfilled all the prizes and there is no longer a chance to receive the prize. Sponsor's order of receipt of entries is final. Mobile phone entrants will be charged standard text messaging rates for text messages sent and received. ShopText has a NO-SPAM promise. Contact your carrier for pricing plans and details. As soon as Sponsor has received the last eligible entry, Sponsor will post a notice on seventeen.com/checkitout so that all consumers are notified that there is no longer a chance to receive the prize. Must be a resident of the 50 United States, Puerto Rico, or District of Columbia between the ages of 13 and 24. Void where prohibited by law. Limit one gift per person.

More at magazinesdownload.com or ebook-free-download.net

boho bargains!

$20 & under

Sail into this breezy runway trend—at a price that won't break the bank.

$15
top
Sizes 2–8, H&M, $15, H&M stores

$19
bottoms
Sizes S–L, Urbanog, $19, urbanog.com

$19
multicolor ring
Make Me Chic, $19, makemechic.com

$13
stone ring
Lulu's, $13, lulus.com

$10
scarf
Old Navy, $10, oldnavy.com

$20
dress
Sizes S–L, Oxford Circus, $20, urbanog.com

$19
top
Sizes S–L, Calypso St. Barth for Target, $19, select Target stores

beach hippie @PUCCI

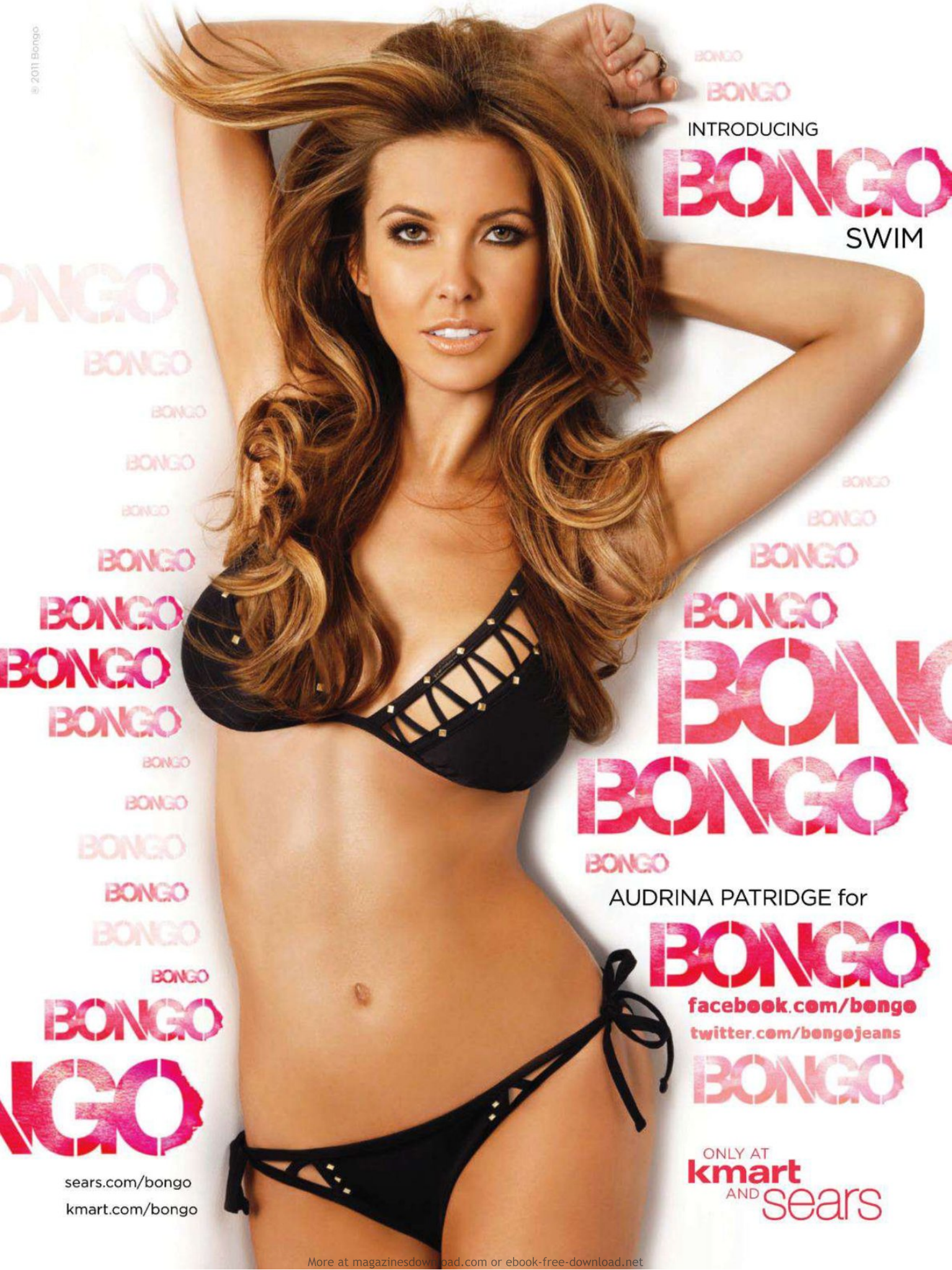
$14
earrings
Freedom at Topshop, $14, topshop.com

$20
sandals
Sizes 5½–10, Bamboo, $20, urbanog.com

STILL LIFES: JESUS AYALA/STUDIO D. STILL LIFES STYLIST: CLAIRE TEDALDI FOR HALLEY RESOURCES. ALL RUNWAY PHOTOS: KARL PROUSE/GETTY IMAGES.

SEVENTEEN.COM Dress up your fave celebs in this season's hottest trends at seventeen.com/dressupgames

© 2011 Bongo



More at magazinesdownload.com or ebook-free-download.net

ADVERTISEMENT

show-stopping PROM

Turn up the heat on your Prom look! COVERGIRL gives you the tools you need to get movie star glamorous. Get inspired by *Talent* star Logen's hot look.

COVERGIRL

Secret Venus

tune in to talent

Check out Logen in the new series *Talent* on **thetalentshow.com**.

Take 5 for a picture perfect Prom:

Lights... Get luscious 3-D lips with two of COVERGIRL's most precise applicators. Start with a flush of lasting color from **Outlast Lipstain**. Add depth with **Shineblast**. And...scene!

Camera... Make your eyes pop in Prom photos with new waterproof **Liquiline Blast**, combining the staying power of liquid with the ease and blendability of a pencil.

Action! Create a colorful smoky eye in two easy steps—no makeup artist necessary! **Smoky ShadowBlast** is available in 6 expertly coordinated duos with specially shaped ends. Finish with **LashBlast Volume** for bold, volumized lashes.

Check out behind-the-scenes footage of Logen and *enter for a chance to win*

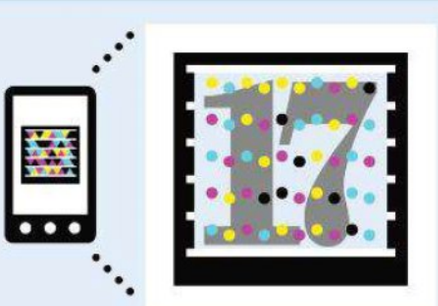
a SHOW-STOPPING PROM prize package!

One lucky winner will get ready to be the star of her Prom with:

- A complete **beauty makeover** at a salon in her hometown, including hairstyling and makeup
- A gift certificate for a **trip to a spa** in her hometown
- A **$1,000 shopping spree** to get the styles featured in *Talent*
- A pre-shopping spree **style consultation** via phone or webcam with a *Seventeen* Style Pro
- **COVERGIRL**, **Secret®**, and **Venus® products** to help prep for Prom

More chances to win!

Watch the **Venus®** and **Secret®** SHOW-STOPPING PROM videos featured in this issue, and enter for a chance to win again each time you view!* Don't have a smartphone? View *Talent* videos, enter for a chance to win the SHOW-STOPPING PROM sweepstakes, and more at **seventeen.com/showstoppingprom**.



Step 1: Just download the free app at http://gettag.mobi
Step 2: Scan this code
Step 3: Watch!
Step 4: Follow the directions to **enter for a chance to win the SHOW-STOPPING PROM sweepstakes!****

*Maximum of 3 entries per person. **Your carrier's MMS/picture messaging and standard carrier rates may apply. You must have a camera-enabled phone capable of sending pictures. To view the video your phone must be video-enabled. Program available on most carrier networks and in the U.S. only. For complete mobile terms and conditions, please log on to Microsoft.com/tag.

NO PURCHASE NECESSARY TO ENTER OR WIN "SHOW-STOPPING PROM" SWEEPSTAKES. Sponsored by Hearst Communications, Inc. Two ways to enter: (i) scan your smartphone over the bar code and complete and submit the entry form pursuant to the on-screen instructions or (ii) go online to seventeen.com/showstoppingprom to enter. Limit three (3) entries per person when entering with your smartphone (one [1] entry per video view) or online. Your carrier's MMS/picture messaging and standard carrier rates may apply. You must have a camera-enabled phone capable of sending pictures. Program available on most carrier networks and in the U.S. only. For complete mobile terms and conditions, please log on to Microsoft.com/tag. Sweepstakes begins at 12:01 a.m. ET on April 12, 2011 and ends at 11:59 p.m. ET on May 23, 2011. One (1) winner will receive a beauty makeover at a local salon ($500), spa treatments at a local spa ($500), a shopping spree ($1,000), a style consultation via phone or webcam with a *Seventeen* Style Pro, and COVERGIRL, Secret®, and Venus® products ($50). Odds of winning will depend upon the total number of eligible entries received. Must be female, 13-24 years old and a legal resident of the 50 United States, Puerto Rico, or District of Columbia. Void where prohibited by law. Sweepstakes subject to complete official rules available at seventeen.com/showstoppingprom.

More at magazinesdownload.com or ebook-free-download.net

COVERGIRL®
TAYLOR SWIFT
feel the love!
new COVERGIRL lipperfection™ with silk therapy moisturizers
What a feeling! 44 sumptuous shades that love your lips to perfection. See the rich color instantly, feel the silk therapy moisturizers over 7 days, and say hello to smoother, more sumptuous lips.*
COVERGIRL Lip Perfection. Feel the Love. Tell us what makes you a COVERGIRL @ facebook.com/covergirl
Taylor is wearing COVERGIRL Lip Perfection Lipcolor in Burn and Lip Liner in Radiant.
*vs. bare lips
easy breezy beautiful COVERGIRL

beauty

look pretty all summer!

Here's everything you need to be the cutest girl on the beach. BY meredith gray

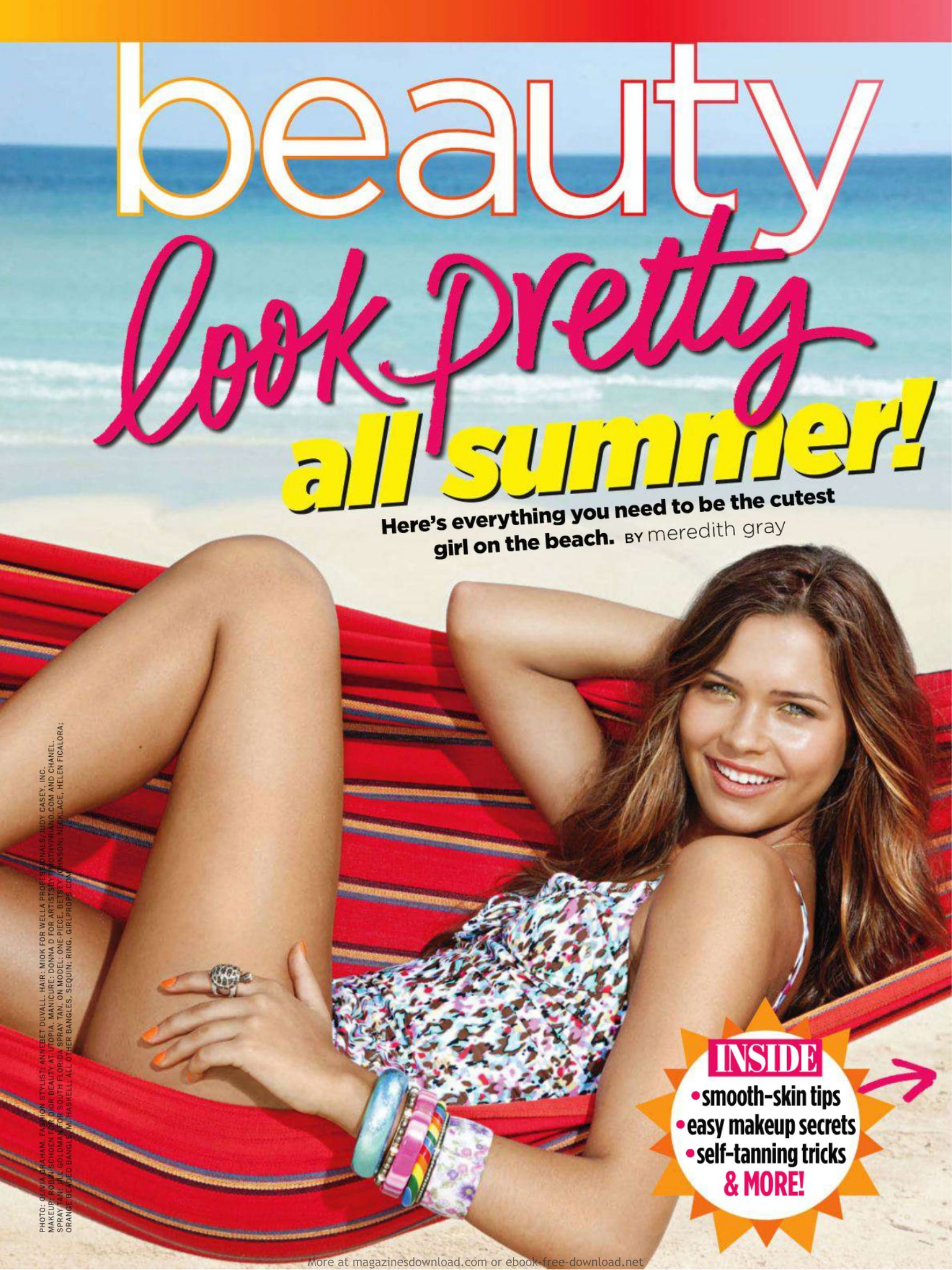


PHOTO: OLIVIA GRAHAM. FASHION STYLIST: ANNEBET DUVALL. HAIR: MIOK FOR WELLA PROFESSIONALS/JUDY CASEY, INC. MAKEUP: ROBIN SCHOEN FOR COVER BEAUTY AT UTOPIA. MANICURE: DONNA D FOR ARTISTS BY TIMOTHY PRIANO.COM AND CHANEL. SPRAY TAN: JILL GOLDMAN FOR SOUTH FLORIDA SPRAY TAN. ON MODEL: ONE-PIECE, BETSEY JOHNSON; NECKLACE, HELEN FICALORA; ORANGE BEADED BANGLES, SEQUIN; RING, GIRLPROPS.COM. ALL OTHER BANGLES, SEQUIN; RING, GIRLPROPS.COM; HASKELL

INSIDE

- smooth-skin tips
- easy makeup secrets
- self-tanning tricks

& MORE!

More at magazinesdownload.com or ebook-free-download.net

get Soft all over!

Add these to your warm-weather beauty routine and show off your prettiest skin.

Make the **sand** a beauty tool! Gently rub it on rough ankles and heels to **exfoliate.**

17 FYI

Even if you're sitting in the shade, sand and water can **reflect up to 85 percent** of sunlight. To make sure your skin isn't exposed to the glare, reapply sunscreen every two hours.

1. FEET

Rescue feet from flip-flop overload! Smooth rough, cracked soles with this nourishing **lavender-scented** cream.

try: Sally Hansen Moisturizing Foot Creme, $7, drugstores

2. LEGS

Soothe the skin on your legs every time you shave—this self-lathering razor has **vitamin E** and all-natural **aloe.**

try: Schick Intuition Naturals Sensitive Care Razor, $10, drugstores

3. BACK

Nix annoying fuzz on your tummy and back with this gentle depilatory. Bonus: It contains kiwi and vitamin C with **antioxidants,** which may help boost skin's resistance to harmful UV rays.

try: Nair Silky Sensations Sensitive Formula, $7, drugstores

MAIN PHOTO: OLIVIA GRAHAM. FASHION STYLIST: ANNEBET DUVALL. HAIR: MIOK FOR WELLA PROFESSIONALS/JUDY CASEY, INC. MAKEUP: ROBIN SCHOEN FOR DIOR BEAUTY AT UTOPIA. MANICURE: DONNA D AT ARTISTSBYTIMOTHYPRIANO.COM FOR CHANEL. SPRAY TAN: JILL GOLDMAN FOR SOUTH FLORIDA SPRAY TAN. ON MODEL: SUIT, KANDI SWIM BY DANI KATES; TAN ROPE BRACELET, FOREVER 21; BLUE BEADED BRACELET, LULU'S; WHITE SILVER BRACELET, H&M; GREEN BRACELETS, ETTIKA; RING, GIRLPROPS.COM. STILL LIFES: J MUCKLE/STUDIO D.

4. UNDERARMS

Razor burn really shows in the summer, so get your underarms in tip-top shape with a deodorant that **conditions** the sensitive skin there.

try: Dove Ultimate Go Sleeveless in Pearl Finish, $5, drugstores

5. LIPS

Your pout can be more susceptible to bad burns than other areas. So swipe on a hydrating balm that has a **high SPF** to keep it soft *and* safe.

try: Lavanila The Healthy Lip Screen SPF 30, $16, Sephora stores

6. HAIR

Nothing looks better than beachy waves, but the sand and surf can wipe out your hair! Fix brittle strands with a **deep conditioner**—this one deposits UV filters in your hair, so it's protected from the elements even after you rinse.

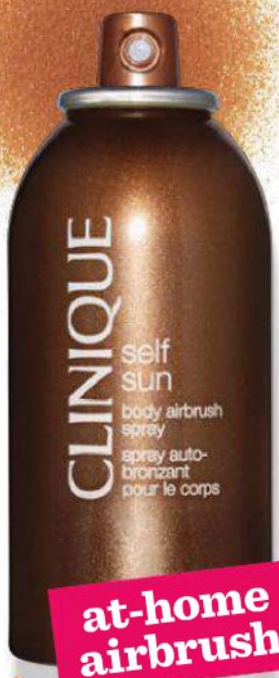
try: Philip Kingsley Swimcap, $35, philipkingsley.com

SEVENTEEN.COM Watch beauty haul videos from the Beauty Smarties and *Seventeen* editors at seventeen.com/safesun.

More at magazinesdownload.com or ebook-free-download.net

fake it!

When it comes to your tan, faux is the *only* way to go—so find the right self-tanner for you.



at-home airbrush

This spray-on formula helps you get to all those hard-to-reach spots—you can turn the can upside down to spray your back!

try: Clinique Self Sun Body Airbrush Spray, $21, clinique.com

17 FYI

A faux glow is not a free pass to bake in the sun. Many **self-tanners do not contain sunscreen,** so apply a product with at least SPF 30 when you're going outside.

swipe and go

Take these towelettes on the go—they're great for making touch-ups at the beach, or for packing on vacay (so you don't have to deal with messy bottles)!

try: Kate Somerville Somerville360° Tanning Towelettes, $48 for pack of eight, Sephora stores

quick-dry

An easy-to-blend spray gel means the application is a breeze, and it absorbs *fast,* so you don't have to stand around and wait for it to dry!

try: L'Oréal Paris Sublime Bronze Clear Self-Tanning Gel, $11, drugstores

super-moisturizing

Some tanners can be drying, but this one contains argan oil and caffeine to soften and firm skin as it tans.

try: Josie Maran Argan Self Tanning Cream for Face + Body, $32, Sephora stores

bronzing + protection

This gradual tanner is made for your face—it makes you look perfectly sun-kissed while protecting you with SPF 20.

try: Jergens Natural Glow Healthy Complexion Daily Facial Moisturizer, $9, drugstores

skin-clearing

These face wipes save you a step by exfoliating skin *while* building a believable bronze! Bonus: They also contain lactic acid and willow bark extract to clear out blocked pores.

try: Dr. Dennis Gross Skincare Alpha Beta Glow Pad, $32 for 20 towelettes, Sephora stores

SEVENTEEN.COM Learn how to self-tan like a pro with expert tips and tricks at seventeen.com/safesun.

MAIN PHOTO: OLIVIA GRAHAM. FASHION STYLIST: ANNEBET DUVALL. HAIR: MIOK FOR WELLA PROFESSIONALS/JUDY CASEY, INC. MAKEUP: ROBIN SCHOEN FOR DIOR BEAUTY AT UTOPIA. MANICURE: DONNA D AT ARTISTSBYTIMOTHYPRIANO.COM FOR CHANEL. SPRAY TAN: JILL GOLDMAN FOR SOUTH FLORIDA SPRAY TAN. ON MODELS: (LEFT) BIKINI TOP, OP; BOTTOMS, ROXY; SUNGLASSES, AMI CLUBWEAR; NECKLACE, LULU'S; (CENTER) BIKINI TOP, SMOOTHIES BY GOSSIP; BOTTOMS, MARINA WEST; NECKLACE, FANTASY JEWELRY BOX; BRACELETS, LULU'S; (RIGHT) BIKINI TOP, MARINA WEST; BOTTOMS, OP; SUNGLASSES, LULU'S; GOLD NECKLACE, HELEN FICALORA; RED NECKLACE, AMI CLUBWEAR; YELLOW BANGLES, FANTASY JEWELRY BOX; BLUE AND ORANGE BRACELETS, M. HASKELL. STILL LIFES: J MUCKLE/STUDIO D.

"See... I've got nothing to hide."
Freida Pinto

GO BEYOND CLEAN SKIN

Break free of breakouts pore by pore.

NEW go 360° Clean™
ANTI-BREAKOUT FACIAL CLEANSER
+ THE SCRUBLET™

CLEANER PORES TODAY = LESS BREAKOUTS TOMORROW

Now, clean even deeper with L'Oréal's most powerful acne-fighting formula + The Scrublet™

PROVEN TO REMOVE ACNE-CAUSING BACTERIA **IN JUST ONE WASH!**

Because you're worth it.™

L'ORÉAL® PARIS

www.lorealparis.com ©2011 L'Oréal USA, Inc.

More at magazinesdownload.com or ebook-free-download.net

17 FYI

Some foods can actually **improve** your body's defenses against sun damage! Apricots, tomatoes, and pomegranates are loaded with **antioxidants** that boost the effectiveness of your SPF, so your skin is even more protected.

tan today.

"I'll never tan again!"

"My friends used to tease me about being super-pale—some of them go to the tanning salon once a week! I started tanning when I was 14 and went about once a month for a couple of years. Right after I turned 17, my mom pointed out a ¼-inch mole on my leg that had turned almost black. My doctor did a biopsy right away, and ***it turned out to be melanoma—the most dangerous form of skin cancer!*** *I had surgery to remove the mole and all of the cancerous cells around it. But because the cut was so large, I had to have skin grafted from my upper thigh to help it heal. Now I have two huge scars—and every time I put on a pair of shorts, I'm reminded of the risks I took by tanning and not taking care of my skin in the sun."*

–alexis, 18, canal winchester, oh

"My doctors said it couldn't happen to me!"

"I was a senior in high school when I noticed a mole on my ankle that was growing. Two different doctors told me it was nothing to worry about, but it kept getting bigger, and it was starting to hurt. **I knew something wasn't right!** I had it removed anyway, and I'm glad I did—the results came back as melanoma. The cancer had spread to my lymph nodes, so I needed additional surgery to remove cancerous cells in my groin and behind my right knee. It's so rare for African-Americans to get skin cancer that my doctors couldn't believe it. **But no one is immune!** I have another test in a few months to see if there are any new cancer cells in my body—I pray every day that there aren't."

–lewahn, 19, washington, dc

what to look for

Knowing the facts is your first line of defense against skin cancer.

basal cell carcinoma: The most common form of skin cancer. It can look like a small, translucent growth and mostly appears on areas that get a lot of sun exposure.

squamous cell carcinoma: This type of cancer affects the surface layer of skin and may look like an open sore that won't heal. It can be easily removed, but if left untreated, it could spread cancer to other organs.

melanoma: This cancer affects the deepest layers of skin and can be deadly because of how quickly it spreads throughout the body. It can also be the hardest to detect, because it may look like a typical dark mole. Watch for changes in your moles and look for irregularities in size, shape, or color.

MAIN PHOTO, THIS PAGE: OLIVIA GRAHAM. FASHION STYLIST: ANNEBET DUVALL. HAIR: MIOK FOR WELLA PROFESSIONALS/JUDY CASEY, INC. MAKEUP: ROBIN SCHOEN FOR DIOR BEAUTY AT UTOPIA. MANICURE: DONNA D FOR ARTISTSBYTIMOTHYPRIANO.COM AND CHANEL. SPRAY TAN: JILL GOLDMAN FOR SOUTH FLORIDA SPRAY TAN. ON MODEL: BIKINI, BETSEY JOHNSON; HAT, TROPICAL TRENDS.; EARRINGS, STYLIST'S OWN. "SKIN CHECK" PHOTO, OPPOSITE PAGE: WENDY HOPE/STUDIO D. FASHION STYLIST: CHRISSY LLOYD FOR MARILYNBALLARD.COM. HAIR: DAMIAN MONZILLO FOR DAVINES HAIRCARE AT BEAUTYWINGNY .COM. MAKEUP: BRIAN DUPREY FOR NARS COSMETICS AT JUDY CASEY, INC. ON MODEL: BATHING SUIT, XHILARATION. PHOTO OF TWO GIRLS: SAYE. STILL LIFE: (MIRROR) JUDITH COLLINS/ALAMY.

SEVENTEEN.COM Hear stories from other girls who have survived skin cancer, and share your experiences at Seventeen.com/safesun.

pay tomorrow

Learn the sun facts that could help save *your* life.

DO A SKIN CHECK!

The best way to catch cancer early? Inspect every inch of your body once a month to make sure your moles aren't changing or growing. Here's how to do a thorough sweep.

Use the pointy end of a **rattail comb** to check your **scalp.** Part your hair from forehead to crown, going from one ear to the other.

Your shoulders, neck, and chest get a lot of **sun exposure,** so take an extra-good look at the moles there to keep an eye out for any changes.

Don't forget the **soles of your feet**! This is a sneaky spot where melanoma can show up.

Look at your **palms** and between your fingers, too. Also check your nail beds for any marks or discoloration.

christie, 20

The leg is the **number one site** where women get melanoma. Always apply sunscreen if you're wearing shorts or a skirt, even if you're not going to be outside long.

Use a **hand mirror** to help you see the spots on your back and scalp.

BOTTOM LINE...

If a mole **changes** or you discover a new spot that wasn't there before, have a doctor check it out **right away.**

TAKE THE HEALTHY SKIN PLEDGE!

Sometimes you need a reminder. Tape this to your mirror so you never forget to stay safe!

I PROMISE TO...

- ☑ ***Treat my skin with kindness*** *by keeping it protected with SPF when I'm in the sun.*
- ☑ ***Stop using tanning beds,*** *because they can cause sun spots, premature aging, and even skin cancer.*
- ☑ ***Appreciate*** *the natural color of my skin.*
- ☑ ***Guarantee myself a*** *lifetime of healthy skin by taking care of it now, and not putting off worrying about it until I'm older.*

X _____

SIGN YOUR NAME

The Alpha Xi Delta sorority at the University of Central Florida has already banded together to take the pledge. Get your team or group to sign it, and send it to us—you could be featured in the Style Blog on seventeen.com!

SPECIAL THANKS TO the Melanoma Research Foundation.
17 EXPERT: David E. Fisher, M.D., Ph.D., member of the Melanoma Research Foundation's Scientific Advisory Committee.

More at magazinesdownload.com or ebook-free-download.net

ADVERTISEMENT

ADVERTISEMENT

Express yourself and steal the scene at Prom:

For all-night protection on Prom night, try Scent Expressions Invisible Solids, now with 2X more odor fighting ingredients,* or Scent Expressions Clear Gel, which goes on clear and lasts 24 hours.

*vs. the leading antiperspirant/deodorant

Show off your star power:
With **Secret® Scent Expressions Invisible Solids** or **Clear Gel** paired with **Body Splashes**, you'll be fearless at Prom—thanks to the great Secret® protection you know and trust.

Cast your favorite scent:
Scent Expressions are available in 10 fabulous scents, so you can find the one that makes you feel like a star!

Double the drama:
Scent Expressions Body Splash scents will last your entire Prom, available in Truth or Pear, Coca Butter Kiss, So Very Summerberry, and Ooh-La-La Lavender.

Check out behind-the-scenes footage of Mishell and *enter for a chance to win*

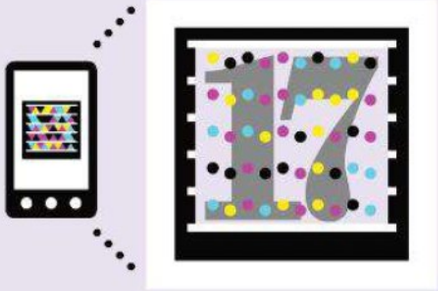
a SHOW-STOPPING PROM prize package!

One lucky winner will get ready to be the star of her Prom with:

- A complete **beauty makeover** at a salon in her hometown, including hairstyling and makeup
- A gift certificate for a **trip to a spa** in her hometown
- A **$1,000 shopping spree** to get the styles featured in *Talent*
- A pre-shopping spree **style consultation** via phone or webcam with a *Seventeen* Style Pro
- **Secret®**, **COVERGIRL**, and **Venus® products** to help prep for Prom

More chances to win!

Watch the **COVERGIRL** and **Venus®** SHOW-STOPPING PROM videos featured in this issue, and enter for a chance to win again each time you view!* Don't have a smartphone? View *Talent* videos, enter for a chance to win the SHOW-STOPPING PROM sweepstakes, and more at **seventeen.com/showstoppingprom**.



Step 1: Just download the free app at http://gettag.mobi
Step 2: Scan this code
Step 3: Watch!
Step 4: Follow the directions to **enter for a chance to win the SHOW-STOPPING PROM sweepstakes!****

*Maximum of 3 entries per person. **Your carrier's MMS/picture messaging and standard carrier rates may apply. You must have a camera-enabled phone capable of sending pictures. To view the video your phone must be video-enabled. Program available on most carrier networks and in the U.S. only. For complete mobile terms and conditions, please log on to Microsoft.com/tag.

NO PURCHASE NECESSARY TO ENTER OR WIN "SHOW-STOPPING PROM" SWEEPSTAKES. Sponsored by Hearst Communications, Inc. Two ways to enter: (i) scan your smartphone over the bar code and complete and submit the entry form pursuant to the on-screen instructions or (ii) go online to seventeen.com/showstoppingprom to enter. Limit three (3) entries per person when entering with your smartphone (one [1] entry per video view) or online. Your carrier's MMS/picture messaging and standard carrier rates may apply. You must have a camera-enabled phone capable of sending pictures. Program available on most carrier networks and in the U.S. only. For complete mobile terms and conditions, please log on to Microsoft.com/tag. Sweepstakes begins at 12:01 a.m. ET on April 12, 2011 and ends at 11:59 p.m. ET on May 23, 2011. One (1) winner will receive a beauty makeover at a local salon ($500), spa treatments at a local spa ($500), a shopping spree ($1,000), a style consultation via phone or webcam with a *Seventeen* Style Pro, and COVERGIRL, Secret®, and Venus® products ($50). Odds of winning will depend upon the total number of eligible entries received. Must be female, 13-24 years old and a legal resident of the 50 United States, Puerto Rico, or District of Columbia. Void where prohibited by law. Sweepstakes subject to complete official rules available at seventeen.com/showstoppingprom.

More at magazinesdownload.com or ebook-free-download.net

DISCOVER
Secret
BODY SPLASHES
When you're strong, you sparkle.
COCOA BUTTER KISS
OOH-LA-LA LAVENDER
SO VERY SUMMER BERRY
©2011 P&G

Protect your skin

Fight those harmful UV rays (and win!) with these amazing new sunscreens.

1

GREAT FOR SWIMMERS!

This spray has a special technology that bonds directly to wet skin, so you can reapply it fresh out of the water without even having to towel off first!

try: Neutrogena Wet Skin Sunblock Spray SPF 50, $10, neutrogena.com

LONG-WEARING!

This mineral formula not only blocks UVA and UVB rays, but it also defends against other sneaky rays that slip through when you're in the sun. (But always remember to reapply every two hours!)

try: La Roche-Posay Anthelios 50 Mineral Ultra Light Sunscreen Fluid, $32, laroche-posay.us

2

3

ULTRA-GENTLE!

If sunscreens tend to irritate your sensitive skin, this mineral formula contains natural ingredients that won't make you red or itchy!

try: Aveeno Natural Protection Sunblock Lotion SPF 30, $10, drugstores

4

EASY TO APPLY!

Most people don't apply enough sunscreen (you need at least two tablespoons for your entire bod!), but these onetime-use wipes come prepackaged with just the right amount.

try: Supergoop! SPF 30 Sunscreen Swipes, $34 for pack of 21, Nordstrom

5

WON'T CAUSE BREAKOUTS!

If you are acne-prone, go for this light, foaming lotion—it's oil-free, so it gives you broad-spectrum waterproof protection without the risk of clogged pores.

try: Coppertone Oil Free Foaming Sunscreen Lotion SPF 75+, $10, drugstores

WHAT'S YOUR SKIN DRAMA?

These UV protectors laugh in the face of complexion problems!

✓ zits

This smarty-pants sunscreen not only keeps you protected, but it also fights acne and helps fade dark spots and scars.

try: EltaMD UV Clear SPF 46, $27, lovelyskin.com

✓ redness

Slip this subtle green primer on under your makeup—the tint tones down redness, and it has SPF to keep a new flush from forming.

try: Physicians Formula Mineral Wear Talc-Free Mineral Correcting Primer SPF 15 in Green, $11, drugstores

✓ oil

When your skin feels slick, this light moisturizer actually soaks up grease while giving you bonus SPF protection.

try: Clean & Clear Finishes Mattifying Moisturizer, $7, drugstores

SEVENTEEN.COM See photos of celeb tanning mishaps (and learn from their mistakes!) at seventeen.com/safesun.

MAIN PHOTO: TERRY DOYLE. STILL LIFES: J MUCKLE/STUDIO D.

More at magazinesdownload.com or ebook-free-download.net

look hot, stay safe!

The only thing better than a flawless face? Makeup that makes your *skin* flawless, too!

17 FYI

If you're planning on a long beach day, don't rely on makeup as your only sun protection. **Apply sunscreen first** (at least SPF 30), and then add your makeup on top.

WIN! 15 readers will score a tube of Too Faced Primed & Poreless Bronze Tint! Go to seventeen.com/freebies or see page 160 for details.

1 GOLDEN SHIMMER

Mineral makeup blocks the sun's damaging rays, *and* it's good for your skin! Swirl your brush across these pebbles to add warmth all over, or use them individually as a shadow or blush.

try: Pür Minerals Exotic Rocks Trio, $28, ULTA stores

2 SUNSET GLOSS

Super-shiny glosses can attract more harmful UV rays, so always choose one with SPF. Go for a gold-flecked coral shade—it makes every skin tone look instantly bronzed!

try: Victoria's Secret Beauty Rush Lip Gloss SPF 15 in Mega Melon, $7, victoriassecret.com

3 AIRY FOUNDATION

This barely there formula gives you the bonus protection of SPF 15! It's the perfect option for sweltering sunny days: It absolutely won't clog pores.

try: Chanel Vitalumière Aqua Ultra-Light Skin Perfecting Makeup SPF 15 in Beige, $45, department stores

4 PUNCHY LIPSTICK

Trade in a blah balm for a juicy lip color! This nourishing lipstick contains SPF 12, plus softening vitamin E.

try: Lancôme L'Absolu Rouge in Voile de Rose, $29, department stores

5 GLOWY PRIMER

Save time (and your skin!) in one step: This bronzing primer protects with SPF 20, and a portion of the proceeds goes to the Melanoma Research Foundation.

try: Too Faced Primed & Poreless Bronze Tint, $30, Sephora stores

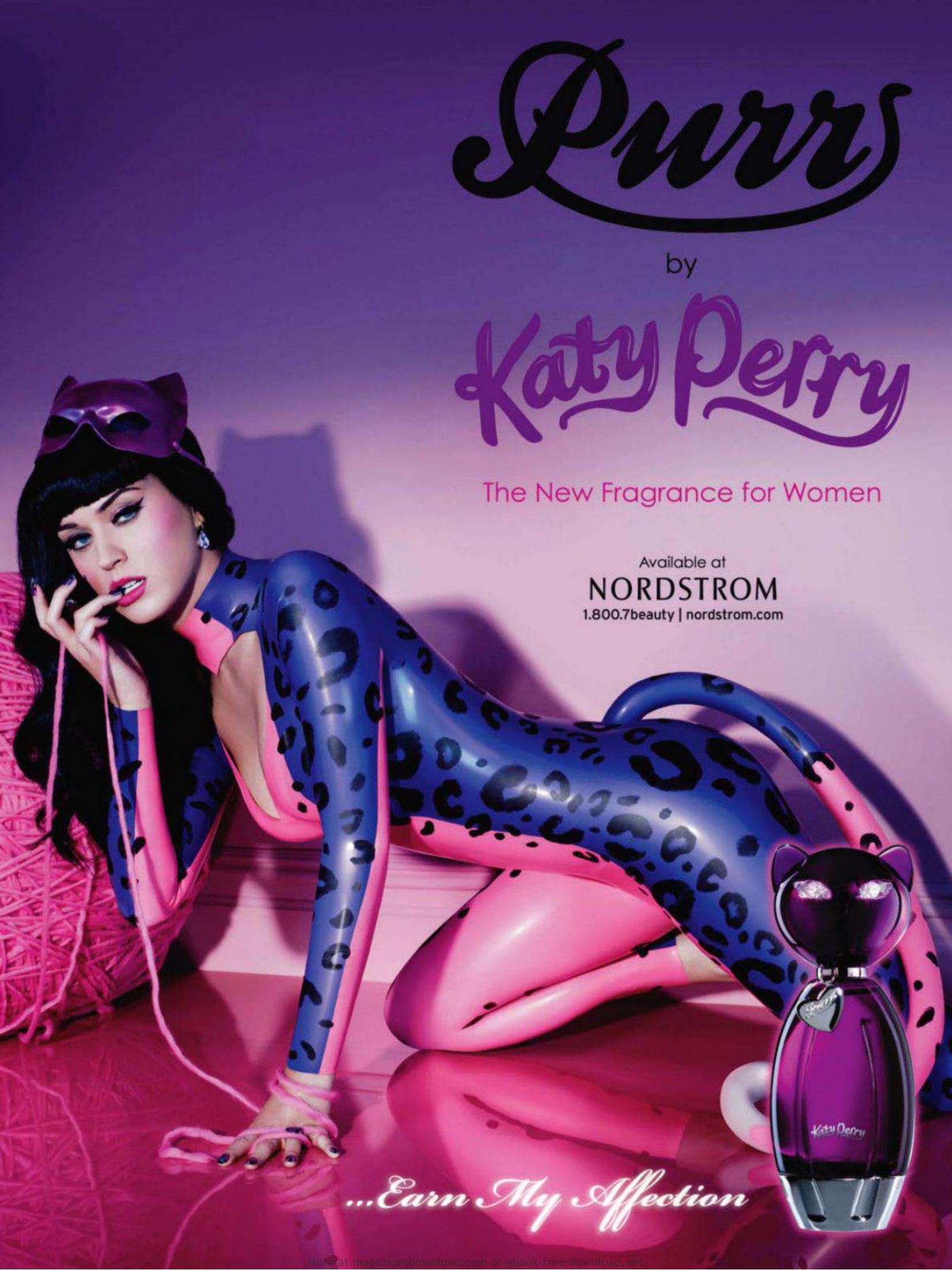
6 SEA-BLUE SHADOW

The reflective finish is sure to make *you* shine bright, but the titanium dioxide in it helps shield your lids from sunburn!

try: BareMinerals Blue Eyecolor in Chameleon, $13, bareescentuals.com

SEVENTEEN.COM Look your hottest this summer! Get 30 days of all-new makeup ideas at seventeen.com/summerbeauty

MAIN PHOTO: OLIVIA GRAHAM. FASHION STYLIST: ANNEBET DUVALL. HAIR: MIOK FOR WELLA PROFESSIONALS/JUDY CASEY, INC. MAKEUP: ROBIN SCHOEN FOR DIOR BEAUTY AT UTOPIA. MANICURE: DONNA D AT ARTISTSBYTIMOTHYPRIANO.COM FOR CHANEL. SPRAY TAN: JILL GOLDMAN FOR SOUTH FLORIDA SPRAY TAN. ON MODEL: EARRINGS, GIRLPROPS.COM. STILL LIFES: J MUCKLE/STUDIO D.



More at magazinesdownload.com or ebook-free-download.net

ADVERTISEMENT

SPRING FEVER

From long, lean silhouettes to off-the-shoulder tops, the seventies are officially back and hair is no exception! Achieve a retro-inspired, glamorous hairstyle, like Shay Mitchell's, with these simple tips, tricks, and must-have products. Pantene knows that beautiful hair starts with healthy hair. The Nature Fusion collection contains Cassia, a naturally derived ingredient, and its Pro-V formulas transform hair to make it softer, shinier, and stronger against damage*—working to give you the healthy hair you need to get the style you want!

GET GROOVY, BABY!

Get your groove on with healthy, shiny hair. Follow these simple steps to achieve far-out style.

1 Manageable tresses with incredible shine start with healthy hair. Use Pantene Nature Fusion Smooth Vitality Shampoo and Conditioner to achieve silky hair with gorgeous shine.

2 Prevent hair from frizzing to the max by applying Pantene Nature Fusion Smoothing Crème to wet hair and working it through from roots to tips.

3 Pump up the volume and shine with Pantene Medium-Thick Flowing Body Mousse. Dispense into palms and spread evenly on damp hair. Flip hair upside down and blow-dry.

4 Finish the look with a side braid. Secure with a rubber band, then tuck in and fasten with a bobby pin, leaving the ends hidden beneath your waves. Achieve hold with Pantene Medium-Thick Anti-Humidity Hairspray.

Get the look! Visit **pantene.com/hairstyles** to sort through more hairstyles and how-to guides.

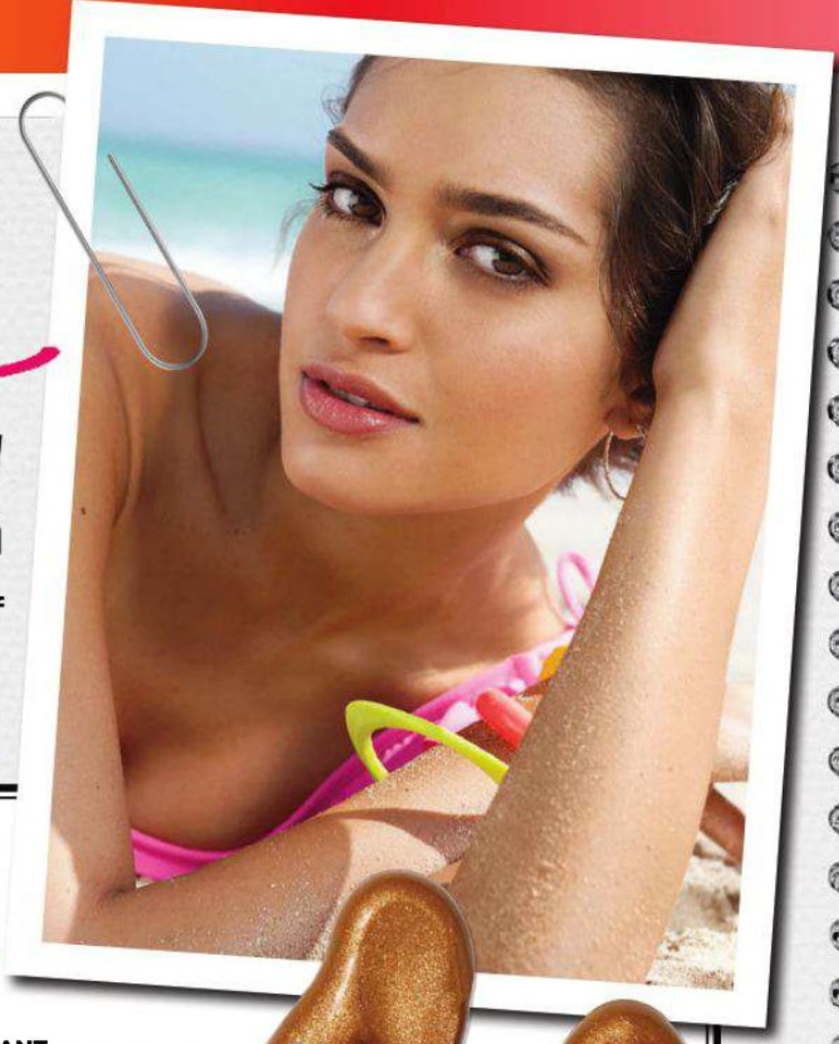
*vs. non-conditioning shampoo

More at magazinesdownload.com or ebook-free-download.net

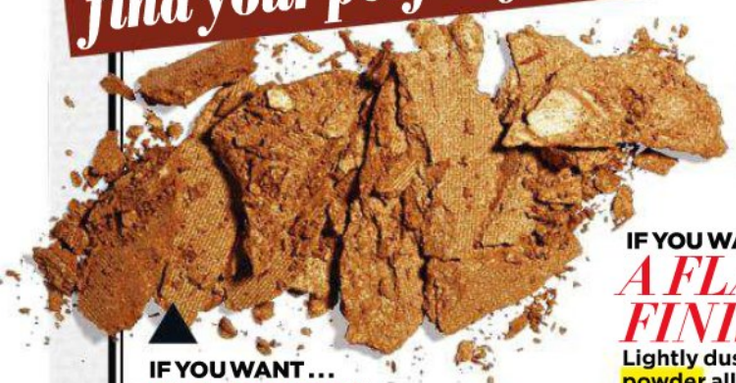
be a bronze goddess!

Get the glow-down on how just a bit of bronzer can warm up your whole look.

BY molly ritterbeck



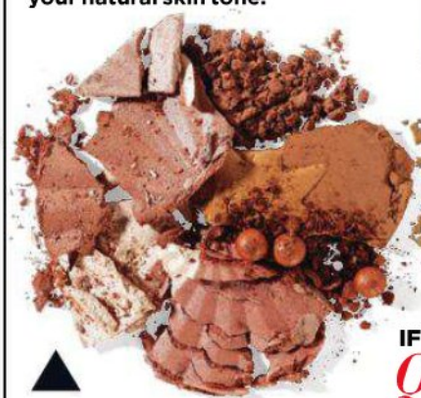
find your perfect formula



IF YOU WANT . . .

PRETTY SHIMMER

A sweep of gold-flecked powder across the tops of your cheekbones will warm up your natural skin tone.



IF YOU WANT . . .

AN EVEN SKIN TONE

Use a marbled bronzer. A multicolor powder will cancel out redness on your face and leave your skin looking sun-kissed!

IF YOU WANT . . .

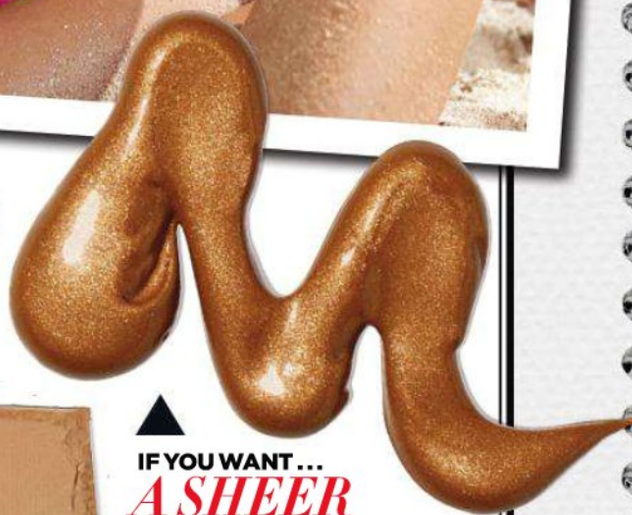
A FLAWLESS FINISH

Lightly dust a matte pressed powder all over—it will help soak up any shiny spots!

IF YOU WANT . . .

QUICK COLOR

Lightly mist an aerosol formula all over your face. The airbrush application gives you a perfectly even shade—fast!



IF YOU WANT . . .

A SHEER TINT

Skip the foundation and just smooth on a liquid bronzer. It's lightweight, so you get a subtle hint of color!

IF YOU WANT . . .

A DEWY GLOW

Dab a creamy bronzing stick along your cheeks—the rich consistency creates a soft radiance on your skin.

@SEVENTEENMAG Enter @seventeenmag's tweetstakes to win free bronzers by tweeting us #BronzeMe17!

MAIN PHOTO: TERRY DOYLE. STILL LIFES: J MUCKLE/STUDIO D.

APPLY IT THE RIGHT WAY!

1

Start at your **forehead** where the sun naturally grazes your face. Circle down around your **temples.**

2

Brush along your **cheekbones** and blend into the apples of your cheeks. Swipe down the center of your **nose.**

3

Lightly dust some color on your **chin,** then swipe along your jawline and **neck** to make sure it all matches!

4

Finish by taking a fluffy **brush** with rounded bristles and using small circular motions to **blend** everything in for the most natural-looking glow!

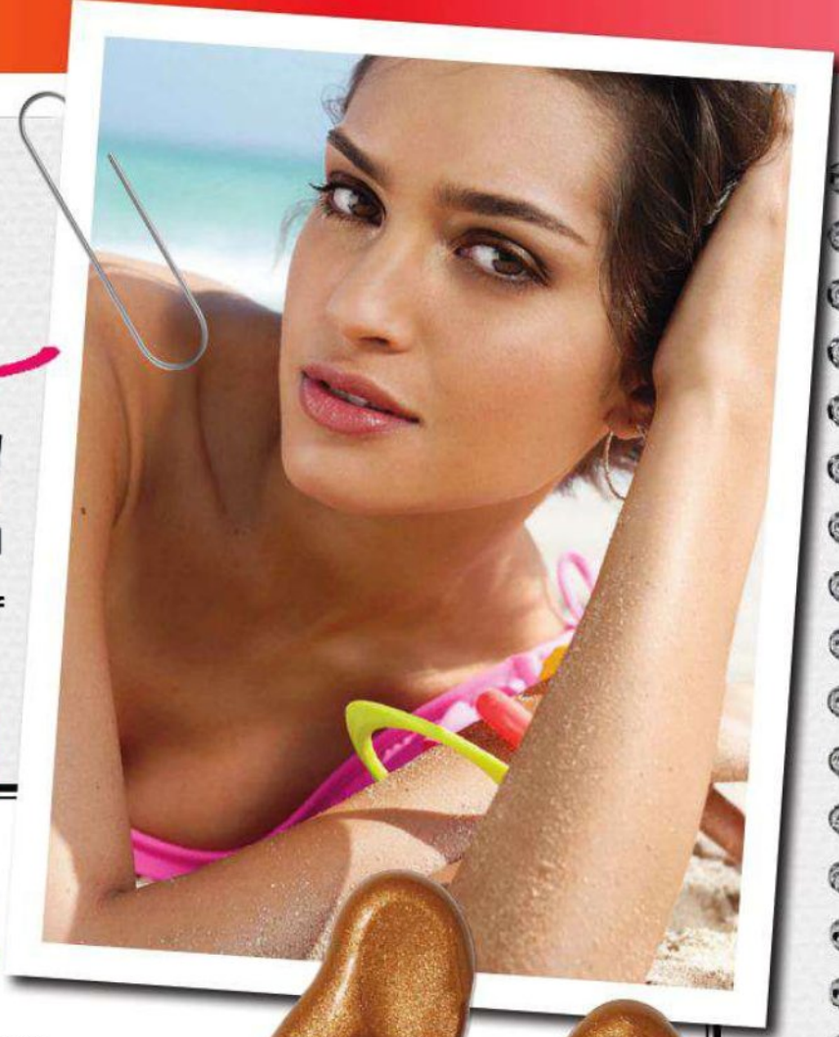
ILLUSTRATIONS: J. DAVID MCKENNEY/WWW.ILOOREPS.COM. PHOTO OF LYDIA: PETER ROSA/STUDIO D. FASHION STYLIST: CHRISSY LLOYD FOR MARILYNBALLARD.COM. HAIR: TYLER LASWELL FOR TRESEMMÉ/CONTACTNYC.COM. MAKEUP: BRIAN DUPREY FOR NARS COSMETICS AT JUDY CASEY, INC. PHOTO OF AMANI: WENDY HOPE/STUDIO D. FASHION STYLIST: CHRISSY LLOYD FOR MARILYNBALLARD.COM. HAIR: DAMIAN MONZILLO FOR DAVINES HAIRCARE AT BEAUTYWINGNY.COM. MAKEUP: BRIAN DUPREY FOR NARS COSMETICS AT JUDY CASEY, INC. PHOTO OF NICOLE: ONDREA BARBE. CONRAD: DON MacCARTHY/LONDON ENTERTAINMENT/SPLASH NEWS.

More at magazinesdownload.com or ebook-free-download.net

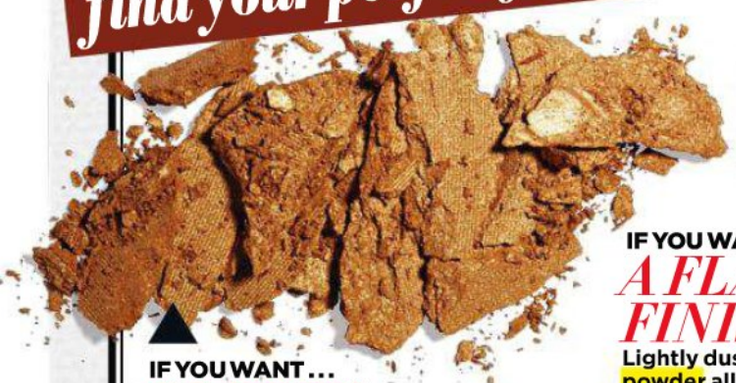
be a bronze goddess!

Get the glow-down on how just a bit of bronzer can warm up your whole look.

BY molly ritterbeck



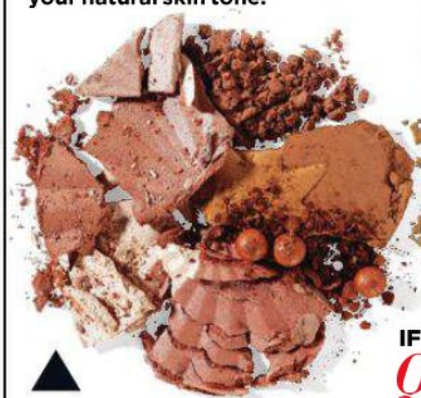
find your perfect formula



IF YOU WANT . . .

PRETTY SHIMMER

A sweep of gold-flecked powder across the tops of your cheekbones will warm up your natural skin tone.



IF YOU WANT . . .

AN EVEN SKIN TONE

Use a marbled bronzer. A multicolor powder will cancel out redness on your face and leave your skin looking sun-kissed!

IF YOU WANT . . .

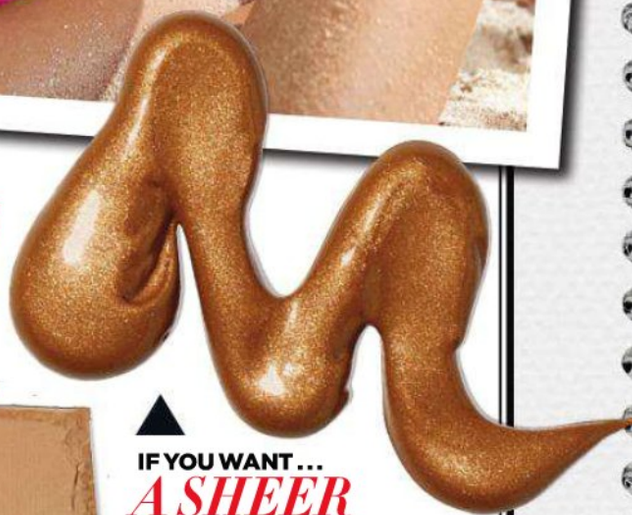
A FLAWLESS FINISH

Lightly dust a matte pressed powder all over—it will help soak up any shiny spots!

IF YOU WANT . . .

QUICK COLOR

Lightly mist an aerosol formula all over your face. The airbrush application gives you a perfectly even shade—fast!



IF YOU WANT . . .

A SHEER TINT

Skip the foundation and just smooth on a liquid bronzer. It's lightweight, so you get a subtle hint of color!

IF YOU WANT . . .

A DEWY GLOW

Dab a creamy bronzing stick along your cheeks—the rich consistency creates a soft radiance on your skin.

@SEVENTEENMAG Enter @seventeenmag's tweetstakes to win free bronzers by tweeting us #BronzeMe17!

MAIN PHOTO: TERRY DOYLE. STILL LIFES: J MUCKLE/STUDIO D.

APPLY IT THE RIGHT WAY!

1

Start at your **forehead** where the sun naturally grazes your face. Circle down around your **temples.**

2

Brush along your **cheekbones** and blend into the apples of your cheeks. Swipe down the center of your **nose.**

3

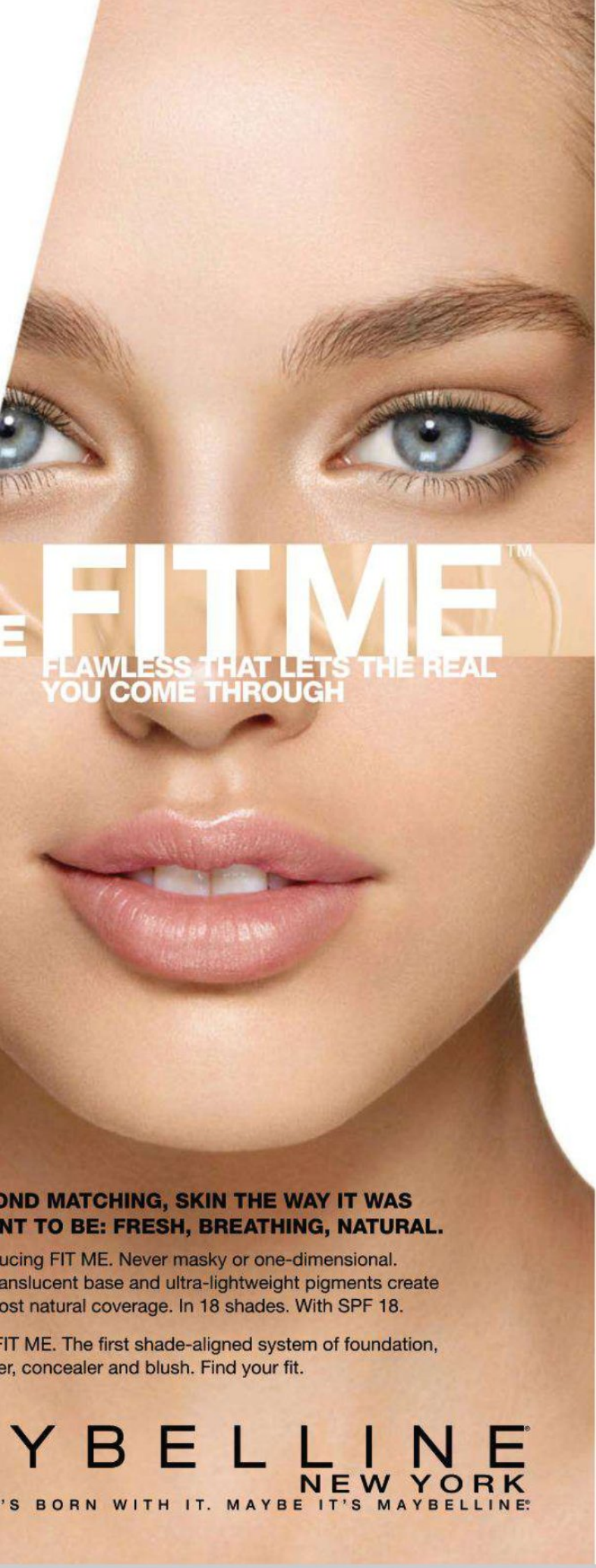
Lightly dust some color on your **chin,** then swipe along your jawline and **neck** to make sure it all matches!

4

Finish by taking a fluffy **brush** with rounded bristles and using small circular motions to **blend** everything in for the most natural-looking glow!

ILLUSTRATIONS: J. DAVID MCKENNEY/WWW.ILOOREPS.COM. PHOTO OF LYDIA: PETER ROSA/STUDIO D. FASHION STYLIST: CHRISSY LLOYD FOR MARILYNBALLARD.COM. HAIR: TYLER LASWELL FOR TRESEMMÉ/CONTACTNYC.COM. MAKEUP: BRIAN DUPREY FOR NARS COSMETICS AT JUDY CASEY, INC. PHOTO OF AMANI: WENDY HOPE/STUDIO D. FASHION STYLIST: CHRISSY LLOYD FOR MARILYNBALLARD.COM. HAIR: DAMIAN MONZILLO FOR DAVINES HAIRCARE AT BEAUTYWINGNY.COM. MAKEUP: BRIAN DUPREY FOR NARS COSMETICS AT JUDY CASEY, INC. PHOTO OF NICOLE: ONDREA BARBE. CONRAD: DON MacCARTHY/LONDON ENTERTAINMENT/SPLASH NEWS.

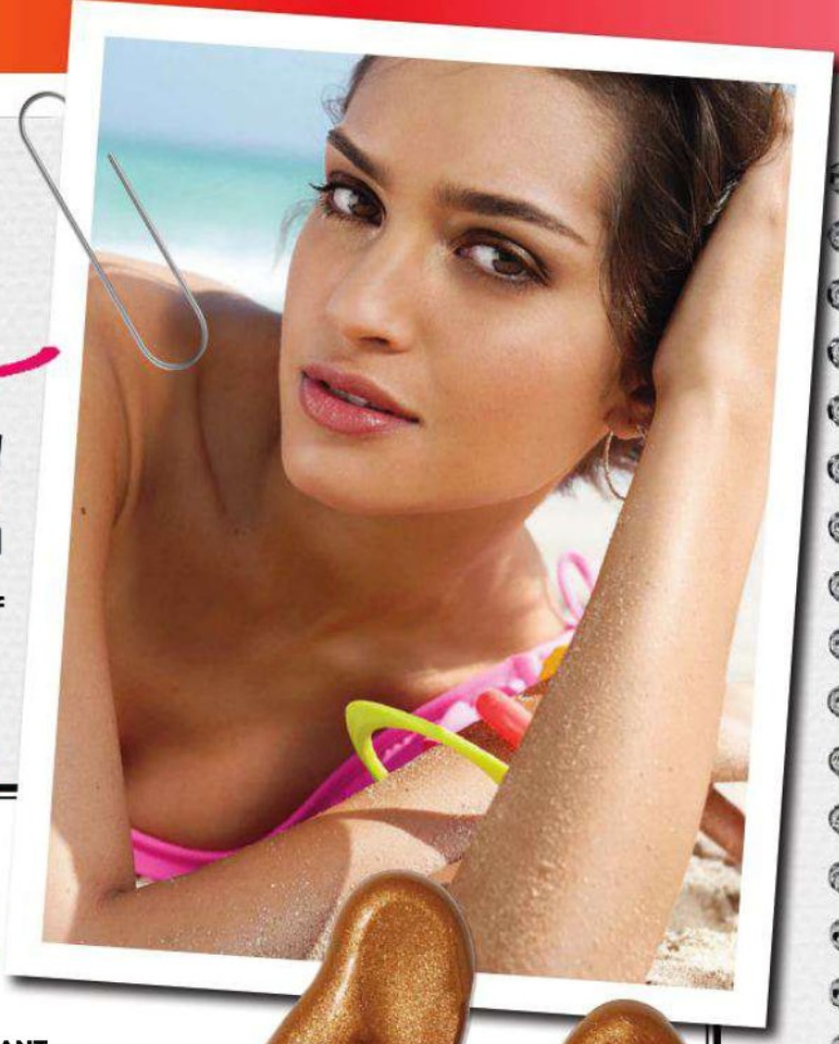
More at magazinesdownload.com or ebook-free-download.net


FITME™
FLAWLESS THAT LETS THE REAL YOU COME THROUGH
ND MATCHING, SKIN THE WAY IT WAS
NT TO BE: FRESH, BREATHING, NATURAL.
ucing FIT ME. Never masky or one-dimensional.
anslucent base and ultra-lightweight pigments create
ost natural coverage. In 18 shades. With SPF 18.
IT ME. The first shade-aligned system of foundation,
er, concealer and blush. Find your fit.
YBELLINE
NEW YORK
'S BORN WITH IT. MAYBE IT'S MAYBELLINE.

be a bronze goddess!

Get the glow-down on how just a bit of bronzer can warm up your whole look.

BY molly ritterbeck



find your perfect formula

IF YOU WANT . . .

PRETTY SHIMMER

A sweep of gold-flecked powder across the tops of your cheekbones will warm up your natural skin tone.

IF YOU WANT . . .

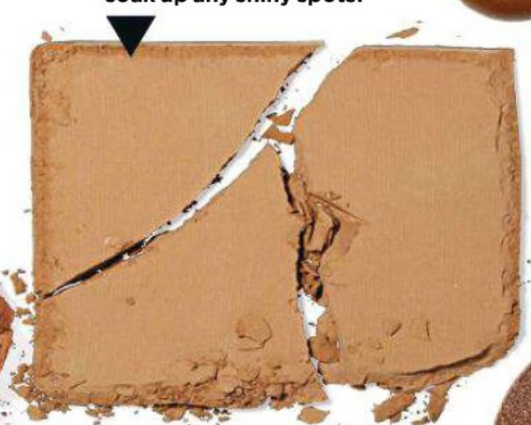
AN EVEN SKIN TONE

Use a marbled bronzer. A multicolor powder will cancel out redness on your face and leave your skin looking sun-kissed!

IF YOU WANT . . .

A FLAWLESS FINISH

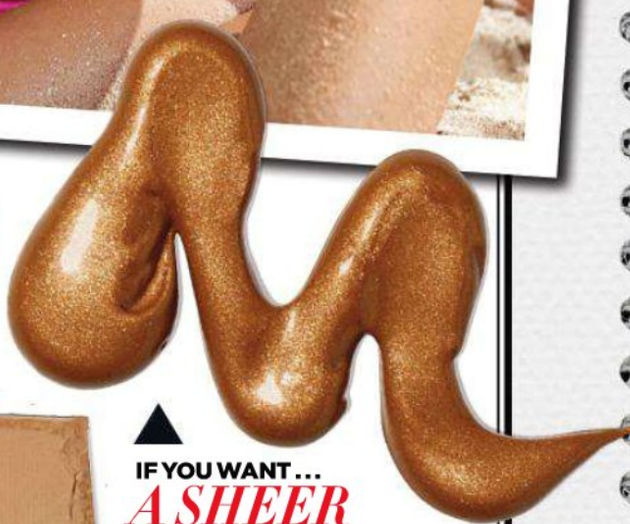
Lightly dust a matte pressed powder all over—it will help soak up any shiny spots!



IF YOU WANT . . .

QUICK COLOR

Lightly mist an aerosol formula all over your face. The airbrush application gives you a perfectly even shade—fast!



IF YOU WANT . . .

A SHEER TINT

Skip the foundation and just smooth on a liquid bronzer. It's lightweight, so you get a subtle hint of color!

IF YOU WANT . . .

A DEWY GLOW

Dab a creamy bronzing stick along your cheeks—the rich consistency creates a soft radiance on your skin.

@SEVENTEENMAG Enter @seventeenmag's tweetstakes to win free bronzers by tweeting us #BronzeMe17!

MAIN PHOTO: TERRY DOYLE. STILL LIFES: J MUCKLE/STUDIO D.

More at magazinesdownload.com or ebook-free-download.net

APPLY IT THE RIGHT WAY!

1

Start at your **forehead** where the sun naturally grazes your face. Circle down around your **temples.**

2

Brush along your **cheekbones** and blend into the apples of your cheeks. Swipe down the center of your **nose.**

3

Lightly dust some color on your **chin,** then swipe along your jawline and **neck** to make sure it all matches!

4

Finish by taking a fluffy **brush** with rounded bristles and using small circular motions to **blend** everything in for the most natural-looking glow!

ILLUSTRATIONS: J. DAVID MCKENNEY/WWW.ILOOREPS.COM. PHOTO OF LYDIA: PETER ROSA/STUDIO D. FASHION STYLIST: CHRISSY LLOYD FOR MARILYNBALLARD.COM. HAIR: TYLER LASWELL FOR TRESEMMÉ/CONTACTNYC.COM. MAKEUP: BRIAN DUPREY FOR NARS COSMETICS AT JUDY CASEY, INC. PHOTO OF AMANI: WENDY HOPE/STUDIO D. FASHION STYLIST: CHRISSY LLOYD FOR MARILYNBALLARD.COM. HAIR: DAMIAN MONZILLO FOR DAVINES HAIRCARE AT BEAUTYWINGNY.COM. MAKEUP: BRIAN DUPREY FOR NARS COSMETICS AT JUDY CASEY, INC. PHOTO OF NICOLE: ONDREA BARBE. CONRAD: DON MacCARTHY/LONDON ENTERTAINMENT/SPLASH NEWS.

Summer-ize your essentials!

Give your staples a sunny update. BY molly ritterbeck

start with: then add:

17 exclusive! Bring this issue to Walgreens from April 1 through May 31, and you'll get all 99¢ Wet n Wild products for only 69¢!

= SPARKLY EYES

HOW-TO: Have fun with your makeup and go for a playful pop of color—draw on black liner and wing out the ends. Before it dries, gently dab loose glitter in the center.

liquid liner
try: Wet n Wild H_2O Proof Liquid Eyeliner in Ultra Black, $4, drugstores

loose glitter
try: Hard Candy Show Girl All Over Glitter in Blue Chip, $5, drugstores

alexandria, 17

17 tip: Use a piece of clear tape to pick up any glitter that falls down onto your cheeks!

= DEWY CHEEKS

HOW-TO: Give your cheeks a natural warm-weather flush. Put a few drops of moisturizing oil onto your hand, then dot your finger in your blush, swirl the color into the oil, and then swipe the mixture onto your cheeks.

pink blush
try: NYX Powder Blush in Pinched, $6, nyxcosmetics.com

light oil
try: Bio-Oil, $20 for 4.2 oz., drugstores

nadia, 17

= JUICY LIPS

HOW-TO: Make your lips as luscious as a melting Popsicle! Add a coat of cherry gloss (with SPF) over your fave red lipstick. It will give mouthwatering shine and sun protection, too!

matte lipstick
try: Revlon Matte Lipstick in Really Red, $8, drugstores

sheer gloss
try: Hawaiian Tropic Aloha Kiss Gloss SPF 20 in Island Berry, $7, drugstores

anika, 19

= RADIANT SKIN

HOW-TO: Get a sunset glow anytime! Mix a quarter-size amount of liquid highlighter with your foundation and dab it along your temples and cheekbones for softly lit skin.

foundation
try: Rimmel London Match Perfection Foundation SPF 15 in Warm Ivory, $9, drugstores

highlighter
try: MAC Cosmetics Lustre Drops in Pink Rebel, $20, maccosmetics.com

connie, 19

REAL-GIRL PHOTOS: PETER ROSA/STUDIO D. FASHION STYLIST: ANNEBET DUVALL. HAIR: ALBERTO GUZMAN FOR TRESEMMÉ AT RAYBROWNPRO.COM. MAKEUP: KYRIAKI SAVRANI FOR DIOR AT FACTORY DOWNTOWN. ON ALEXANDRIA: DRESS, AMI CLUBWEAR; EARRINGS, STYLIST'S OWN. ON ANIKA: EARRINGS, GIRLPROPS.COM. ON CONNIE: TOP, ATTENTION; NECKLACE, M. HASKELL; EARRINGS, BETSEY JOHNSON. STILL LIFES: J MUCKLE/STUDIO D.

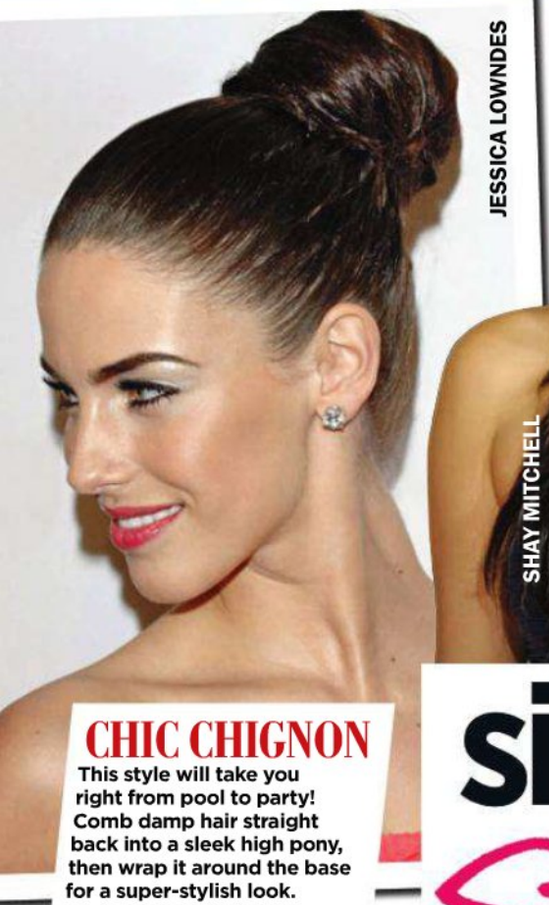
SEVENTEEN.COM How do celebs make their summer makeup perfect? Find out at seventeen.com/summerbeauty

More at magazinesdownload.com or ebook-free-download.net

© Johnson & Johnson Consumer Companies, Inc. 2011

sizzling styles to try!

Get the cutest hot-weather hair without breaking a sweat. BY molly ritterbeck



JESSICA LOWNDES

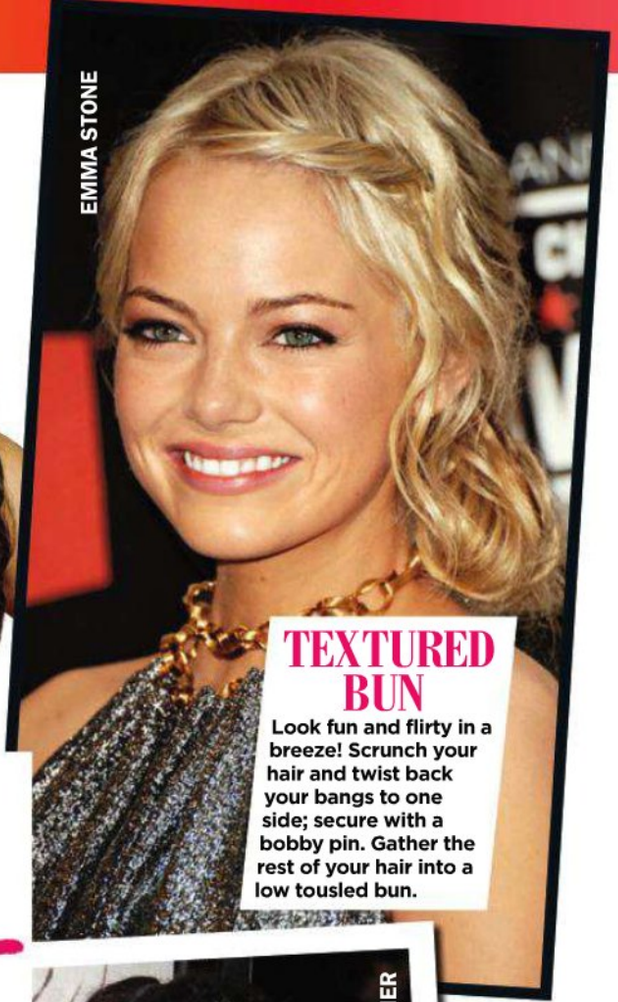
CHIC CHIGNON

This style will take you right from pool to party! Comb damp hair straight back into a sleek high pony, then wrap it around the base for a super-stylish look.

SHAY MITCHELL

GLAM HALF-UP

Make a center part, then lightly tease the top to create a bump. Pin the sides back for a look that will last through those long summer nights!



EMMA STONE

TEXTURED BUN

Look fun and flirty in a breeze! Scrunch your hair and twist back your bangs to one side; secure with a bobby pin. Gather the rest of your hair into a low tousled bun.

HAILEE STEINFELD

SWEET SIDE TWIST

Gather all your hair into a side pony and secure. Twist two sections around each other and tie the end with a sparkly hair accessory for some added personality!

KENDALL JENNER

PRETTY PONY

Rock this casual style when hanging out with friends! Just pull your hair straight back and secure at the top of your crown. Run over the tail with a flat-iron for an extra-polished (and simple!) new do.

JENNA USHKOWITZ

BOHO HEADBAND

Give loose curls a cute twist! Instead of sliding your favorite headband on top of your head, wear it *around* your head.

SHENAE GRIMES

BEACHY TOPKNOT

Embrace your natural texture—sweep hair up on top of your head in a messy bun, then hit the sand!

LOWNDES: CRAIG BARRITT/WIREIMAGE. MITCHELL: MARK RALSTON/AFP/GETTY IMAGES. STONE: STEVE GRANITZ/WIREIMAGE. JENNER: LINS/X17ONLINE.COM. GRIMES: ARNOLD TURNER/WIREIMAGE. USHKOWITZ: BRYAN BEDDER/GETTY IMAGES FOR IMG. STEINFELD: FREDERICK M. BROWN/GETTY IMAGES.

SEVENTEEN.COM Which celeb's hair look should you steal? Find out at seventeen.com/quizzes

More at magazinesdownload.com or ebook-free-download.net

Splat™

Rebellious Colors

extreme · shocking · expressive

extremely vivid long lasting color

Splat ALSO_TRY_NEW

GLOW

GLOWS_IN_THE_DARK

style_in_wash_out

CVS/pharmacy · Walgreens · H-E-B · HyVee · KERR DRUG · Kinney DRUGS · meijer · RITE AID · ULTA · Walgreens

SplatHairColor.com

model: kelly erdem / photo: mariel.com

ADVERTISEMENT

TIMELESS WISDOM

It's normal to be nervous when it comes to talking to your mom about your period. But when you get the conversation going, you'll find that she has advice you won't want to miss out on! Tips from someone older and wiser can help you make the best choices for you. Check out the **Timeless Wisdom** that other *Seventeen* readers got from their moms!

Keeping pads in a cute pencil case helps reduce awkward moments when I'm in class and have to go to the bathroom.

—Anna, 18

*My mom always told me to **lay off of the salty foods** when you have your period so you don't feel as bloated.*

—Sam, 19

When I get up and get active, like going to dance class, tennis practice, or band, it takes away aches and pains!

—Onyx, 16

Always® Infinity™ with Wings moves with you and is perfect for the girl on-the-go. It is astonishingly flexible, unbelievably soft, and has an amazing material that's four times more absorbent than you may need*. It makes fluids seem to poof—disappear!

*My mom told me to **take a bath** when I had cramps. Once I stepped in and relaxed, I felt so much better.*

—Eve, 13

ENTER FOR A CHANCE TO WIN A SHOPPING SPREE!

Just text **WISDOM** to **467467** for your chance to score a **$1,000 mother/daughter shopping spree**—treat your mom *and* yourself to a few new timeless looks!

MORE TIMELESS WISDOM

Get even more Timeless Wisdom from **webmd.com**. Always® and WebMD have teamed up to give tips and answer all those questions that may be tough to ask.

For more information on your changing body, go to WebMD.com.

your changing body | WebMD SEARCH

always INFINITY™

*based on average consumer usage.

NO PURCHASE NECESSARY TO ENTER OR WIN ALWAYS® INFINITY™ "TIMELESS WISDOM" SWEEPSTAKES. Sponsored by Hearst Communications, Inc. Sweepstakes begins at 12:01 a.m. ET on April 12, 2011 and ends at 11:59 p.m. ET on May 23, 2011. Two ways to enter: (i) text WISDOM to 467467 or (ii) go to seventeen.com/Always and complete and submit the entry form. Standard text messaging and data rates may apply for mobile phone entrants. You will receive one text message to confirm your entry. ShopText has a NO-SPAM promise. Contact your carrier for pricing plans and details. Text entry not available with Cincinnati Bell. One (1) winner will receive $1,000. Odds of winning will depend upon the total number of eligible entries received. Must be female, 13-24 years old, and a legal resident of the 50 United States, Puerto Rico, or District of Columbia. Void where prohibited by law. Sweepstakes subject to complete official rules available at seventeen.com/Always.

More at magazinesdownload.com or ebook-free-download.net

©2011 P&G

★ ALWAYS INFINITY ★

PRESENTS

THE ULTIMATE PAD BATTLE

THE **FLUFF**

AKA: "THE CONTENDER"

VS.

ALWAYS **INFINITY**

AKA: "THE MOST AMAZING PAD EVER!"

Always Infinity is made with a revolutionary material called Infinicel™.

It's so incredibly thin and flexible, you hardly know it's there.

Plus it molds to fit your body to protect like a champ!

always
INFINITY

★ Try the pad that's made like no other ★

THE BEGINNER'S BEACH BODY WORKOUT

Even if you're a fitness newbie, a lean bikini bod can be yours! **Blake Lively** (who *swears* she never really worked out before) used these moves from trainer Bobby Strom to tone up fast for *Green Lantern.*

Bobby says Blake started to see results after just three weeks!

OPEN FOR WORKOUT MOVES!

MAIN PHOTO: BETH STUDENBERG. FASHION STYLIST: ANNEBET DUVALL. HAIR: LUIS BELTRAN AT FORD MODELS MIAMI FOR KÉRASTASE. MAKEUP: COLLEEN STONE AT FORD MODELS MIAMI FOR DIOR. MANICURE: DONNA D AT ARTISTSBYTIMOTHYPRIANO.COM FOR CHANEL. ON MODEL: TOP, VICTORIA'S SECRET PINK; SWIMSUIT, BILLABONG. LIVELY: ROBIN PLATZER/LFI.

More at magazinesdownload.com or ebook-free-download.net

get head-to-to

YOUR PERSONAL TRAINER

NAME: Bobby Strom

LOCATION: Los Angeles, CA

CLAIM TO FAME: Young celebs who never got into working out before (like Scarlett Johansson and Blake Lively) turn to Bobby when they land a big movie role. He gets them rockin' bods—fast!

WEB SITE: bobbystromfitness.com

TRAINING TIP:

"Get the most out of your cardio by doing intervals of sprinting (30 seconds) and walking (1 minute). It'll burn fat like no other!"

YOUR BIKINI-BOD PLAN!

Do this four times a week and you'll start feeling firmer in three weeks.

week 1	• 20 minutes of cardio • 2 circuits of the strength moves (15 reps each)
week 2	• 25 minutes of cardio • 3 circuits of the strength moves (15 reps each)
week 3	• 30 minutes of cardio • 3 circuits of the strength moves (20 reps each)

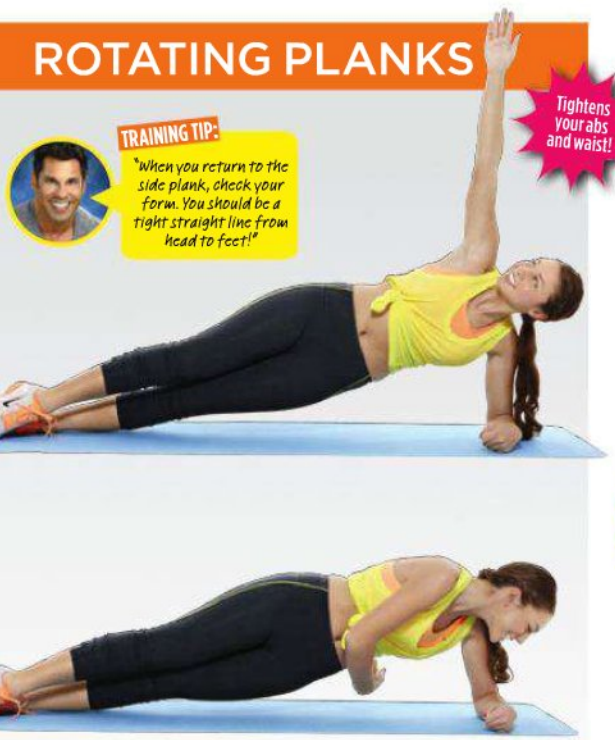
SPLIT-SQUAT S

A Hold ball with elbows bent and locked. Take a big step forward with right leg.

B Sink down into a split squa left knee is 3 to 6 inches fro floor. Bring ball to left hip.

ROTATING PLANKS

Tightens your abs and waist!

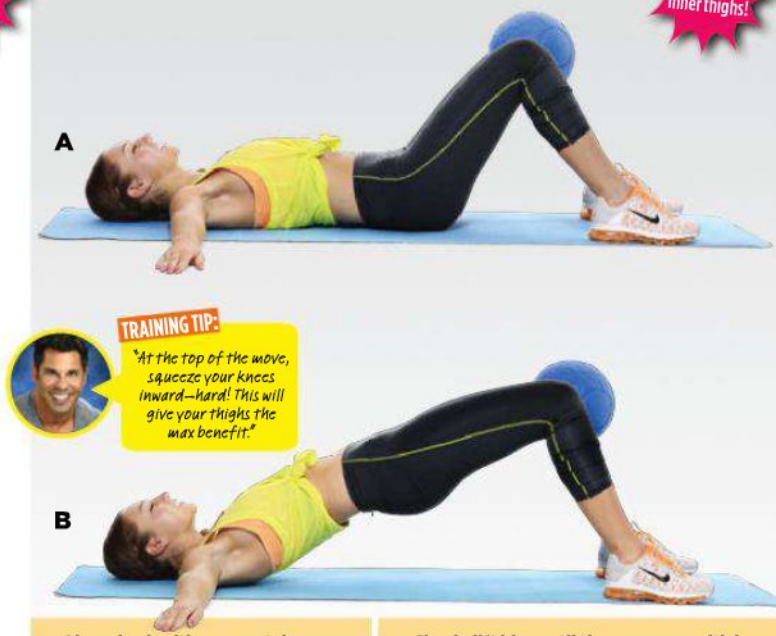


A Start in a side plank with right foot crossed over left, body straight and tight, right arm reaching to ceiling. Hold for 3 seconds.

B Twist to reach right arm under waist, then return to A. Do 15. Repeat on other side.

LYING HIP LIFTS

Firms your butt and inner thighs!



A Lie on back with arms out, knees bent, and feet flat. Place a ball between knees and squeeze it tight.

B Slowly lift hips until they are even with legs and torso. Hold for 3 seconds, then lower hip without touching floor. Do 15 reps.

TEAR OUT HERE!

TEAM seventeen Join Team Seventeen at seventeen.com/team17 for support fr

STEP-BY-STEP PHOTOS: CHRIS ECKERT/STUDIO D. FASHION STYLIST: ANNEBET DUVALL. HAIR AND MAKEUP: ERICA WHELAN FOR DIOR BEAUTY. ON SAVANNAH: SPORTS BRA AND SNEAKERS, NIKE; TANK AND PANTS, GAP BODY. STILL LIFES: PHILIP FRIEDMAN/STUDIO D.

THE BEGINNER'S BEACH BODY WORKOUT

Even if you're a fitness newbie, a lean bikini bod can be yours! **Blake Lively** (who *swears* she never really worked out before) used these moves from trainer Bobby Strom to tone up fast for *Green Lantern.*

Bobby says Blake started to see results after just three weeks!

OPEN FOR WORKOUT MOVES!

MAIN PHOTO: BETH STUDENBERG. FASHION STYLIST: ANNEBET DUVALL. HAIR: LUIS BELTRAN AT FORD MODELS MIAMI FOR KÉRASTASE. MAKEUP: COLLEEN STONE AT FORD MODELS MIAMI FOR DIOR. MANICURE: DONNA D AT ARTISTSBYTIMOTHYPRIANO.COM FOR CHANEL. ON MODEL: TOP, VICTORIA'S SECRET PINK; SWIMSUIT, BILLABONG. LIVELY: ROBIN PLATZER/LFI.

More at magazinesdownload.com or ebook-free-download.net

get head-to-to

YOUR PERSONAL TRAINER

NAME: Bobby Strom

LOCATION: Los Angeles, CA

CLAIM TO FAME: Young celebs who never got into working out before (like Scarlett Johansson and Blake Lively) turn to Bobby when they land a big movie role. He gets them rockin' bods—fast!

WEB SITE: bobbystromfitness.com

TRAINING TIP:

"Get the most out of your cardio by doing intervals of sprinting (30 seconds) and walking (1 minute). It'll burn fat like no other!"

YOUR BIKINI-BOD PLAN!

Do this four times a week and you'll start feeling firmer in three weeks.

week 1	• 20 minutes of cardio • 2 circuits of the strength moves (15 reps each)
week 2	• 25 minutes of cardio • 3 circuits of the strength moves (15 reps each)
week 3	• 30 minutes of cardio • 3 circuits of the strength moves (20 reps each)

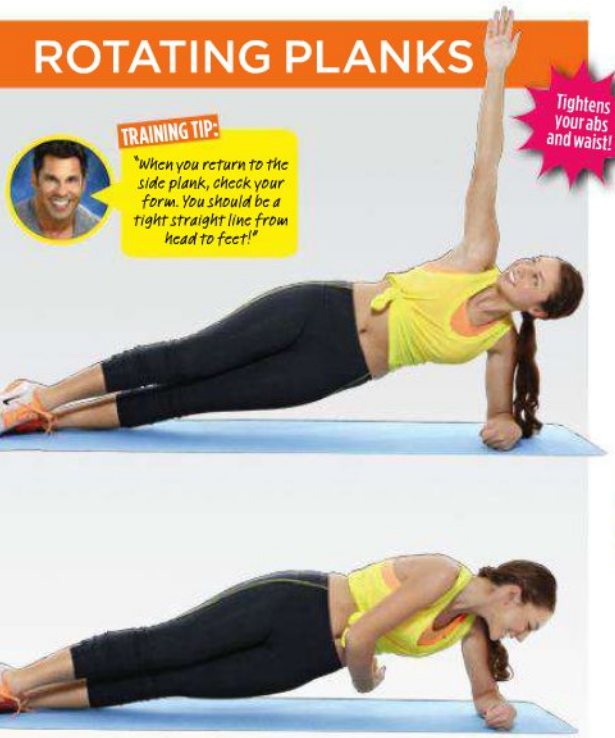
SPLIT-SQUAT S

A Hold ball with elbows bent and locked. Take a big step forward with right leg.

B Sink down into a split squa left knee is 3 to 6 inches fro floor. Bring ball to left hip.

ROTATING PLANKS

Tightens your abs and waist!

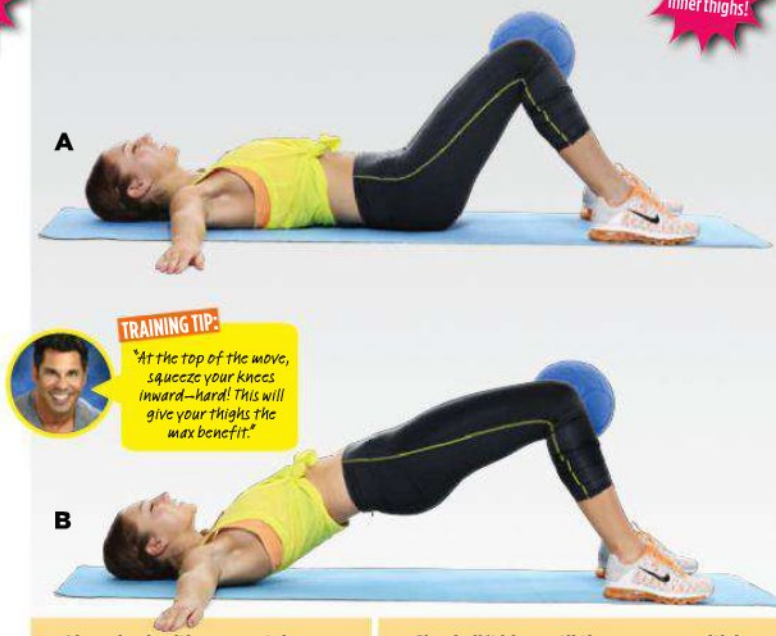


A Start in a side plank with right foot crossed over left, body straight and tight, right arm reaching to ceiling. Hold for 3 seconds.

B Twist to reach right arm under waist, then return to A. Do 15. Repeat on other side.

LYING HIP LIFTS

Firms your butt and inner thighs!



A Lie on back with arms out, knees bent, and feet flat. Place a ball between knees and squeeze it tight.

B Slowly lift hips until they are even with legs and torso. Hold for 3 seconds, then lower hip without touching floor. Do 15 reps.

TEAR OUT HERE!

TEAM seventeen Join Team Seventeen at seventeen.com/team17 for support fr

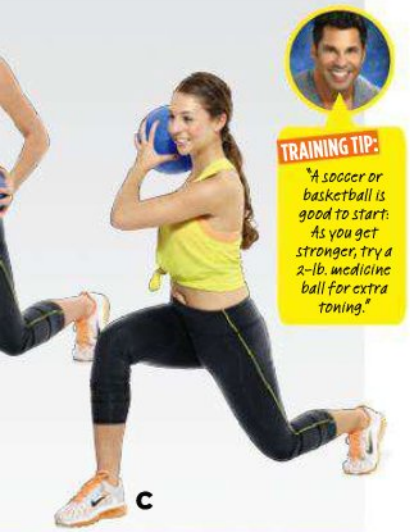
STEP-BY-STEP PHOTOS: CHRIS ECKERT/STUDIO D. FASHION STYLIST: ANNEBET DUVALL. HAIR AND MAKEUP: ERICA WHELAN FOR DIOR BEAUTY. ON SAVANNAH: SPORTS BRA AND SNEAKERS, NIKE; TANK AND PANTS, GAP BODY. STILL LIFES: PHILIP FRIEDMAN/STUDIO D.

pe hot

Throw off that cover-up with confidence the *minute* the weather heats up! These moves will get you leaner and firmer in just three weeks.

WINGERS

Strengthens your back and legs!



TRAINING TIP: "A soccer or basketball is good to start: As you get stronger, try a 2-lb. medicine ball for extra toning."

C

so
m

C Move the ball up to right shoulder (keeping elbows locked). Return to B. Do 15, then repeat on other side.

SQUAT TWISTS

Shapes your waist, butt, and shoulders!

TRAINING TIP: "Keeping your heels on the ground as you twist will help whittle your waist fast!"

A B C

A Stand with feet shoulder-width apart, holding a ball directly in front of you.

B Squat down until legs are bent at 90°.

C Come up from squat. As you do, extend arms and raise ball overhead as you twist at your waist. Return to A. Do 15, then repeat on other side.

PLIÉ EXTENSIONS

Tones your calves and arms!

TRAINING TIP: "For the best results, keep your elbows close to your head the entire time."

A B

A Stand, feet wide and toes out. Hold ball behind head with elbows bent. Raise up on toes.

B Slowly lift ball until arms are fully extended, then lower it to A (staying on your toes). Do 15 reps.

WIN A SWAG BAG!

Cute clothes in punchy colors will make you energized for your workout! Go to seventeen.com/freebies for a chance to win everything you see here from Adidas.

WORTH $196 TOTAL!

om other readers and exclusive access to Bobby's weekly training tips!

More at magazinesdownload.com or ebook-free-download.net

SEX ED

the truth about summer hookups

Your love life is about to heat up, but more casual flings means *more* risks for pregnancy and STDs. Read this and stay safe.

3 sneaky sex pressures

1. parties

It's *definitely* party season—and **if you're doing drugs or drinking alcohol, you lose a sense of your boundaries,** meaning you're more likely to go further than you normally would. But here's the thing. Girls who have hooked up under the influence often: (1) regret their experience; (2) say it wasn't fun, since intoxication can make both of you clumsy; and (3) weren't safe about it—being drunk or high can make the risk of STDs and pregnancy feel like no big deal in the moment. So always ask yourself if the decision to hook up is one that you'll feel good about when the buzz wears off.

65%
of you say you want to hook up more in the summertime.
SOURCE: A 2011 seventeen.com survey

2. vacations

Hooking up with a cute guy you meet on vacay seems like the ultimate summer story. But **when you don't know a guy well, it's a lot harder to tell him your limits** or ask him to use protection. If you do decide to hook up with a random guy you've just met, make a deal with your friends to tell each other when you sneak off for privacy—then set a time to check in by text. It's an excuse to take a breather (and gives you a possible out) before you get carried away.

3. tons of alone time

When school is out and your parents work all day, there are lots of chances to be alone with a guy you like. But if there's no risk of parents walking in and no curfew to blame, hooking up can feel like a game of chicken—**it's exciting (yet kind of scary at the same time!) to see how far you can go in the heat of the moment.** So here's the secret to stopping before you do something you'll regret: Tell him up front—like when you first start kissing—what your limits are. That way you're thinking with your brain, not your body. Guys actually say they feel relieved when *you're* the one to take the pressure off!

17 FYI It may seem like everyone else is having sex, and that can be the ultimate sneaky pressure. But the truth is, only about half of teen girls ages 15 to 19 have had sex, so you're definitely not alone if you're waiting!

MAIN PHOTO: SAYE. (MODELS USED FOR ILLUSTRATIVE PURPOSES ONLY.) 17 FYI SOURCE: CDC/NCHS, NATIONAL SURVEY OF FAMILY GROWTH, 2002 AND 2006–2008. 17 STATISTICS SOURCE: A SEVENTEEN.COM SURVEY OF 1,400 GIRLS, FEBRUARY 2011.

YOUR SAFE VACATION CHECKLIST!

You'll feel better about a hookup if you're ready for it.

☑ **Know your boundaries.** When you're 100 percent honest with yourself about how far you might go, you're also a lot more likely to protect yourself against pregnancy and STDs.

☑ **Get birth control.** Going to a Planned Parenthood clinic or talking to a gyno about going on the Pill or some other hormonal birth control doesn't mean you *have* to have sex—it just makes you smart and prepared if you're *at all* thinking it could happen.

☑ **Pack condoms.** If you're going to have sex, they're your *only* protection against STDs, so this is mega-important, especially if there's any chance of a casual hookup. Remember: There's no way to tell that he's infection-free just by looking!

sexy secrets On *Jersey Shore*, Deena hooked up with a random dude, *then* learned he had a GF.

READER HOOKUP CONFESSION:

"My summer fling gave me herpes"

"I met this hot guy at a party in the beginning of summer. We flirted like crazy, then started hanging out—and hooking up—every day. We always stopped before we actually had sexual intercourse, **so I didn't think it was a big deal.** My attitude was: We're just having fun. What's the worst that could happen?

Well, just days after we broke off our fling at the end of summer, I began to get burning, painful sores on the outside of my vagina. They hurt so bad that my mom took me to a doctor, who said the words that I never thought I'd hear: 'You have genital herpes.' **It turns out you can get an STD if your genital area rubs against his,** which I didn't know. I was shocked, but most of all I was devastated—I thought I'd never hook up again.

I started to heal (emotionally and physically) when I realized my medication can control my infection, but looking back, a summer fling wasn't worth it. Now I know how important it is to take every hookup seriously."

–ashley, 15, las vegas, nv

17 SEXPLANATIONS:

Q "I've got an STD—now what?"

Meet **Amber Madison,** the author of *Hooking Up: A Girl's All-Out Guide to Sex & Sexuality* and our new sexpert! She'll be giving advice in future issues, so ask her your Qs at seventeen.com/askamber.

A If you get diagnosed with an STD, your first reaction may be to freak out. Don't! You aren't alone, your life isn't over, and you're not unlovable. So take a deep breath and learn the facts. The more you know, the less scary it is, promise. Ask your doc:

- **Is it curable?** Many STDs are cured with antibiotics, and *all* have symptoms that can be treated (even with viruses that remain in your system).
- **How many people have it?** This number will likely be higher than you think—like in the millions! If all those people have survived, so will you.
- **Who do I tell?** Your current partner or anyone you may have gotten it from (or given it to) needs to know, since he or she should get tested and treated, if necessary. Who you tell in the future depends on several factors and is something you *need* to bring up to your doctor.

So remember: Do everything you can to protect yourself from STDs, but if you *are* diagnosed, it won't stop you from meeting someone or falling in love. It may mean having to really trust them before going too far—but that's a *good* thing.

xo, Amber

GET YOURSELF TESTED!

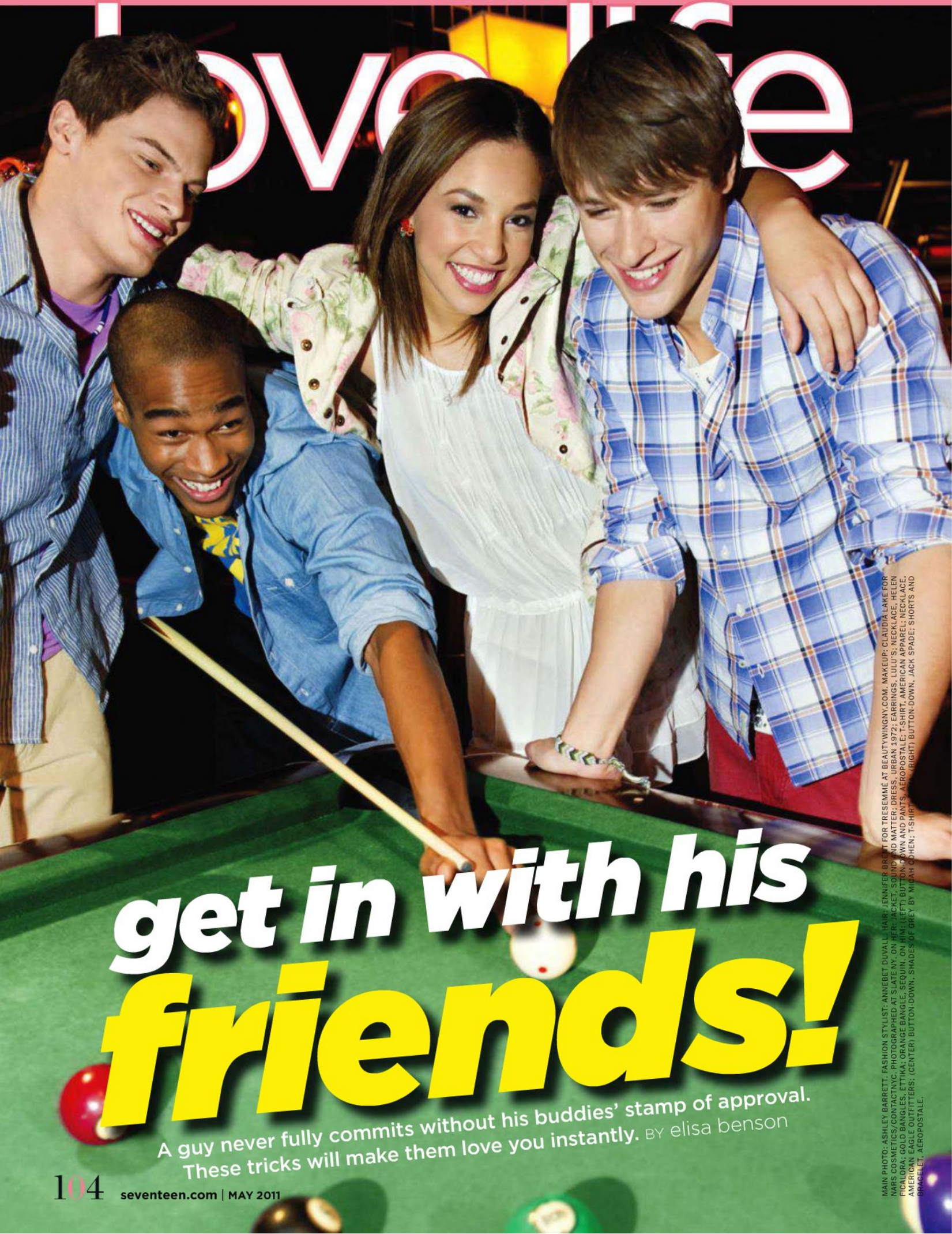
Most STDs don't show symptoms, so if you've been sexually active, the only way to know for sure that you're STD-free is to get tested. Go to gytnow.org to find a low-cost testing clinic near you. (Don't worry. It's quick, painless, and confidential!)

SEVENTEEN.COM Is it an STD? Learn about the symptoms at seventeen.com/stds.

17 EXPERTS: **Leslie M. Kantor, M.P.H.,** national director of Education Initiatives at Planned Parenthood Federation of America; **Eve Espey, M.D., M.P.H.,** professor of obstetrics and gynecology at the University of New Mexico.

STILL LIFES: (CONDOM) STOCKBYTE/GETTY IMAGES; (WRAPPER) TOM SCHIERLITZ/GETTY IMAGES. MADISON'S *HOOKING UP: A GIRL'S ALL-OUT GUIDE TO SEX & SEXUALITY* WAS PUBLISHED BY PROMETHEUS BOOKS IN 2006.

More at magazinesdownload.com or ebook-free-download.net



get in with his friends!

A guy never fully commits without his buddies' stamp of approval. These tricks will make them love you instantly. BY elisa benson

MAIN PHOTO: ASHLEY BARRETT. FASHION STYLIST: ANNEBET DUVALL. HAIR: JENNIFER BRENT FOR TRESEMMÉ AT BEAUTYWINGNY.COM. MAKEUP: CLAUDIA LAKE FOR NARS COSMETICS/CONTACTNYC. PHOTOGRAPHED AT SLATE NY. ON HER: JACKET, SOUND AND MATTER; DRESS, URBAN 1972; EARRINGS, LULU'S; NECKLACE, HELEN FICALORA; GOLD BANGLES, ETTIKA; ORANGE BANGLE, SEQUIN. ON HIM: (LEFT) BUTTON-DOWN AND PANTS, AÉROPOSTALE; T-SHIRT, AMERICAN APPAREL; NECKLACE, AMERICAN EAGLE OUTFITTERS; (CENTER) BUTTON-DOWN, SHADES OF GREY BY MICAH COHEN; T-SHIRT, [illegible]; (RIGHT) BUTTON-DOWN, JACK SPADE; SHORTS AND BRACELET, AÉROPOSTALE.

DUDE-APPROVED MOVES

BRO YES!

☑ DO: Skip out early.

The first time you all hang out, peace out after an hour. His friends' biggest worry is that you'll dominate his time, so prove you're not the clingy type.

☑ DO: Single them out.

It's intimidating to jump right into group banter, so talk to the guys one-on-one. Don't probe for dish about your guy—ask about their interests, so they know you're genuine.

☑ DO: Bring gum.

What's one thing that sets you apart in a group of dudes? A purse! So fill it with gum or candy to share with his crew. (Just a little reminder of how sweet you are!)

BRO NO!

☒ DON'T: Facebook-gush.

You see a soft side of your guy that his friends don't. Posting about every sweet thing he says and does will just give them a reason to rip on him (and you).

☒ DON'T: Flash skin.

Guys don't want their bro dating a skank. Instead, think "classy hot"—like skinny jeans and blown-out hair. He'll love it if you make his friends a *little* jealous.

☒ DON'T: Dis your guy.

Even a comment you mean as a joke ("Sorry we're late—*someone* got lost!") could make you seem bitchy. Guys are fiercely loyal—and expect you to be the same.

the bro-down

These friends are at the top of his list. Respect!

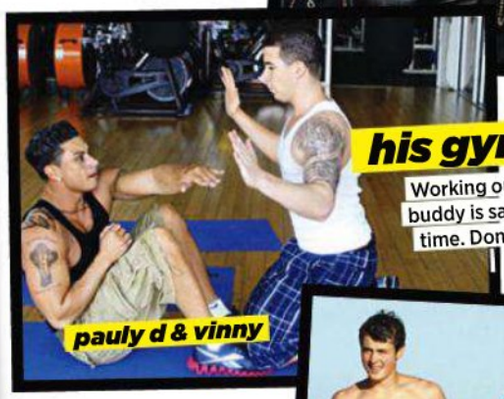
his "big bro"

When an older friend is a mentor to him, he'll treat his word as law. Never question their bond.

usher & justin bieber

his gym bro

Working out with a buddy is sacred guy time. Don't crash!



pauly d & vinny

his actual bro

Even super-close siblings get competitive—so no flirting with his brother, no matter how cute he is!

dylan & zac efron

no girls allowed

Sometimes your guy is too nice to admit he doesn't want you to invade his friend time—so here's the real way to tell.

HE SAYS:
"Oh, do you *want* to come?"
TRANSLATION: He *doesn't* want you to come—or he would have invited you to join sooner.

HE SAYS:
"I thought you were hanging out with Jen?"
TRANSLATION: He feels bad about leaving you out, so he's trying to helpfully suggest alternate plans—so you're not forced to jump on his!

HE SAYS:
"It's mainly the guys tonight."
TRANSLATION: Don't make me look like the lame-o who's attached at the hip to his girlfriend!

17 EXPERT: **Steven Ward,** the host of VH1's *Tough Love* and the CEO of Master Matchmakers.

seventeen **HOT GUY PANEL!** Ask them your love Qs at seventeen.com/hotguys

SECRET SUCK-UPS

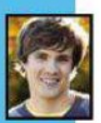
Win over his BFF! These are the moves that worked on our Hot Guy Panel.

enlist your girls

"When my friends and I finally invited my buddy's new girl to go bowling, she brought three cute friends. Sweet!"

–RYAN, 19, MOUNT LAUREL, NJ

bribe with food



"My best friend's new girlfriend invited us all over and cooked us spaghetti and meatballs. That *always* wins points."

–ALEX, 21, SOUTH PORTLAND, ME

SEVENTEEN.COM Have a Twitter date with a Hot Guy Panelist! Find out how at seventeen.com/hotguypanel.

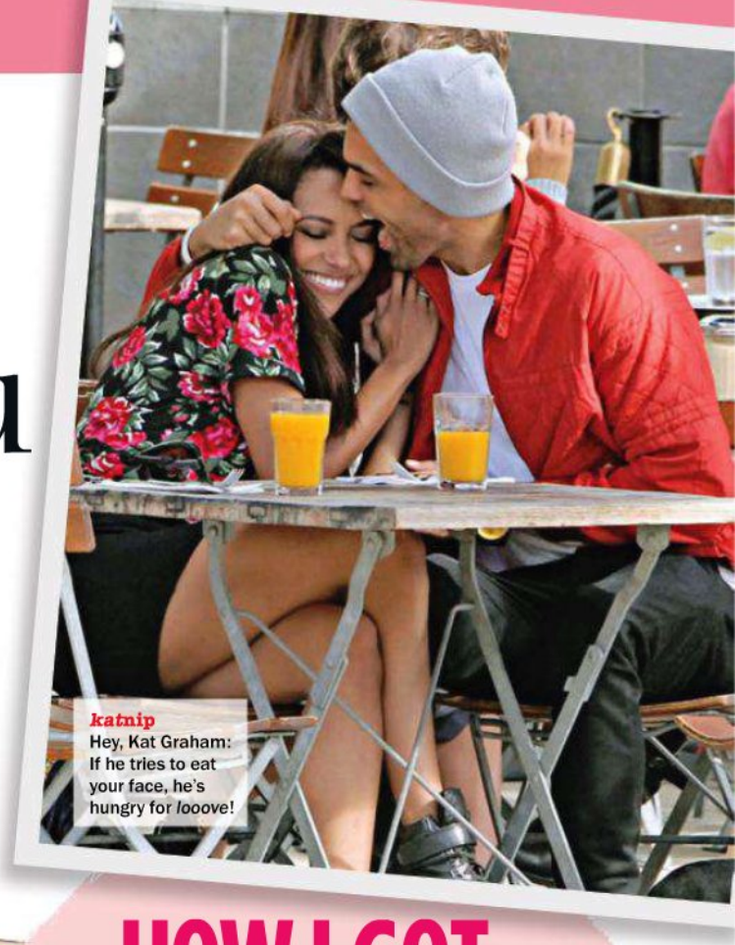
USHER AND BIEBER: JEFF KRAVITZ/AMA2010/GETTY. PAULY D AND VINNY: RALPH NOTARO/SPLASH NEWS. EFRON BROTHERS: DAVE/SPLASH NEWS

More at magazinesdownload.com or ebook-free-download.net

SNEAKY WAYS TO

make him worship you

You know the girl who's got her guy wrapped around her finger? With these tricks, it could be *you.* BY elisa benson



katnip
Hey, Kat Graham: If he tries to eat your face, he's hungry for *looove!*

☑ greet him with a compliment

When your guy knows he has your approval, he'll *work* to keep it. So take a second to look him over, then say, **"That shirt is hot on you!"** Now he'll always dress to impress you . . . lucky girl!

☑ suggest something

Guys love a girl who brings fun to the table, so always have an idea ready—like grabbing McCafes or **trying that new sushi place.** You'll avoid the "I don't know—what do *you* want to do?" trap (worship sabotage!) *and* be more likely to get your way.

☑ remember the small stuff

Want him hanging on your every word? Bringing up details that *he* mentioned in past conversations is a surprisingly effective way to **make your guy pay more attention to you in return**!

☑ call him out on his crap

If he does something jerky, calmly tell him why it bummed you out. When he feels responsible for making you sad, **he'll try to make it right in the future** (whereas blowing up will just make him defensive).

☑ brag about him

When he hears you gush to friends about the awesome date he took you on or the great B-day gift he gave you, it's **a subtle way of patting him on the back**—and encouraging him to keep up the A+ BF behavior.

17 EXPERTS: Donna Sozia, the coauthor of *The Man Whisperer* (Adams Media, 2010); **Louise Roe,** a relationship expert and the host of *Plain Jane.*

HOW I GOT HIM HOOKED!

Take your BF from average to amazing with these girls' tricks.

GET COMPETITIVE

"My boyfriend hated to give back rubs—I would always give him one with nothing in return! So I started making fun bets with him, and whoever lost had to rub. Once it turned into a game, he got into it—and now he gives me back rubs all the time, just because!"

–erin, 17, yreka, ca

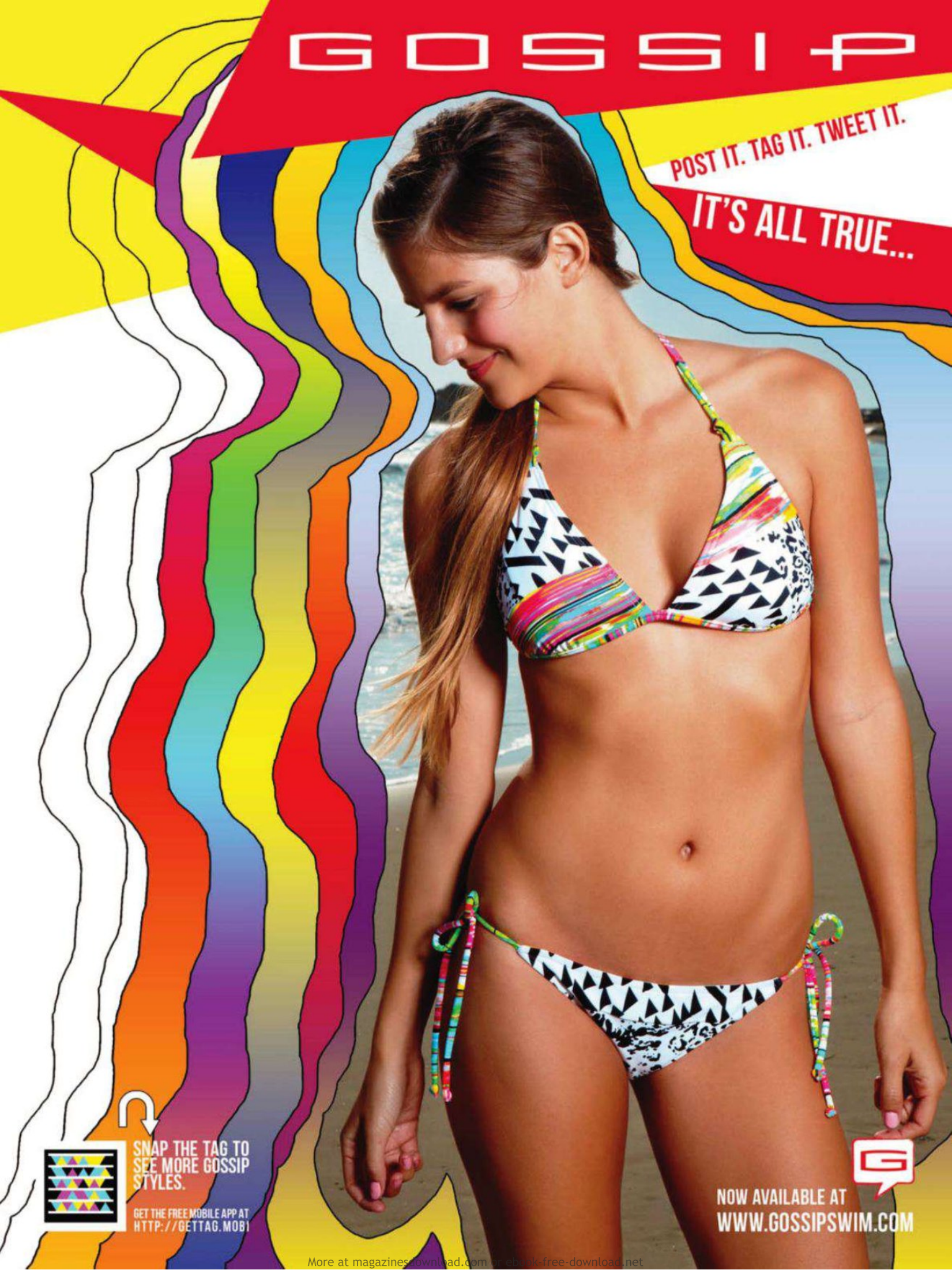
PLAN A FUN SURPRISE

"My guy used to be a big partier, but that's not my thing. So one night I showed up at his house with pizza and some Wii games. We had so much fun that now he wants to spend his weekends with *me*—not out at parties!"

–carmen, 17, haslet, tx

STILL LIFE: (SUSHI) FOODCOLLECTION/GETTY IMAGES. GRAHAM AND GUIDRY: RACHID AIT/MC/PACIFICCOASTNEWS.COM

SEVENTEEN.COM Got a BF who worships you? Enter him in our boyfriend battle at seventeen.com/battle.



More at magazinesdownload.com or ebook-free-download.net

"i watched my boyfriend die"

When the unthinkable happens, how do you deal? Selena, 16, opens up about her love—and loss. AS TOLD TO elisa benson

On March 3, I dropped by the school gym to wish my boyfriend, Wes, good luck—it was the last basketball game in his undefeated season. "I love you," he said as we hugged. "I love you, too," I said, giving him a kiss. It would be the last time we'd say those words.

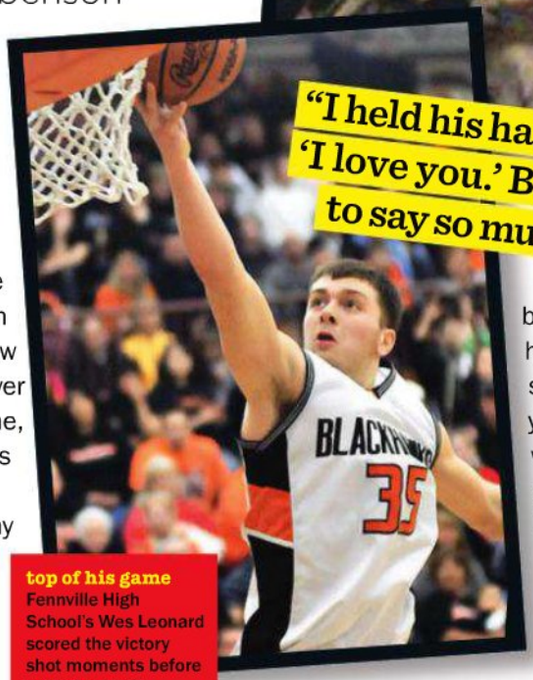
When I first met Wes at a party at the end of eighth grade, we instantly bonded over sports—he played football and basketball; I played softball—and we kept in touch all summer. The day after school started in the fall, Wes and I were walking in the hallway when he blurted out, "I was wondering if you'd be my girlfriend." He was so shy, he couldn't even look at me! And I was so happy that it took me a full minute to say yes.

Wes and I were more than a couple—we were best friends. We would talk about our future, but we knew it was likely we'd end up at different colleges, so we were just enjoying every minute together.

The night of the big game, Wes was on fire, scoring point after point until we were tied in overtime. Then with just seconds left on the clock, Wes shot—and scored! We won! The whole school rushed the court to celebrate. I was just a few feet away when our eyes met and he smiled at me. I was so proud!

tragic shock Students at Fenville High School watch as medics try to revive Wes.

Then suddenly Wes's feet slid out from under him and he collapsed onto his back. I froze. Something was *very* wrong. "He's dehydrated," someone said, as the coaches pushed through the crowds to cover him with ice packs. I saw his dad standing over him yelling, "Breathe, Wes, breathe!" He's not breathing?!? I thought. I fell to my knees and started screaming his name. I felt numb with panic as they carried Wes in a stretcher to an ambulance. I raced behind it to the hospital.



top of his game Fennville High School's Wes Leonard scored the victory shot moments before tragedy struck.

"I held his hand and said, 'I love you.' But I wanted to say so much more."

The waiting room in the hospital was packed and quiet except for the sound of hushed crying. After an hour and 15 minutes, a pastor came in and told us that the doctors had done everything they could—Wes was dead. I started wailing so hard, my whole body hurt. I felt like I was going to throw up. I wanted to get away from everybody, out of that room, but I knew I had to say goodbye.

When I saw Wes, he was so pale that I could see his veins. His eyes were open slightly, and I kept staring at them, as if at any minute they might open all the way and everything would be okay. I held his hand and said, "I love you." But I wanted to say so much more. I could write a novel about everything he meant to me: the small compliments he gave me every single day, the way he always noticed when I changed my hair, the way he looked at me in a crowd like we were sharing a secret. How was I supposed to get through this, I wondered, when Wes was the person who helped me through everything?

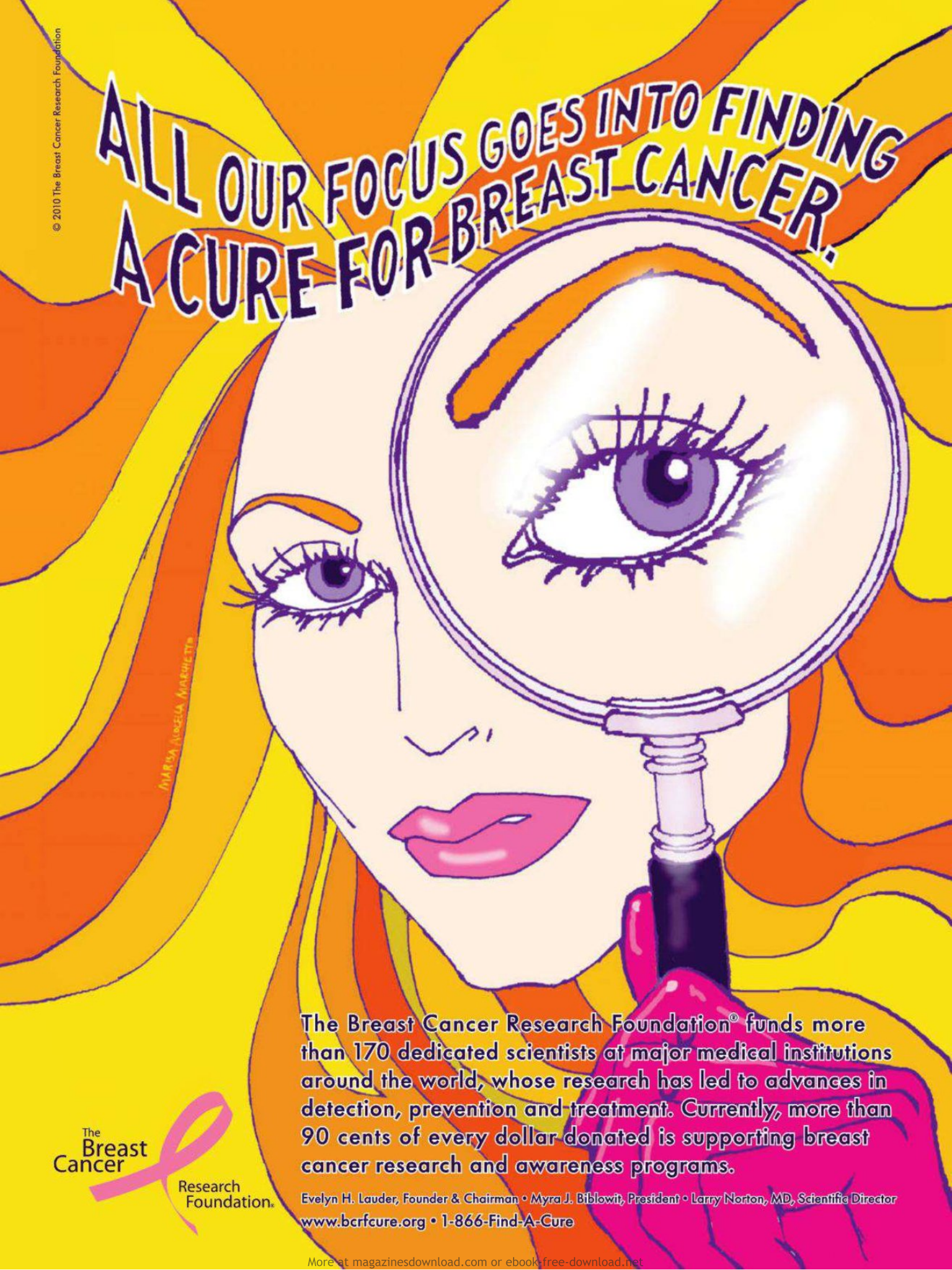
Later the doctors told us that Wes went into cardiac arrest because of an enlarged heart, a rare condition with no real warning signs. It's only been a few weeks since he passed, and everything still reminds me of him—our song on the radio, the restaurant we went to for our anniversary, the turtle necklace he brought me from Hawaii. But all I can do is be grateful for the time we had. I realize that if you love someone, you should just try to be happy with them all the time. Make good memories instead of the bad ones—because no matter what happens, those are the ones you'll want to look back on. 17

GAME PHOTOS: AP PHOTO/*THE HOLLAND SENTINEL*, D.J. GEPPERT.

SEVENTEEN.COM Have you had a life-changing relationship moment? Tell us at seventeen.com/reallove

© 2010 The Breast Cancer Research Foundation

ALL OUR FOCUS GOES INTO FINDING A CURE FOR BREAST CANCER.



The Breast Cancer Research Foundation® funds more than 170 dedicated scientists at major medical institutions around the world, whose research has led to advances in detection, prevention and treatment. Currently, more than 90 cents of every dollar donated is supporting breast cancer research and awareness programs.

The Breast Cancer Research Foundation®

Evelyn H. Lauder, Founder & Chairman • Myra J. Biblowit, President • Larry Norton, MD, Scientific Director

www.bcrfcure.org • 1-866-Find-A-Cure

More at magazinesdownload.com or ebook-free-download.net

NEW

Advanced Acne Clearing Device

Thursday Status

Friday Status

The new **tända ZAP**™ advanced acne clearing device is clinically proven to clear individual acne blemishes fast.* Guaranteed.

Powerful blue light destroys acne-causing bacteria, sonic vibration and gentle warming help open pores so bacteria have nowhere to hide. No pain. No irritation. No dryness. And best of all no pimple. All for under $50.

Stay social

tändaZAP

tandazap.com Find us on Facebook

Shop tända products at Sephora, Nordstrom, Bloomingdale's, Bergdorf Goodman and other prestige beauty retailers.

Copyright © Pharos Life Corporation, 2011, tända Zap is a trademark of Pharos Life Corporation. All rights reserved. Patents pending. *Based on results from a clinical trial.

read his lips
If he keeps staring at your mouth but doesn't kiss you, he wants *you* to make the first move.

hookup signals he's trying to send you

His sexy moves reveal a deeper message. Make sure you get it!

brushing your hair aside = ***i want to kiss you***

"When all I can think about is kissing a girl, I'll brush her hair off her face to make sure nothing gets in our way. If she wants to take the hint and lean in first, even better!"
–ANDREW, 20, VERNON, NJ

kissing your ear = ***i want to go further***

"If I've been kissing a girl for a while and I want to move things forward, I'll start kissing her ear. Ears are great turn-on spots, so they up the excitement and let her know I'm ready for the next step."
–GERALD, 19, BAYONNE, NJ

kissing your forehead = ***i'm done making out!***

"Sometimes my girlfriend forgets I'm fine with just cuddling. Whenever I kiss her forehead instead of her lips, it's because I want to take a break from making out and just relax next to her."
–STEPHEN, 19, ATLANTA, GA

being fidgety = ***i'm not into you***

"This one girl I hooked up with was way too aggressive—she kept climbing on top of me! Every time I'd stop the action and readjust, but she didn't tone it down. It made her seem clueless."
–ALLAN, 17, MIAMI, FL

SEVENTEEN.COM Watch real guys' hookup confessions on video at seventeen.com/hookup.

MAIN PHOTO: SAYE. (MODELS USED FOR ILLUSTRATIVE PURPOSES ONLY.) REPORTING: CHELSEA TIRRELL AND KAITLYN MUCHNOK.

two combs • one smooth stretch
dozens of styles
easy enough for every day
elegant enough for every night

scünci®
upzing™ DOUBLE COMBS
www.scunci.com

For information on any scünci® product, call 1-800-3-CONAIR or visit www.scunci.com
©2011 Conair Corporation

More at magazinesdownload.com or ebook-free-download.net

Now You Can Read marie claire Anytime, Anywhere!

Get the latest on:

- Fashion
- Beauty
- Relationships
- & More

powered by zinio™

Access your digital subscription on any device.

Click Here to Order Now

NOW YOU CAN READ

Harper's BAZAAR

ANYTIME, ANYWHERE!

Get the latest on:

- FASHION
- BEAUTY
- CELEBRITIES
- & MORE

powered by zinio™

Access your digital subscription on any device.

CLICK HERE TO ORDER NOW

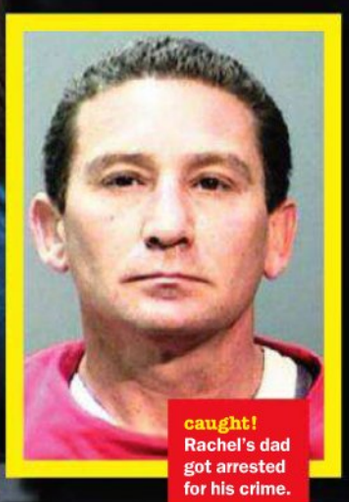
More at magazinesdownload.com or ebook-free-download.net

your life

"my dad tried to destroy my business!"

Rachel, 19, and her dad created a successful company, but while she was doing all the work, he was being *super*-shady.

AS TOLD TO jane bianchi



caught! Rachel's dad got arrested for his crime.

My friends always joke that I have big breasts. So one summer afternoon when two of my friends were hanging out in my bedroom, I wasn't surprised when one of them picked up one of my white bras, held it up to her chest, and said, "I wish *mine* were this large!" Then the two of them grabbed rainbow markers and drew all over my bras! I didn't stop them—it looked so cool not to have boring white bras.

A week later, while looking for a shirt, I rushed into the kitchen in one of my newly designed bras and accidentally ran into my dad. As I dashed back to my room, he said, "That reminds me of the Doodle Bear you used to draw on as a kid." I said, "I bet if you could decorate bras with washable markers, people would buy them." And that's how our Doodle Bra business was born!

A PROMISING BEGINNING

We sold white bras and markers for $15 through our Web site. I ordered materials from a supplier in India and sent kits to customers. My dad handled the money, since he had run a business in the past. We got about 15 orders a week.

My dad said any money we made would go back into helping the company grow. He kept promising me that the business would make us "*bazillionaires*"! Some family friends, Teri and Dave, and Teri's parents liked our idea, so they invested about $20,000. So did my boyfriend, Justin, who gave us $10,000 that he had saved from two Marine deployments. My dad assured them that it was low risk and that they'd profit from owning a piece of the company.

About a month after he got the money, my dad started going on vacations with my stepmom to Hawaii and Reno as "belated honeymoons." That should have been a red flag, but he'd always been random—he'd given us two days notice when we moved from Georgia to Oregon a year earlier. So I thought: It's just Dad being Dad.

luck of the draw
This is the Doodle Bra that started it all! Rachel's business was so successful, she appeared on *The View*!

A MATTER OF TRUST

We had run the company for a year and a half and sold hundreds of bras when the supplier suddenly stopped returning my calls. Then we got complaints. My dad said he didn't know what was going on and promised that he'd refund unhappy customers. Our business ground to a halt. I was devastated—there was nothing I could do but watch my dream die.

Then last summer while Justin and I were on a road trip, we got a call from the police. Teri and Dave weren't making any profit, so they had secretly filed a report with our state's fraud division.

> **"There was *nothing* I could do but watch my dream die."**

It turned out that my dad had stolen thousands from the business and had spent it on those vacations and other stuff for himself! All the evidence was there. I was so stunned that my mouth hung open! Then I cried. He'd betrayed me! I was angry, mortified, and annoyed at myself for being so naive. I was never once suspicious of him. How could I not have seen what was going on? I apologized like crazy to Justin, Teri, and Dave. I knew I wouldn't get in legal trouble because I didn't do anything wrong, but I still felt guilty that customers and investors had been ripped off. Justin had been saving for a house, and Teri and Dave are having financial trouble because of the money my dad stole.

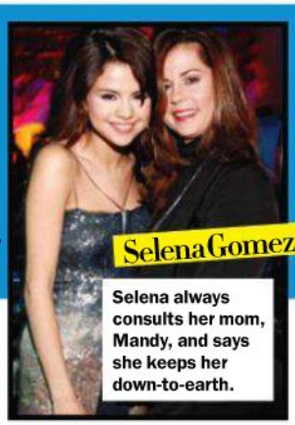
STARTING OVER

A few months ago, Dad was found guilty of "aggravated theft," and he has to pay back everyone. He even went to jail and was locked up for 40 days. I haven't spoken to him since. Even though he pleaded guilty in court, he's too stubborn to admit to me what he did, so I've cut him off completely. Bringing him back into my life would only be asking for trouble. It's ironic, because he used to say the secret of success was to "avoid negative people."

I'm studying to be a nurse now and planning to save money so I can relaunch the company in my own name. When I do, I will keep a better eye on what's going on. I have to keep my guard up a little—even around close friends and family—because in the end, the only person I can *really* trust is myself. 17

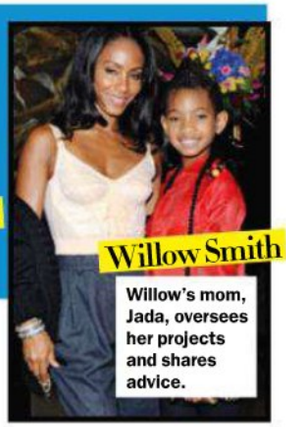
ALL IN THE FAMILY

It's not always bad news to work with your folks! These celebs love their *mom*agers!



Selena Gomez
Selena always consults her mom, Mandy, and says she keeps her down-to-earth.

Kendall & Kylie Jenner
Kendall and Kylie don't make career moves without first asking their mom, Kris.



Willow Smith
Willow's mom, Jada, oversees her projects and shares advice.

SEVENTEEN.COM Share your story at seventeen.com/mylife

MAIN PHOTO: TIM JONES. FASHION STYLIST, HAIR, AND MAKEUP: TIA REAGAN FOR FREEBIRD PRODUCTIONS. PHOTO OF RACHEL'S DAD: BOB PENNELL/*MAIL TRIBUNE*. SMITH: VENTURELLI/WIREIMAGE. GOMEZ: CHRISTOPHER POLK/WIREIMAGE. JENNERS: ROBERT KESHISHIAN/LONDON ENT.

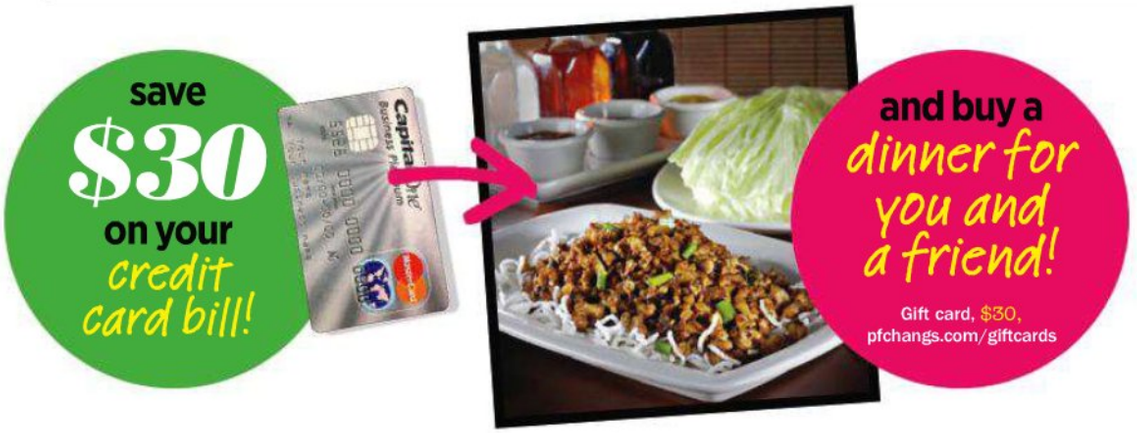
More at magazinesdownload.com or ebook-free-download.net

EASY MONEY

save on this, buy that!

Get deals on the stuff you *have* to buy so you can grab goodies on your lust list. BY catey hill

HOW IT WORKS: When you're chatting away, it's super-easy to rack up a *huge* cell phone bill! For example, going 45 minutes over your limit (at 45 cents per extra minute) will cost $20.25 more per month! **Overmyminutes.com** will text you when you're near your limit, so you can say buh-bye to add-on fees and hello to cute new shoes.



HOW IT WORKS: You've been burning up your credit card, but you forgot to pay the bill on time. (Oops!) That simple mistake can cost you—about $30 a month or more, thanks to late fees and interest charges. Sign up for **mint.com,** a free site that e-mails you when it's time to pay up. Then pick up the check at P.F. Chang's with the cash you saved!

HOW IT WORKS: Summer is around the corner, so it's time to load up on hot-weather essentials. But don't pay full price! Download the **CardStar app,** which stores the bar codes from rewards cards for retailers like CVS and Best Buy on your cell, so you'll always have them with you. Deals change daily, but say your drugstore has a 20-percent-off sale and you're buying $50 worth of products—you'll have 10 extra bucks in your pocket!

17 EXPERT: Catey Hill, the author of *Shoo, Jimmy Choo! The Modern Girl's Guide to Spending Less and Saving More* (Sterling, 2010).

SEVENTEEN.COM Are *you* smart about spending? Find out at seventeen.com/quizzes

MICHELE: JEFFREY MAYER/GETTY IMAGES. STILL LIFES: (SHAMPOO) RAFAEL ANGEL IRUSTA MACHIN/ALAMY; (CREDIT CARD) ART DIRECTORS & TRI/ALAMY; (ALL OTHERS) COURTESY OF COMPANIES.

XL PROTECTION comes in XXS

Say hello to Tampax Pearl Compak.

PROTECTS BETTER THAN U BY KOTEX,* EVEN WITH A SMALLER APPLICATOR.**

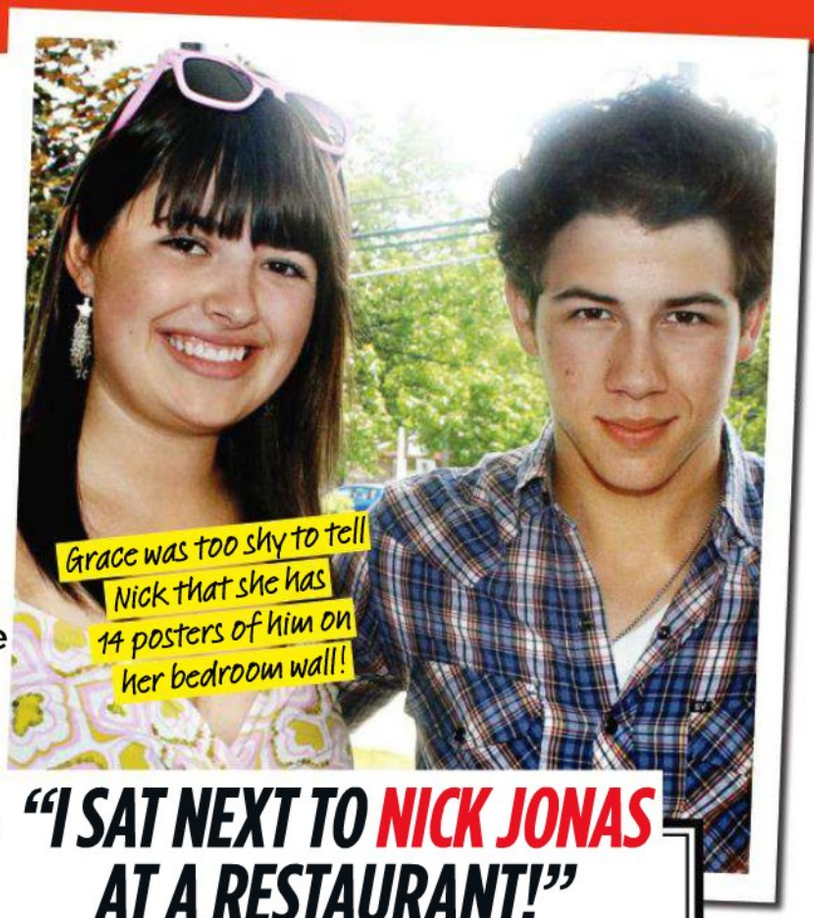
Outsmart Mother Nature
TAMPAX

*Among regular absorbency. **Shorter length.
Claim based on a 2010 test conducted by J&R Coordinating Services, Inc. ©2011 P&G. U by Kotex is a trademark of Kimberly-Clark Worldwide, Inc.

More at magazinesdownload.com or ebook-free-download.net

OMG celeb sightings!

Think you'll never meet anyone famous? These girls had random encounters with their favorite stars—when they least expected it!



"I SAT NEXT TO NICK JONAS AT A RESTAURANT!"

"My friend Shera and I are such **huge Jonas Brothers fans** that we flew from Texas to New Jersey to see them in concert! On the way to the venue, we stopped at a restaurant called Mom's Kitchen in Little Falls. Ten minutes after we sat down, guess who sat at the table next to us? *Nick Jonas!* Shera and I stared at him and then at each other—we tried to stay calm, because we didn't want to **scare him away.** But I was so distracted, I even took a bite out of Shera's wrap by accident! When Nick finished eating his cheeseburger, we asked for a pic. He said, 'Of course!' and then, 'Hi, I'm Nick.' *Duh!* He looked so **gorgeous!** After the concert, because we're total geeks, Shera and I stared at our photos and acted out the moment, oh, 20 times!"

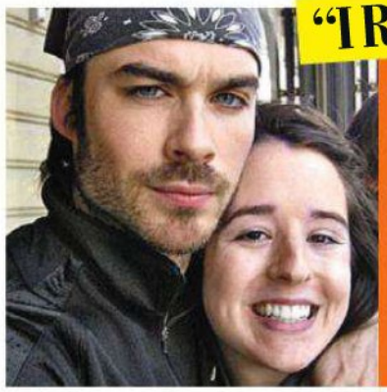
–GRACE, 17, KELLER, TX

Abby is now a Belieber.

"I GOT A BACKSTAGE PASS TO MEET THE BIEBS!"

"A friend of my mom's was over for dinner and I told her that my sister Ariel, my friends, and I were going to the massive Jingle Bash concert that weekend. She said she could hook us up with **backstage passes** to meet Justin Bieber! I wasn't 100 percent into him at the time, but I wasn't going to turn down such a once-in-a-lifetime opportunity. After we met him, I went from feeling 'whatever' to totally **falling in love** with him within seconds. Up close, his hair looked so soft and perfect! I didn't even see any gel, so I have no idea how it stayed in place like that!"

–ABBY, 15, CHICAGO, IL



"I RAN INTO *THE VAMPIRE DIARIES'* IAN SOMERHALDER!"

"While on a family trip to Europe, my mom and I noticed a bunch of girls and photographers outside a hotel. Someone said the cast of ***The Vampire Diaries*** was inside! I really wanted to meet my favorite star, **Ian Somerhalder,** and to see his beautiful blue eyes! Turns out, he's *10 times* hotter in person! When he posed for a pic with me, he pulled me in so close that I thought, Is this real? When I posted the photo on Facebook, some girls even thought he was my *boyfriend*! I said, 'I wish!'"

–MELISSA, 19, GRAYSLAKE, IL

SEVENTEEN.COM Have a story you'd like to share? Tell us at seventeen.com/truestories

STILL LIFE: (BADGE) DMITRY NAUMOV/VEER.

More at magazinesdownload.com or ebook-free-download.net

party reform Olivia has cut back on wild parties like this girls' night!

seventeen's FRESHMAN 15

freshman year fails!

Steer clear of these college F-ups by learning from the Freshman 15's mistakes.

I partied too much!

"In high school I never partied, but as soon as I got to college and no longer had a curfew or my mom around, ***I went wild.*** I was partying every weekend—one night I got so drunk that I tripped and broke my nose! After that embarrassing incident (and a $100 medical bill), I realized I can't use college as an excuse to go crazy. I limit myself to going out twice a week max!"

–OLIVIA, MT. MARY COLLEGE

I blew $3,000!

"Before college, I worked all summer to save cash—then ***spent my whole savings*** first semester! I was so excited to be on my own that I didn't realize I'd dropped nearly $3,000 on clothes, textbooks, and stuff for my apartment. Now I keep a weekly budget, so I know exactly how much I can blow on the fun stuff."

–ESTHER, FLORIDA STATE UNIVERSITY

I got majorly homesick!

"I met tons of people at college, but no one matched the bond I had with my bestie from home—so I spent all my time on the phone with her instead of trying to make new friends. It took me a semester to realize that ***it's okay to feel lonely***—but you can't let it stop you from making an effort. Now I'm slowly getting closer to my new crew."

–NOELIA, WESLEYAN UNIVERSITY

I bombed a class!

"I didn't exactly take my grades seriously first semester—with so much freedom, there was always something more fun to do than study! But when my grade in one class was so bad that I realized I'd have to retake it or change my major, it was a ***huge wakeup call.*** Now I'm stuck signing up for summer school. Ugh! Professors don't check in on you as much as they did in high school, so you have to keep *yourself* on track."

–BRIA, COLUMBIA COLLEGE

SEVENTEEN.COM Hey, seniors—apply *now* for next year's Freshman 15 at seventeen.com/freshman15

Your Favorite App Just Got Better!

INTRODUCING...

Our new App has **all the fun stuff you love**—awesome clothes, cool accessories, vibes for every mood—but with hotter graphics and all-new slideshows **It's easier to use and more fun than ever!**

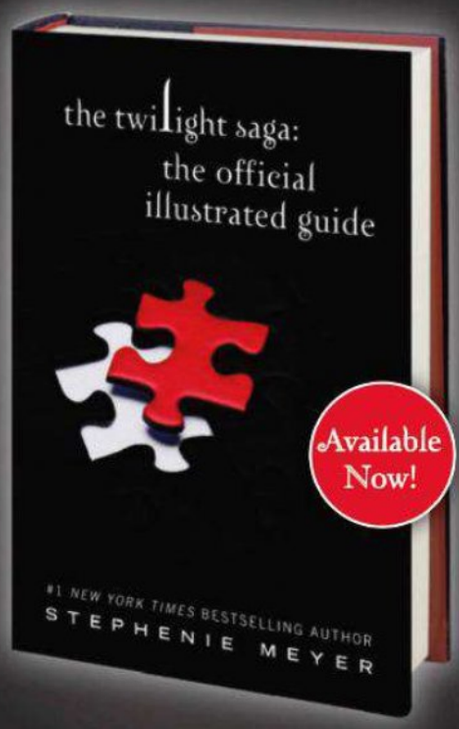
Download our NEW App for FREE from the App Store™ today and flip out!

iPhone is a trademark of Apple Inc.
App Store is a service mark of Apple Inc.

Available on the App Store

Everything you've ever wanted to know.

Ever.



The definitive, must-have guide to The Twilight Saga has arrived—complete with nearly 100 gorgeous full-color illustrations, character profiles, genealogical charts, maps, and much more!

At long last, the pieces come together.

LB
LITTLE, BROWN AND COMPANY
www.thetwilightsaga.com

More at magazinesdownload.com or ebook-free-download.net

THE INSIDER'S GUIDE TO

SUMMER FUN!

It's time to start making your summer plans now! We've got juicy scoop on what's about to be scorching hot!

BY LAUREN BROWN

GAGA: BRENT LEWIS/LANDOV; RIHANNA: CHRISTOPHER POLK/AM2010/GETTY IMAGES; SWIFT: KEVIN KANE/FILMMAGIC; MARS: KEVIN MAZUR/WIREIMAGE; MONTEITH: JEN LOWERY/SPLASH NEWS.

COOL TOURS

THE INSIDER: CHORD OVERSTREET
star of *Glee*

This guy knows a thing or two about performing. Here's what he can't wait to see this summer!

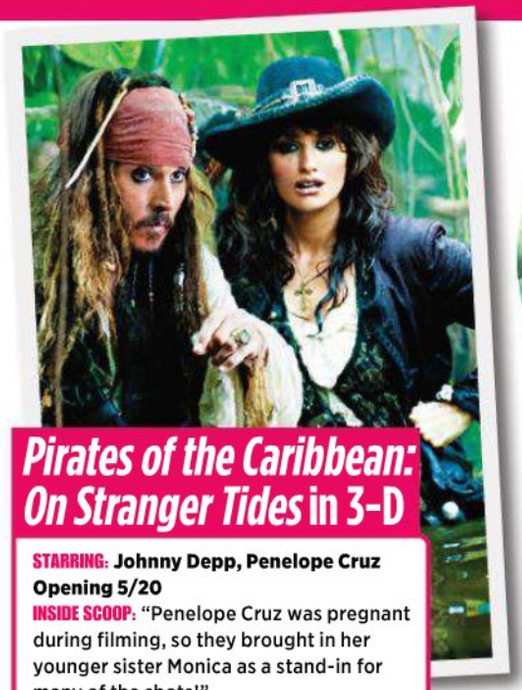
1. **GLEE LIVE TOUR** May 21–June 18
INSIDE SCOOP: "It's going to be awesome, of course! I'm excited to sing those Bieber songs. But fans can expect *all* their favorite numbers from the show—and because it's live, you'll find out that we can really sing!"

2. **LADY GAGA'S BORN THIS WAY TOUR**
Dates to be determined
INSIDE SCOOP: "You never know what she's going to do once she starts performing. Expect even more over-the-top costumes and dance moves you'll want to learn. I hear she's even planning on setting the stage on fire!"

3. **RIHANNA'S LOUD TOUR**
June 4–July 24
INSIDE SCOOP: "Rihanna never lip-synchs, and she performs even her dance hits with a live band. She always surprises people. I can't wait to see how she performs 'S&M!' "

4. **TAYLOR SWIFT'S SPEAK NOW TOUR**
May 27–October 29
INSIDE SCOOP: "Taylor is known for coming right out into the middle of the audience to sing her biggest hits! I'm a huge fan of every song she writes—I'd love to see her sing them live."

5. **BRUNO MARS'S HOOLIGANS IN WONDERLAND TOUR**
Touring May 4–June 16
INSIDE SCOOP: "Bruno is a talented guy with a great ear for producing, so you know he'll put on a must-see show."



Pirates of the Caribbean: On Stranger Tides in 3-D

STARRING: **Johnny Depp, Penelope Cruz**
Opening 5/20
INSIDE SCOOP: "Penelope Cruz was pregnant during filming, so they brought in her younger sister Monica as a stand-in for many of the shots!"

Green Lantern

STARRING: **Ryan Reynolds, Blake Lively**
Opening 6/17
INSIDE SCOOP: "Ryan beat out huge stars for this role. Chris Pine and Justin Timberlake were both in talks for the part—but no one is more superhero-esque than Ryan!"

AWESOME MOVIES

THE INSIDER: KEVIN MANNO
host of MTV's *The Seven*, on weekdays at 5 P.M.!

When big stars stop by his studio, he gets the buzz! Check out the movies his famous guests are talking about!

Friends With Benefits

STARRING: **Justin Timberlake, Mila Kunis**
Opening 7/22
INSIDE SCOOP: "If you think the lead roles of Jamie and Dylan are made for Justin and Mila, it's because they were. Director Will Gluck knew he wanted them in the roles, so he wrote the script around them."

Monte Carlo

STARRING: **Leighton Meester, Selena Gomez, Katie Cassidy**
Opening 7/1
INSIDE SCOOP: "During filming, the girls became inseparable. After every take, they'd just lean into each and laugh. They'd finish a scene, and Selena would walk up to Leighton, hold her hand, and hug her—very sisterly."

NEW SHOWS

THE INSIDER: JESS G., *Seventeen* Buzz Girl

Read Jess's TV reviews every week at seventeen.com/buzzgirls!

THE GREAT STATE OF GEORGIA
ABC Family, June 29
"Raven-Symoné is back on TV as an aspiring actress looking for her big break—and she's looking amazing with her new fit figure!"

GLEE PROJECT
Oxygen, June
"This reality show searches for the next Rachel Berry and gives him/her a seven-episode stint on *Glee*. It's a Gleek's wish come true."

MTV MOVIE AWARDS
MTV, June 5
"With *Social Network* and *Never Say Never* in theaters this year, you can expect both your favorite Justins there."

SWITCHED AT BIRTH
ABC Family, June 6
"Newcomers Katie Leclerc and Vanessa Marano are teens from very different worlds who find out they were switched as newborns—major drama!"

OVERSTREET: JOHN SHEARER/WIREIMAGE. *PIRATES OF THE CARIBBEAN*: PETER MOUNTAIN/DISNEY ENTERPRISES, INC. *GREEN LANTERN*: COURTESY OF WARNER BROS. PICTURES.™ & © DC COMICS. MANNO: JIM SPELLMAN/WIREIMAGE. *FRIENDS WITH BENEFITS*: DAVID GIESBRECHT/SONY PICTURES PUBLICITY. *MONTE CARLO*: LARRY HORRICKS/COURTESY OF FOX.COM. *SWITCHED AT BIRTH*: BRUCE BIRMELIN/ABC FAMILY. *MTV MOVIE AWARDS*: SPLASH NEWS. *GLEE PROJECT*: ADAM ROSE/FOX. *GREAT STATE OF GEORGIA*: LOU ROCCO/GETTY IMAGES.

More at magazinesdownload.com or ebook-free-download.net

NEW STARS

THE INSIDER: JARED ENG of JustJared.com and JustJared Jr.com

It's his job as a celebrity blogger to know who we should care about—so he's looping you in on the names you need to know now!

Tyler Posey, Crystal Reed & Tyler Hoechlin

WHERE YOU'LL FIND THEM: Starring on MTV's *Teen Wolf*, airing June 5.
WHY THEY'RE HOT: "Tyler Posey actually auditioned for the role of Jacob Black in *Twilight*! He still gets to play a wolf in this series based on the campy '80s movie—only this version promises to be much edgier and sexier."

Willow Smith

WHERE YOU'LL FIND HER: Working on her debut album, out later this year.
WHY SHE'S HOT: "She's blowing up with her second single, '21st Century Girl.' And she already toured the UK with Justin Bieber (her brother Jayden's best friend), so she's got big plans to take the music world by storm."

Skyler Samuels

WHERE YOU'LL FIND HER: Starring in ABC Family's *The Nine Lives of Chloe King*, airing June 14.
WHY SHE'S HOT: "You know her as a mean girl on *Wizards of Waverly Place*. But now she plays Chloe King, a normal teen who has a near-death experience—and finds out she's part of a mysterious ancient race!"

Bridgit Mendler

WHERE YOU'LL FIND HER: Starring in the Disney Channel TV-movie musical *Lemonade Mouth*, airing April 15.
WHY SHE'S HOT: "Bridgit sings seven songs on the *Lemonade Mouth* soundtrack, but she isn't looking for a record deal of her own. She wants to concentrate on acting—and season two of her hit Disney show, *Good Luck Charlie*, will be airing all summer long."

Elle Fanning

WHERE YOU'LL FIND HER: Starring in the sci-fi thriller *Super 8*, in theaters 6/10.
WHY SHE'S HOT: "*Super 8* is major for Elle because she's working with powerhouses J.J. Abrams (*Lost*) and Steven Spielberg. She is also the fan favorite for the role of Prim in the movie adaptation of *The Hunger Games*."

Kendall & Kylie Jenner

WHERE YOU'LL FIND THEM: Stealing the spotlight from Kim in the new season of *Keeping Up with the Kardashians* on E! in June.
WHY THEY'RE HOT: "This season, *they're* the ones booking the big modeling campaigns and gigs! (Pssst: You'll even see Kendall shoot a fashion story for an upcoming issue of *Seventeen*!)"

HOT MUSIC

THE INSIDER: JESSICA N., *Seventeen* Buzz Girl

Read Jessica's reviews every week at seventeen.com/buzzgirls!

SELENA GOMEZ

"She's back with a pop dance album that's all about self-empowerment—her first single, 'Who Says,' is already a smash hit!"

JOE JONAS

"He's working with mega producers Danja and Rob Knox, who both worked on Justin Timberlake's big hits. We think his single 'Just in Love with You' is about his ex Ashley Greene!"

JASON DERULO

"Jason Derulo promises a pop record that you won't be able to get out of your head. (Pun intended!)"

ALLSTAR WEEKEND

"The guys recorded more than 30 songs for their new CD and are opening for Selena Gomez all summer. Insider tip: After the show, they always come out to meet fans!"

ENG: DIMITRIOS KAMBOURIS/WIREIMAGE. TEEN WOLF: BRIAN TO/FILMMAGIC. SAMUELS: JON KOPALOFF/FILMMAGIC. JENNERS: JASON MERRITT/GETTY IMAGES. ALLSTAR WEEKEND: BRIAN KILLIAN/WIREIMAGE. DERULO: RAY GARBO/WENN.COM. JONAS: PAUL MORIGI/WIREIMAGE. GOMEZ: KEVIN MAZUR/WIREIMAGE. MENDLER: MICHAEL TRAN/FILMMAGIC. SMITH: KEVIN WINTER/DCNYRE2011/GETTY IMAGES. FANNING: DAVID LIVINGSTON/WIREIMAGE.

forget magazinesdownload.com or ebook-free-download.net

HAVING CLEAR SKIN DOESN'T MEAN IT HAS TO BE DRY.
Clearasil® Science: Daily Face Wash helps visibly reduce breakouts by 85% in just 4 weeks. Its new formula keeps pores clear even after washing while replenishing moisture for clean and soft skin. You'll look and feel awesome fast.
THE SCIENCE OF LOOKING AWESOME
Clearasil®
Learn more about Clearasil Science @clearasil.us
Clearasil
Daily Clear™
Oil-Free
Daily Face Wash
Clearer skin everyday, with added moisturizer

seventeen

MAY 2011

- Emma Roberts p. 126
- Suit Up! p. 132
- The Best Love Advice (in 140 Characters or Less!) p. 142
- Poolside Pretty p. 146
- The Pressure to Be Perfect p. 154

We've got the best summer ideas for you: the cutest suits, the prettiest hair, and the shortest (and smartest!) love advice! Plus, Emma Roberts reveals the secrets to total happiness!

MAIN PHOTO: ANNA PALMA. FASHION STYLIST: ELISE WILSON AT RAYBROWNPRO.COM. HAIR: DAVID CRUZ FOR REDKEN/CUTLER NYC AT RAYBROWNPRO.COM. MAKEUP: KYRIAKI SAVRANI FOR DIOR AT FACTORY DOWNTOWN. PROP STYLIST: RICHIE OWINGS FOR HALLEY RESOURCES.

More at magazinesdownload.com or ebook-free-download.net

EMMA ROBERTS

THE REAL GIRL BEHIND THE BIG SMILE.

BY CARISSA ROSENBERG TOZZI

PHOTOGRAPHS BY KENNETH WILLARDT

ON EMMA: Top, Love Sam; tights, H&M; gold necklace, Disaya; silver necklace, Betsey Johnson; gold flower ring, Elli by Double Happiness Jewelry; aqua flower ring, Stephen Dweck; multicolor stone ring, Erica Anenberg; boots, Vulcan.

More at magazinesdownload.com or ebook-free-download.net

ON EMMA: Vintage top and skirt, What Goes Around Comes Around, Los Angeles; necklace (worn as headband), Ben-Amun; ring, her own.

Emma Roberts might just be the happiest girl in Hollywood. Everything makes her smile, whether it's reading ("If I have a 10-minute break on a shoot, I'll get a chapter done. I'll even read when I'm watching TV—I'll mute the commercials!"), watching *Pretty Little Liars* ("It's my guilty pleasure!"), or, frankly, just sitting around doing nothing but talking ("I'm a big talker—I'm always wanting to discuss things!"). But she's also the first person to admit that she's had her not-so-lovable moments. "When I look at pictures of myself, even if I'm smiling, I can see I was not happy," she admits. "When you are 16, everything annoys you because you feel like nobody is getting it."

It's hard to believe she was ever so angsty. After all, she's lived every girl's dream: At 12, she landed the lead role on the TeenNick series *Unfabulous* and became TV's cutest tween queen. "Growing up, I watched *All That* and *Clarissa Explains It All*—all the Nickelodeon shows—and I would dream of my own show," she admits. "I remember I auditioned 10 times. And when I got it, I was just the happiest girl alive." But when the series ended three years later, Emma's life was overwhelming. Not only was she left trying to figure out what career move to make next, but she was also dealing with major issues in her personal life: a father, Eric Roberts, who publicly struggled with drugs (she's lived with her mom and stepdad since she was a kid), and a series of dramatic relationships, including one with actor Alex Pettyfer—who, it's been widely reported, has her initials tattooed on the inside of his wrist.

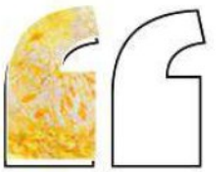
At a time when everything around her was completely confusing, she just put one foot in front of the other and went right back into acting again. She's worked steadily, appearing in a string of indie films, like *It's Kind of a Funny Story* and *Twelve (*with Chace Crawford, who she's rumored to be seeing), and the big-budget comedy *Valentine's Day*. Her quirky choice of roles was her way of busting through any comparisons people would make to her famous Aunt Julia, who's always been known for her sugary rom-coms. But it also put to rest any preconceived notions that nepotism got her the jobs in the first place. The truth is, Emma can act—just read any of the rave reviews she's gotten throughout her career from the tough critics at *The New York Times* and the *Los Angeles Times*. And when she landed a starring role in this spring's most buzzed-about thriller, *Scream 4*—alongside major actresses like Anna Paquin and Hayden Panettiere—everyone took notice. Emma opens up about her painful past—and her super-bright future.

17: You recently turned 20. But if you could be any age right now, what would you want to be?

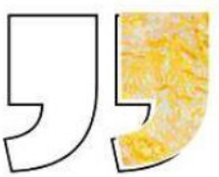
Emma Roberts: Turning 20 made me realize that I want to be young and have fun. When I was 16, I was very frustrated all the time. I felt like nobody understood me. School was stressful, working was stressful, and it's a really tough time for girls to be friends. I felt like I was always in a rush to get somewhere, when I had no idea where that was. Now I just feel content, and I feel like that's a nice place to be. I've learned that I want to have great people in my life and lots of love in my life, and just enjoy it. I wish I had realized that sooner.

17: Did you do anything rebellious?

ER: When I was 16, I was obsessed with wearing red lipstick. And my mom was like, "Emma you *cannot* wear red lipstick—it makes you look trashy." But I would wear



WHEN I WAS 16, I WAS VERY FRUSTRATED ALL THE TIME. I FELT LIKE NOBODY UNDERSTOOD ME.



it anyway. And I don't know why—it was my only rebellion. I would wear red lipstick when I wasn't home, and I just thought I was so cool. And now I know red lipstick does *not* suit me.

17: Did you ever go through a stage when you *tried* to dress sexy?

ER: Sexy when I was younger always meant boobs, and I've never had boobs in my whole life—so I always felt sexy was out of the question for me. I used to really want to be that kind of voluptuous girl, and I've just kind of embraced that I'm not.

17: What advice would you give your 16-year-old self about that time?

ER: You always think you have to be one thing or the

More at magazinesdownload.com or ebook-free-download.net

other. Do I have to be the smart girl? Do I have to be the nerdy girl? Or do I have to be the popular girl? You think you have to be one of these labels, because other people say so? No! I wish that I had known that you could just be your own person.

17: Are you more confident now with guys too?
ER: I'm very, very social, so I'm always talking to everyone, but I'm old-fashioned in the sense that I'm not going to chase a boy, and I think that boys need to pick up the phone. I can't stand when boys ask out girls over texts! I think it's so rude. If you want to ask a girl out on a date, call her.

17: Have you ever dated a guy who texted you too much?
ER: I've been in situations where guys like to have long conversations over texts. And I just think, His friends could be telling him what to say. He could be witty over texts and then have no personality in person. I think it's important to talk on the phone and hear a guy's voice and make it personal. I'm guilty of asking my friends how I should reply to a text—and then they tell you what to say and you realize your friend is having a relationship with that person instead of you!

17: You have dated actors and nonfamous guys. Which is better?
ER: I used to make rules, like I'm never dating an actor ever again. But that's so unrealistic. I don't like to say no to anything. I'm open. It's whomever I click with.

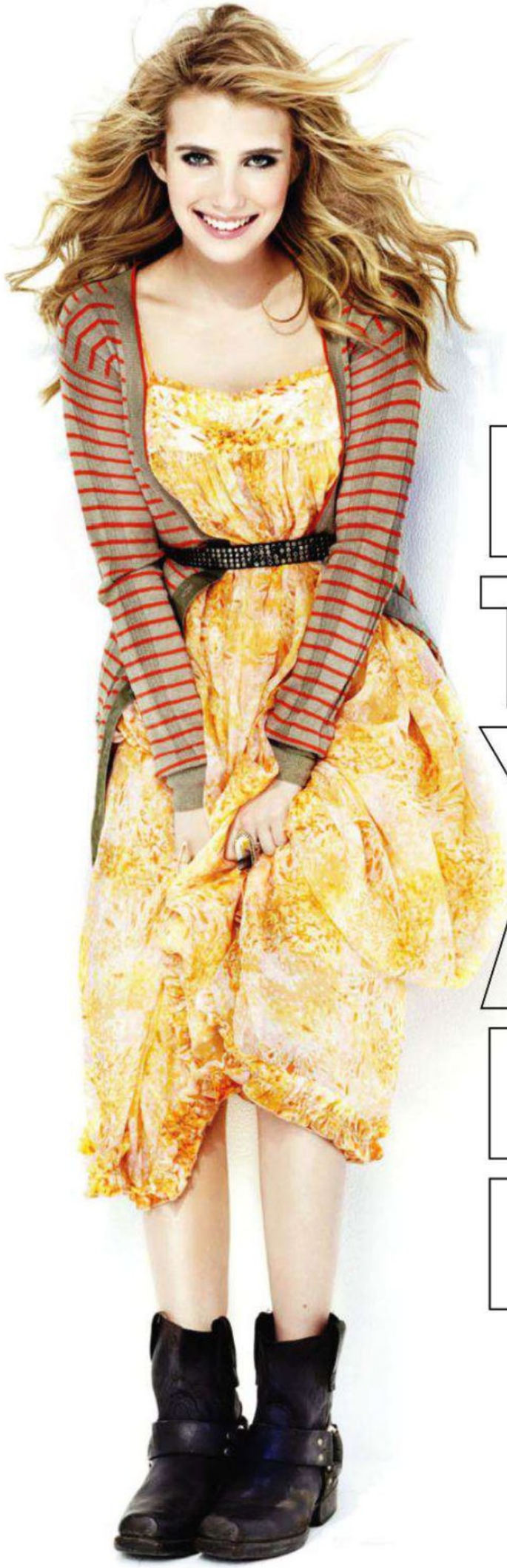
17: When it comes to relationships, what kind of girlfriend are you?
ER: I'm sensitive, but I'm good at putting things into perspective. I take relationships seriously. I like having a boyfriend. I think that it's nice—when you have that support and that love in your life, it's amazing. But I think also when you don't have it, it's not something to be upset about. I have a lot of friends who are so upset by the fact that they are single, and it's like, Just have fun! Take up a hobby. Have time with yourself. Having alone time is something that's underrated with people my age these days. People don't really ever want to take time for themselves and I think it's important.

17: Do you spend time by yourself?
ER: I love spending time by myself! I go to the movies by myself. I love to go out to dinner alone and bring a book with me. And it's really funny because sometimes people think that I'm sad that I'm alone, so they'll try to make conversation—and it's like, Oh, great! I tried to come to dinner by myself and now people are talking to me. I also like to see romantic movies alone; I think it's nice to go by yourself and to be really into the story. I cry at movies, so I like to be able to be emotional.

17: At one point you were thinking about going to college. Is that something you still want to do?
ER: I deferred for a year to go to a school on the East Coast, and I'm hoping to go there in the fall. But it's one of those things where I'm really torn! I would love to study novel-writing, but at the same time, I also really love to act. I'm hoping I'll be able to take the time off [to go to college], because I do think it's important to have other interests.

17: Other than acting, what's next for you?
ER: I just hope to travel to amazing places and meet new people, like I've been doing. I hope to do something in fashion, maybe collaborate with a designer. And personally I would love to be a great cook and a good guitar player. But honestly, I just hope to be as happy as I am now, because I'm *so* happy.

Style Director: Beau Quillian for Celestine Agency. Fashion Stylists: Emily Current and Meritt Elliott at Starworksartists.com. Hair: Campbell McAuley for Soloartists.com/Ctonics. Makeup: Pati Dubroff for Clarins at The Wall Group. Manicure: Lisa Postma for Celestineagency.com. Prop Stylist: Steve Halterman.



ON EMMA: Sweater, Marc by Marc Jacobs; dress, Jill Stuart; belt, Streets Ahead; gold ring, Laruicci; silver ring, Stephen Dweck.

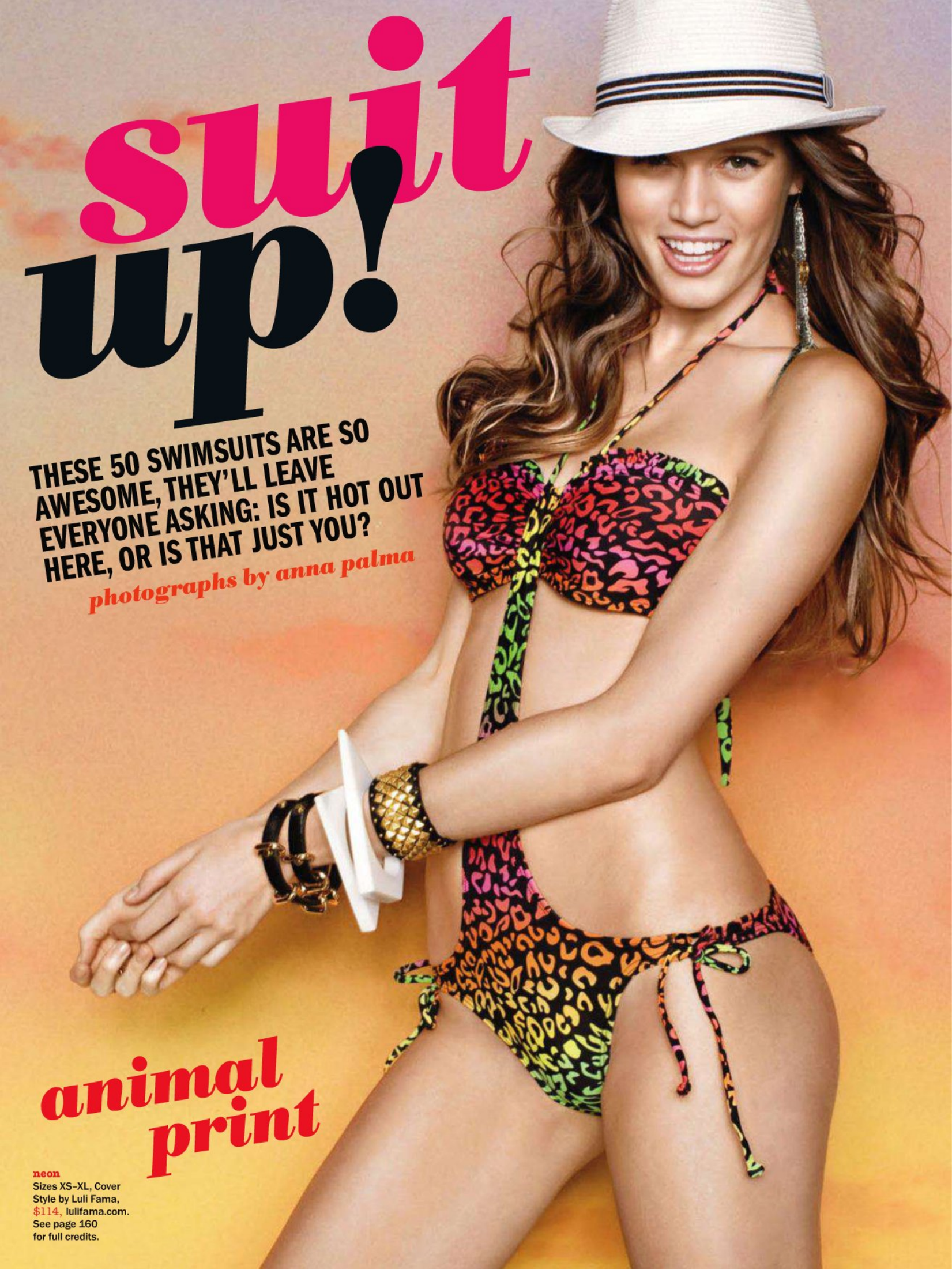
"I WANT TO BE YOUNG AND HAVE FUN!"

More at magazinesdownload.com or ebook-free-download.net

suit up!

THESE 50 SWIMSUITS ARE SO AWESOME, THEY'LL LEAVE EVERYONE ASKING: IS IT HOT OUT HERE, OR IS THAT JUST YOU?

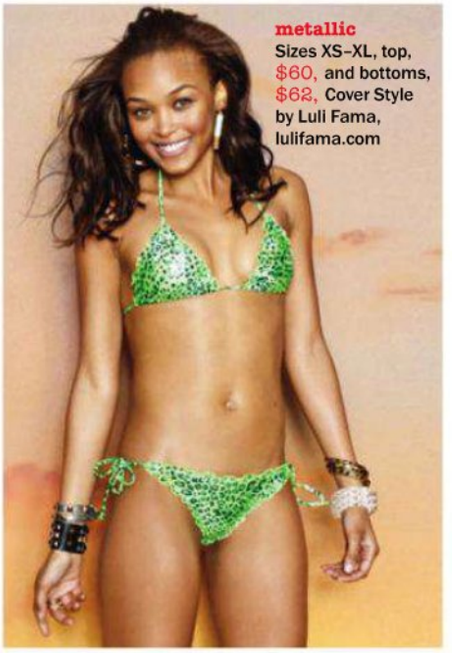
photographs by anna palma



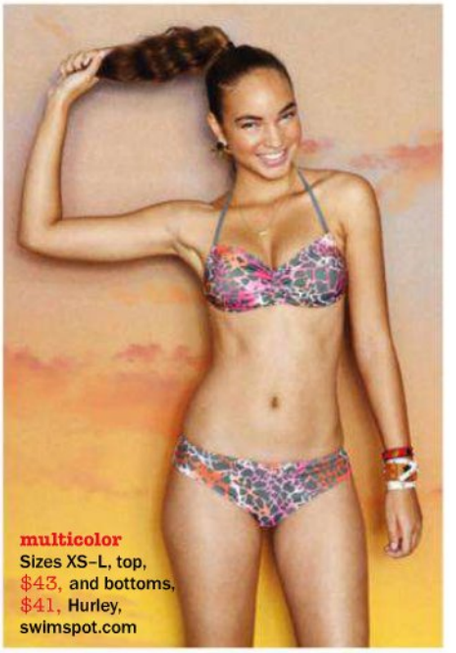
animal print

neon
Sizes XS–XL, Cover Style by Luli Fama, $114, lulifama.com.
See page 160 for full credits.

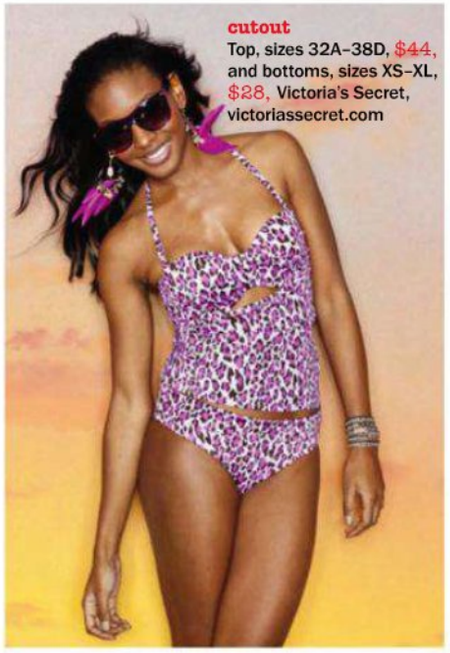
ring detail
Sizes XS–L, top, $49, and bottoms, $47, Guess, Guess stores and guess.com



metallic
Sizes XS–XL, top, $60, and bottoms, $62, Cover Style by Luli Fama, lulifama.com



multicolor
Sizes XS–L, top, $43, and bottoms, $41, Hurley, swimspot.com



cutout
Top, sizes 32A–38D, $44, and bottoms, sizes XS–XL, $28, Victoria's Secret, victoriassecret.com

string
Sizes XS–L, Victoria's Secret PINK, $16 each piece, vspink.com

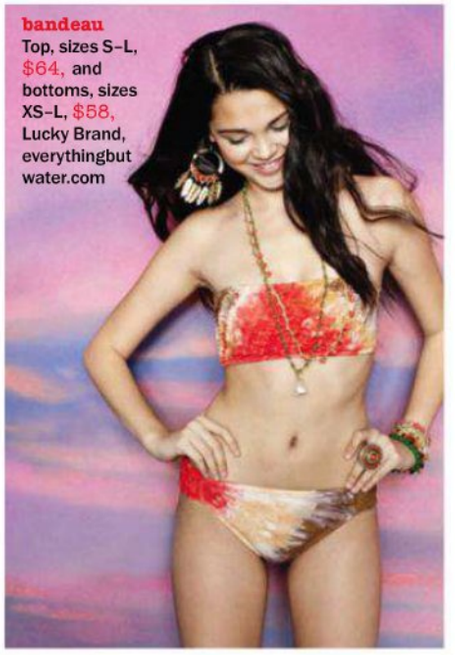
camo
Sizes S–L, Make Me Chic, $26, makemechic.com

center-tied
Sizes S–XL, Winki Girl, $25 each piece, Burlington Coat Factory stores

monokini
Sizes XS–L, Victoria's Secret, $58, victoriassecret.com

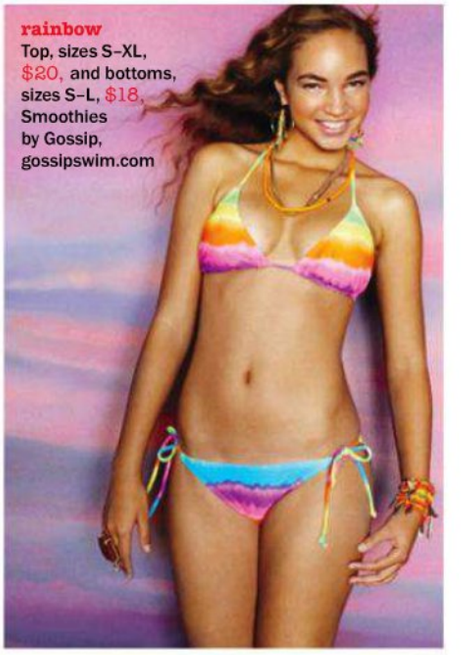
electric blue
Sizes S–XL, Winki Girl, $25 each piece, Burlington Coat Factory stores

More at magazinesdownload.com or ebook-free-download.net

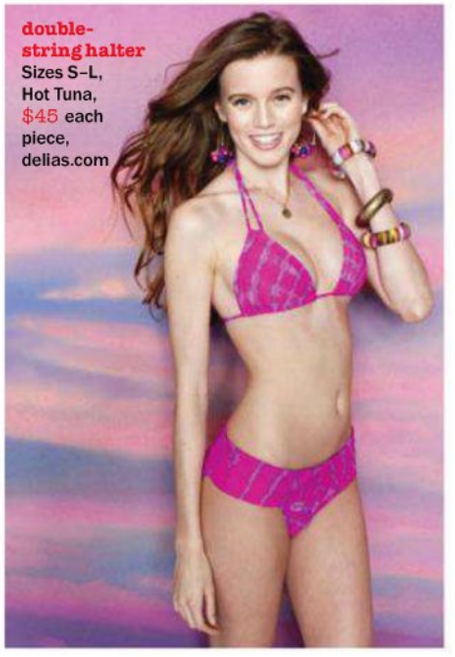


bandeau
Top, sizes S–L, $64, and bottoms, sizes XS–L, $58, Lucky Brand, everythingbutwater.com

side cutout
Sizes XS–L, Volcom, $82, volcom.com

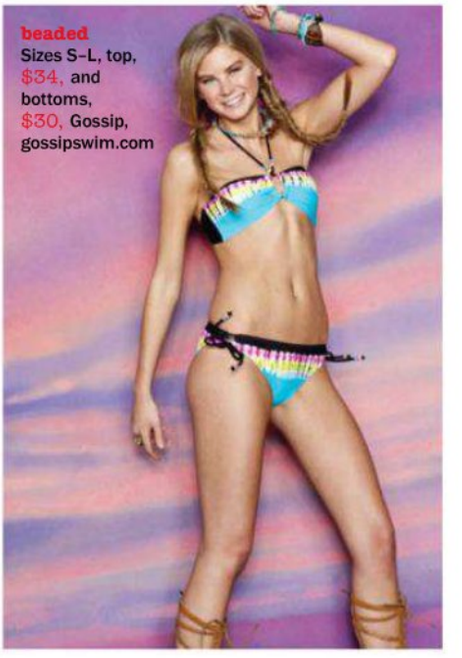


rainbow
Top, sizes S–XL, $20, and bottoms, sizes S–L, $18, Smoothies by Gossip, gossipswim.com

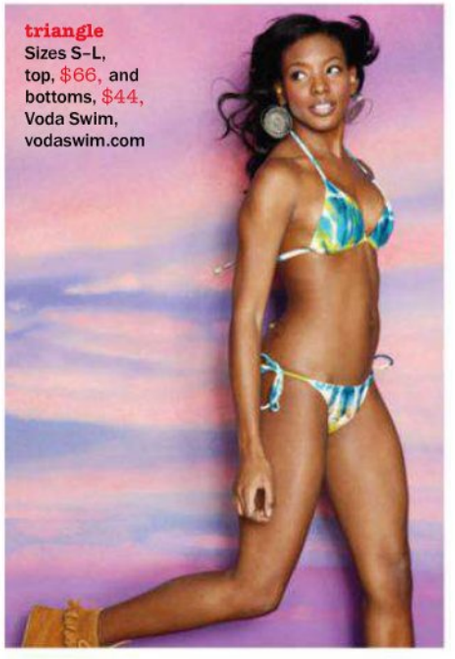


double-string halter
Sizes S–L, Hot Tuna, $45 each piece, delias.com

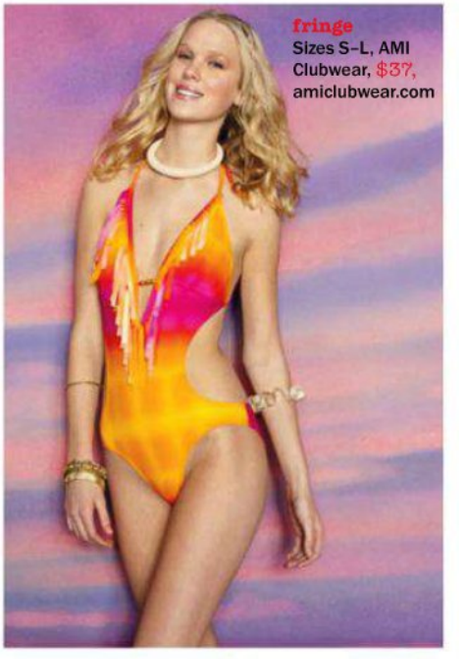
super-bright
Sizes S–L, Hot Tuna, $38 each piece, shopkatwalk.com



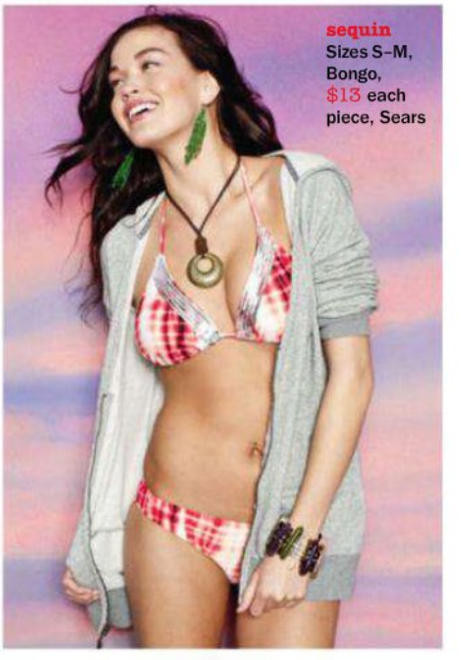
beaded
Sizes S–L, top, $34, and bottoms, $30, Gossip, gossipswim.com



triangle
Sizes S–L, top, $66, and bottoms, $44, Voda Swim, vodaswim.com

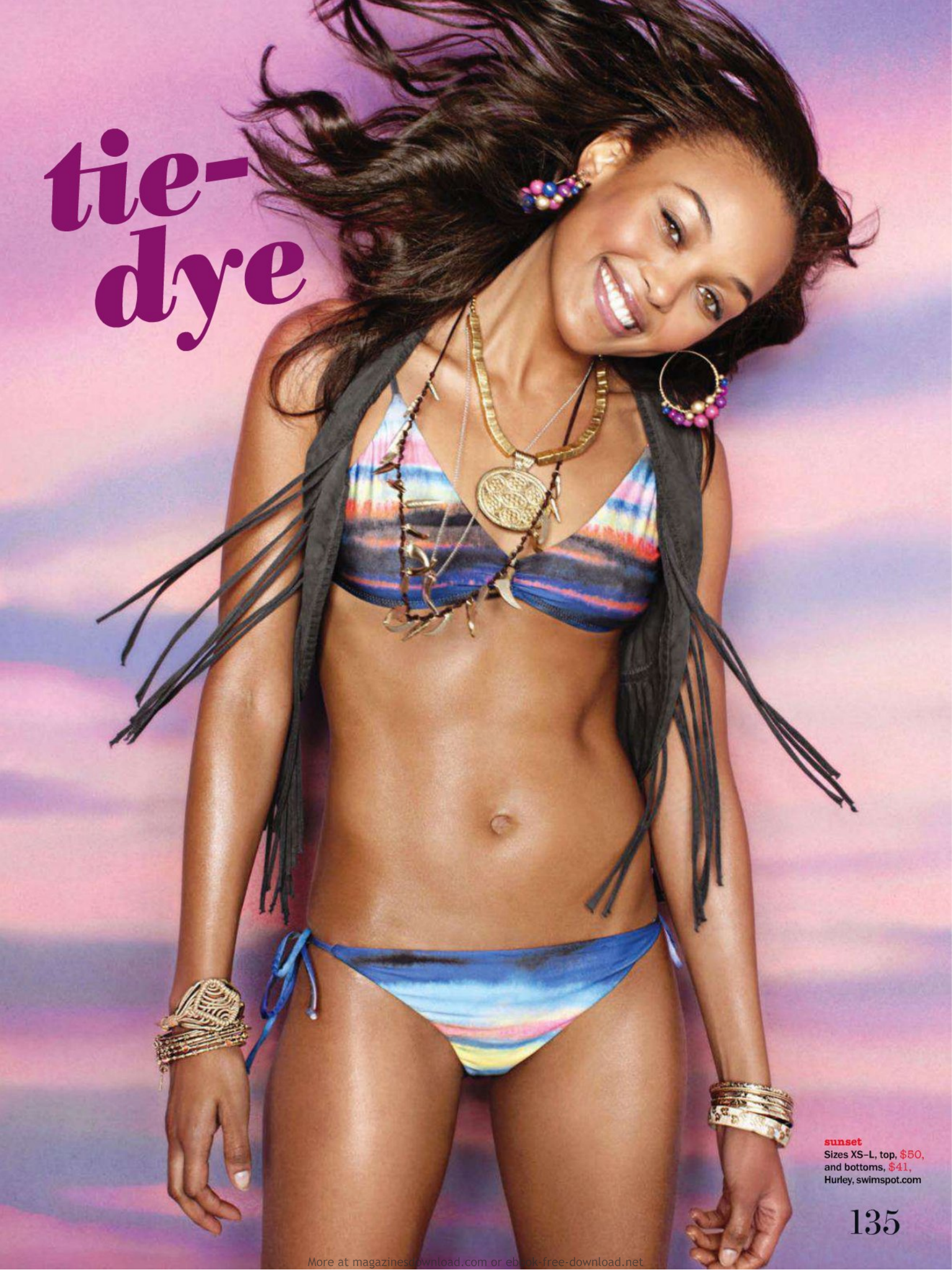


fringe
Sizes S–L, AMI Clubwear, $37, amiclubwear.com



sequin
Sizes S–M, Bongo, $13 each piece, Sears

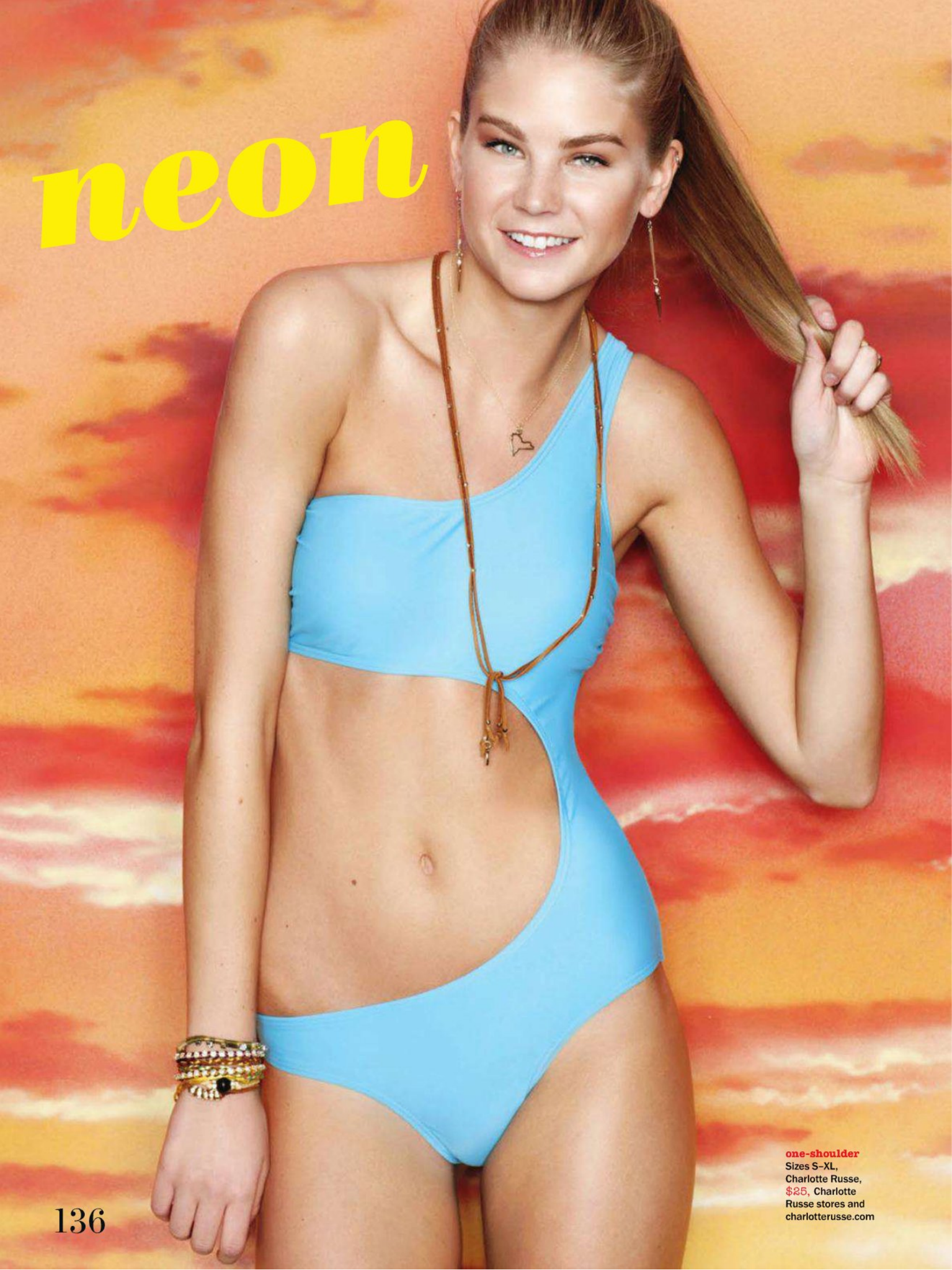
tie-dye



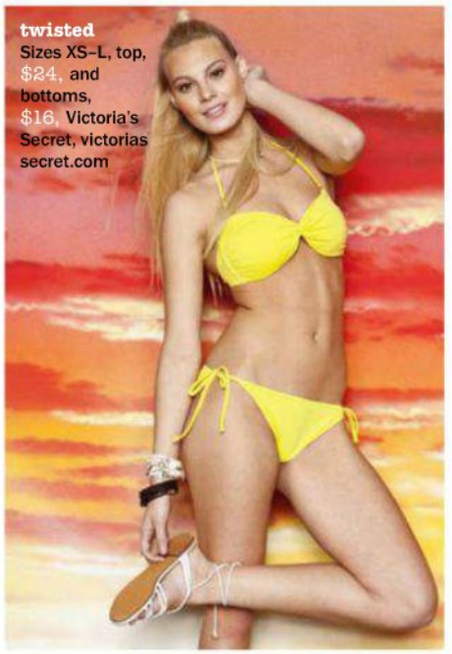
sunset
Sizes XS–L, top, $50, and bottoms, $41, Hurley, swimspot.com

More at magazinesdownload.com or ebook-free-download.net

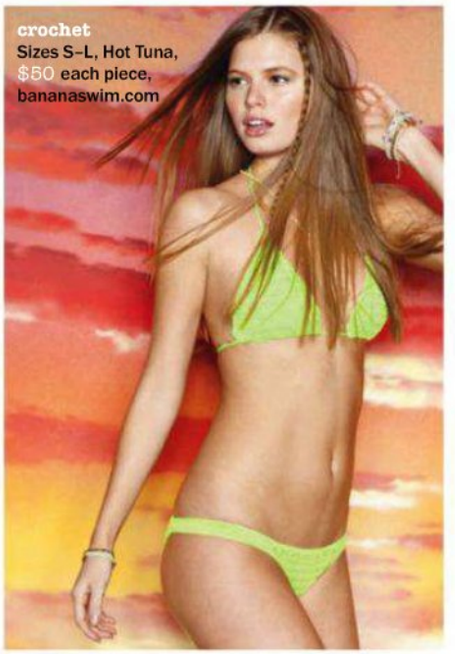
neon



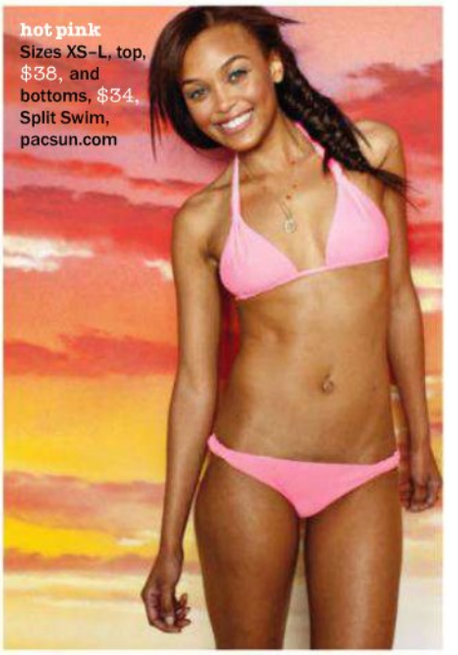
one-shoulder
Sizes S–XL, Charlotte Russe, $25, Charlotte Russe stores and charlotterusse.com



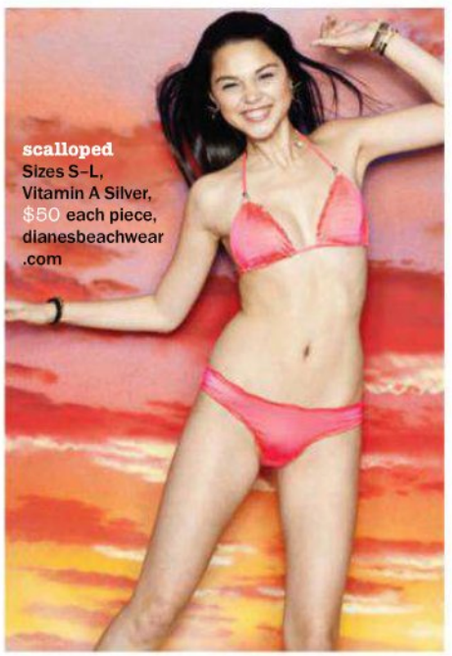
twisted
Sizes XS–L, top, $24, and bottoms, $16, Victoria's Secret, victoriassecret.com



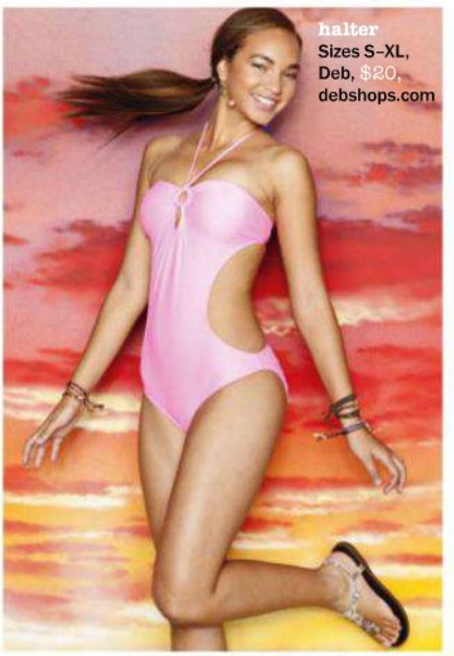
crochet
Sizes S–L, Hot Tuna, $50 each piece, bananaswim.com



hot pink
Sizes XS–L, top, $38, and bottoms, $34, Split Swim, pacsun.com

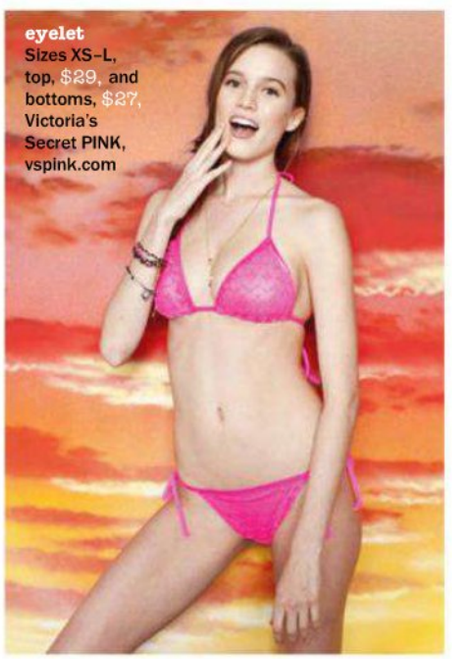


scalloped
Sizes S–L, Vitamin A Silver, $50 each piece, dianesbeachwear.com



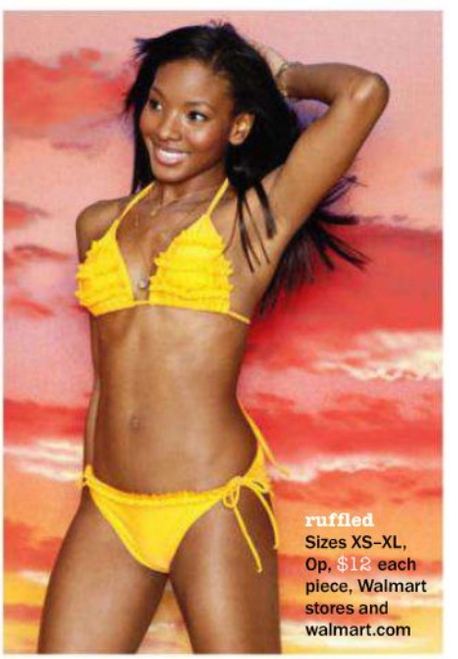
halter
Sizes S–XL, Deb, $20, debshops.com

yellow top
Sizes S–XL, GoJane, $20, gojane.com.
blue bottoms
Sizes S–L, Billabong, $42, billabong.com.



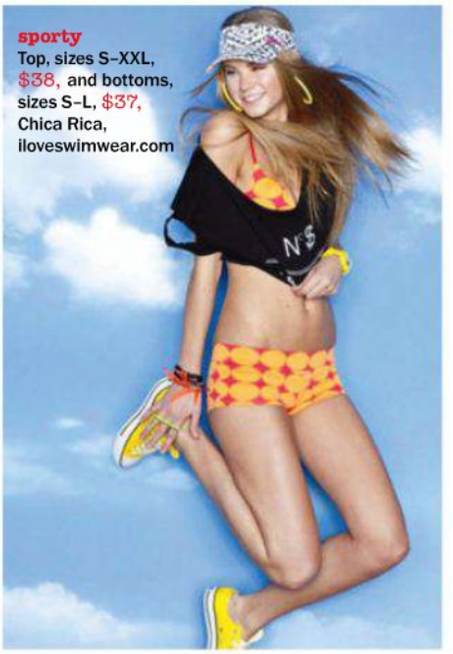
eyelet
Sizes XS–L, top, $29, and bottoms, $27, Victoria's Secret PINK, vspink.com

a-line
Sizes S–L, Jelly Swimwear, $20 each piece, iloveswimwear.com

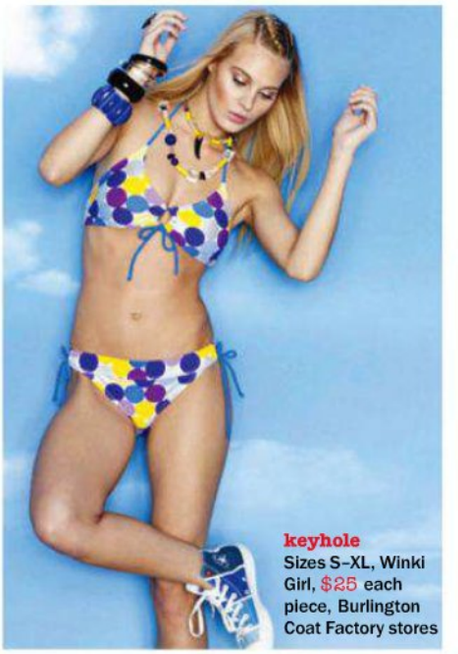


ruffled
Sizes XS–XL, Op, $12 each piece, Walmart stores and walmart.com

More at magazinesdownload.com or ebook-free-download.net



sporty
Top, sizes S–XXL, $38, and bottoms, sizes S–L, $37, Chica Rica, iloveswimwear.com



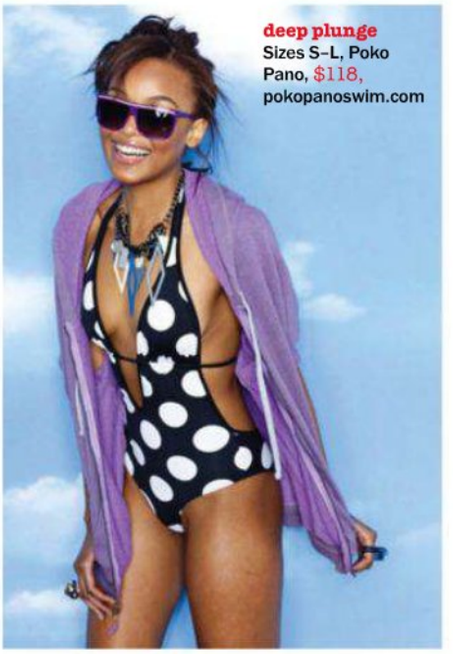
keyhole
Sizes S–XL, Winki Girl, $25 each piece, Burlington Coat Factory stores

ruffled trim
Sizes S–L, Urbanog, $10 each piece, urbanog.com

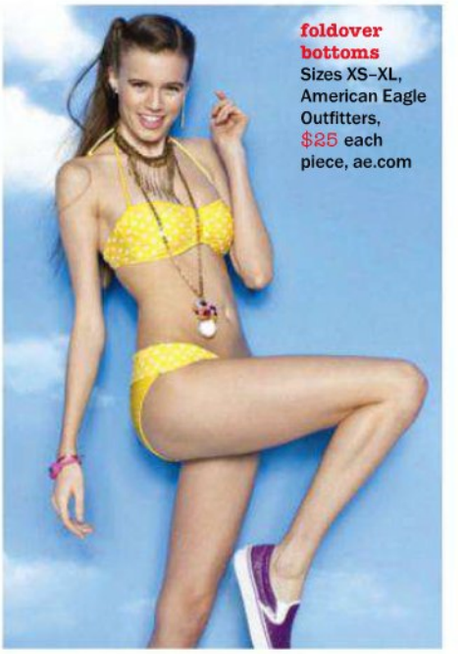
contrast piping
Sizes XS–XL, Arizona by jcpenney, $15 each piece, jcpenney and jcp.com

side-ruched
Sizes XS–XL, top, $30, and bottoms, $25, Delia's, delias.com

double side tie
Sizes S–L, Reef, $33 each piece, swimspot.com

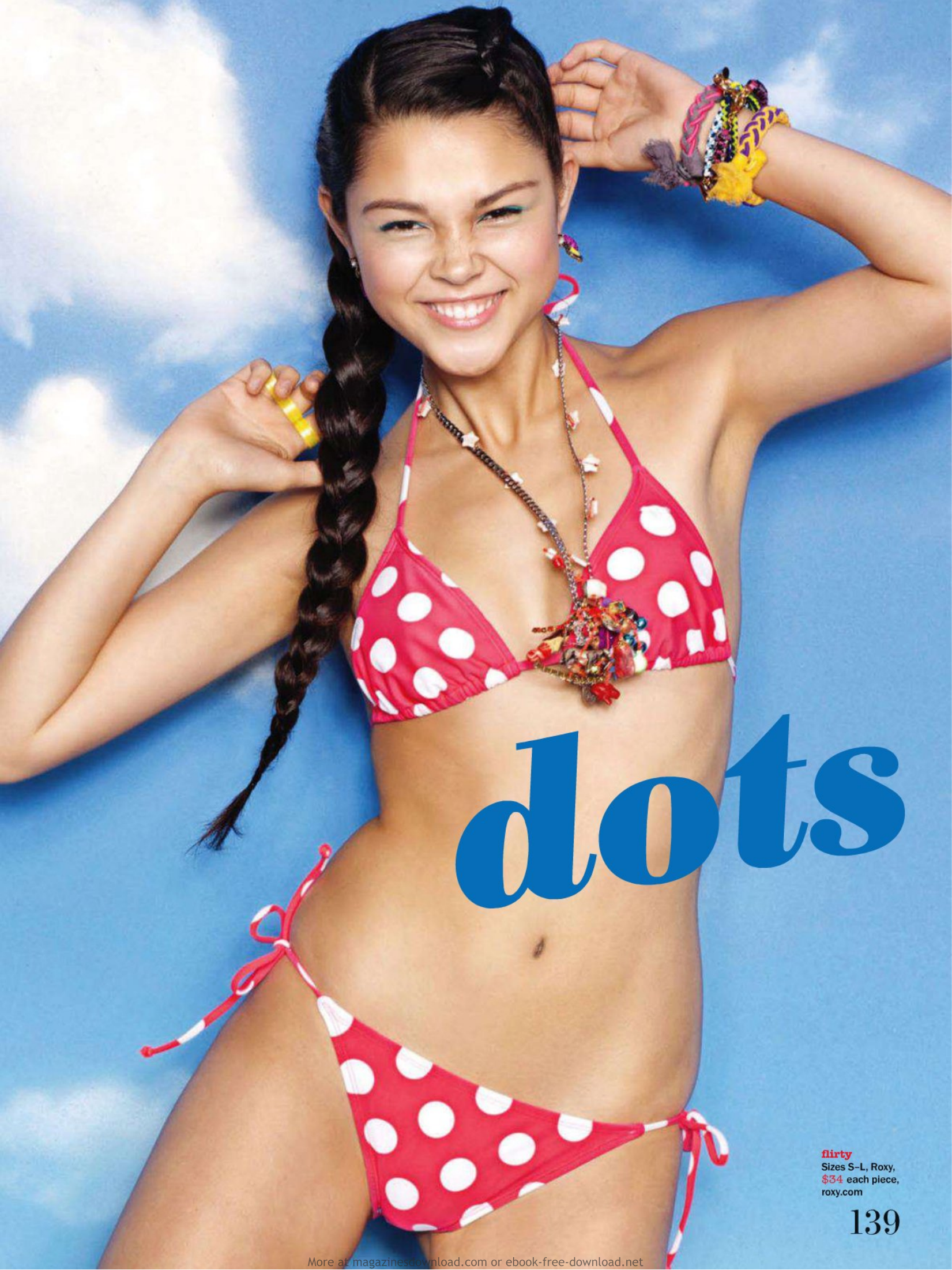


deep plunge
Sizes S–L, Poko Pano, $118, pokopanoswim.com



foldover bottoms
Sizes XS–XL, American Eagle Outfitters, $25 each piece, ae.com

swirl print
Sizes S–L, Vitamin A Silver, $50 each piece, dianesbeachwear.com



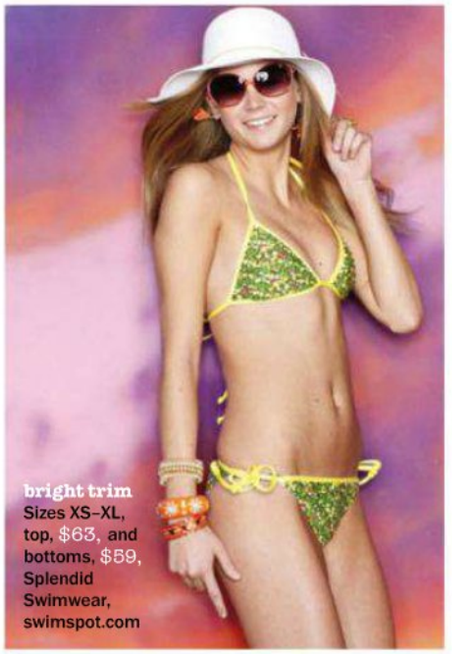
dots

flirty
Sizes S–L, Roxy, $34 each piece, roxy.com

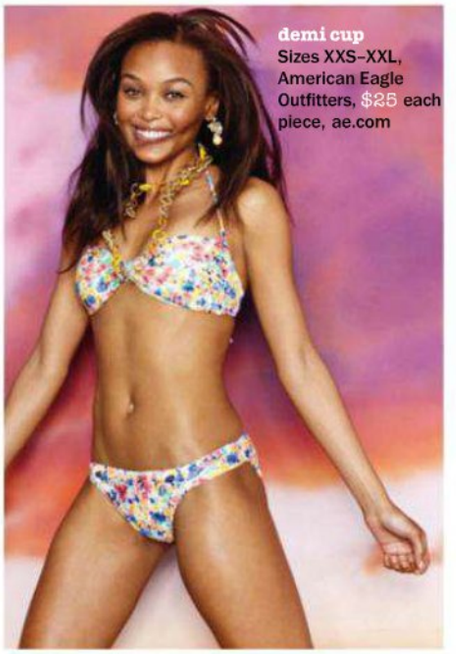
More at magazinesdownload.com or ebook-free-download.net

floral

adjustable top
Sizes XS–XL, Kirra, $20 each piece, PacSun stores and pacsun.com



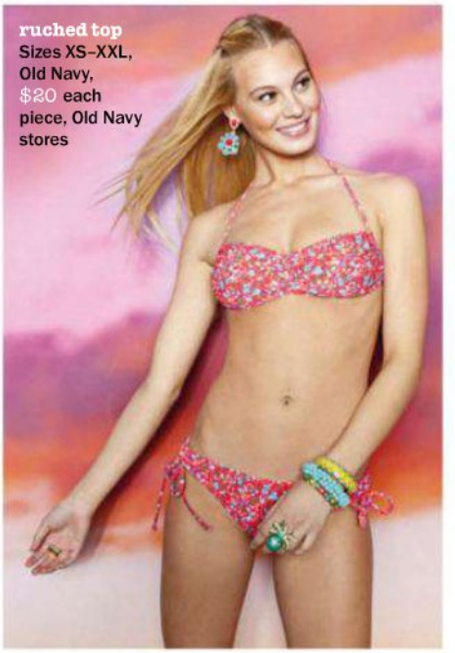
bright trim
Sizes XS–XL, top, $63, and bottoms, $59, Splendid Swimwear, swimspot.com



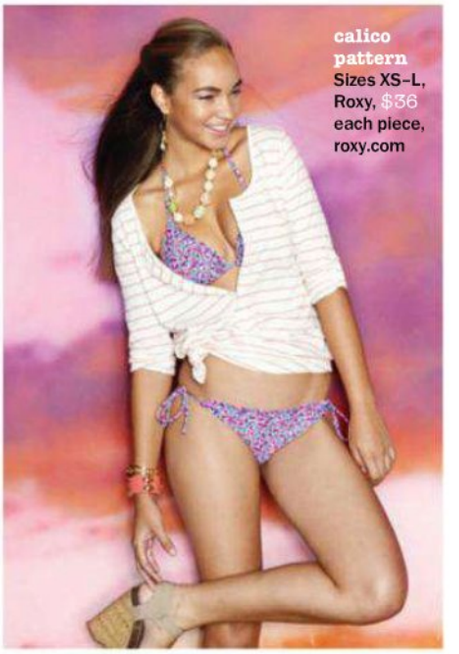
demi cup
Sizes XXS–XXL, American Eagle Outfitters, $25 each piece, ae.com

one-piece
Sizes 8–16, Beach House, $81, Dillard's

v-neck tankini
Sizes XS–L, top, $51, and bottoms, $37, Guess, Guess stores and guess.com

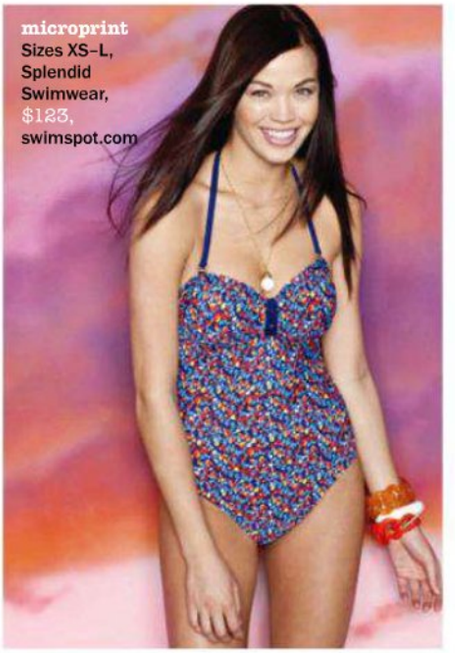


ruched top
Sizes XS–XXL, Old Navy, $20 each piece, Old Navy stores

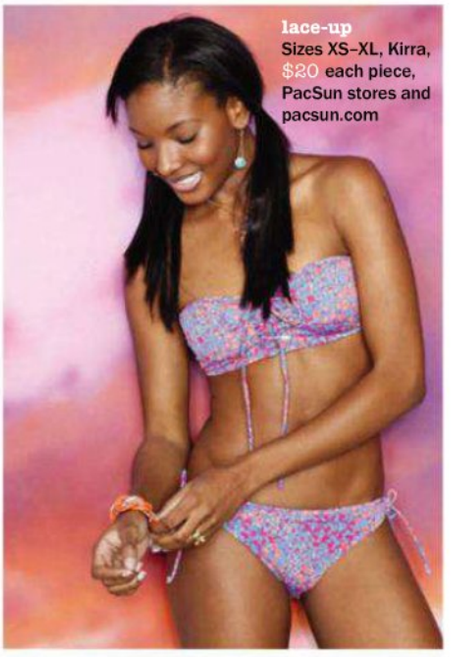


calico pattern
Sizes XS–L, Roxy, $36 each piece, roxy.com

watercolor
Sizes S–L, Quiksilver, $75, quiksilver.com



microprint
Sizes XS–L, Splendid Swimwear, $123, swimspot.com



lace-up
Sizes XS–XL, Kirra, $20 each piece, PacSun stores and pacsun.com

Fashion Stylist: Elise Wilson atRaybrownpro.com. Hair: David Cruz for Redken/Cutler NYC at Raybrownpro.com. Makeup: Kyriaki Savrani for Dior at Factory Downtown.

More at magazinesdownload.com or ebook-free-download.net

#sneakyways to tell he's smitten: He dresses like you without even meaning to!

MAIN PHOTOS: COLETTE DE BARROS. (MODELS USED FOR ILLUSTRATIVE PURPOSES ONLY.) FASHION STYLIST: BEAU QUILLIAN FOR CELESTINE AGENCY. HAIR: AARON LIGHT FOR REDKEN/CELESTINEAGENCY.COM. MAKEUP: JENNA ANTON FOR NARS COSMETICS AT SEE MANAGEMENT. ON HER: SWEATER, AMERICAN EAGLE OUTFITTERS; TOP, H&M; SHORTS, CITY STREETS; SUNGLASSES, GIRLPROPS.COM; SHOES, MODELS OWN. ON HIM: SHIRT, NORSEA INDUSTRIES; JEANS, EXPRESS; SANDALS, AMERICAN EAGLE OUTFITTERS. KE$HA: SPLASH NEWS.

the best love advice (in 140 characters or less!)

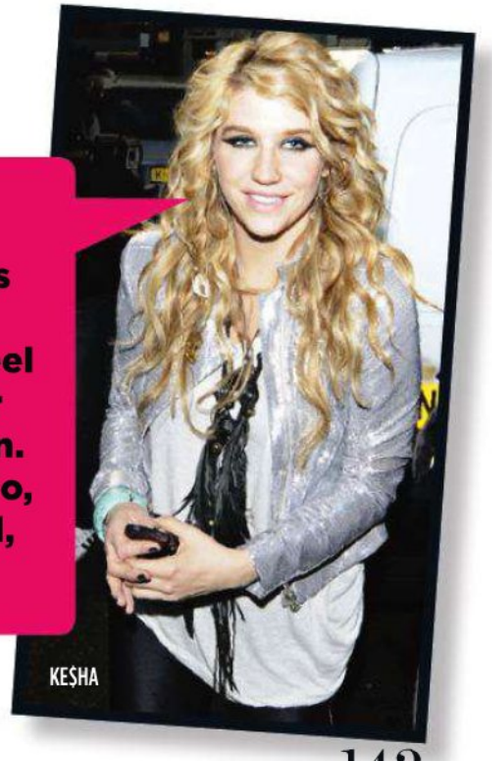
Everything you need to know boils down to a few wise words. So @seventeenmag is keeping it short and *tweet*! by elisa benson

#FlirtyMoves to Try Now

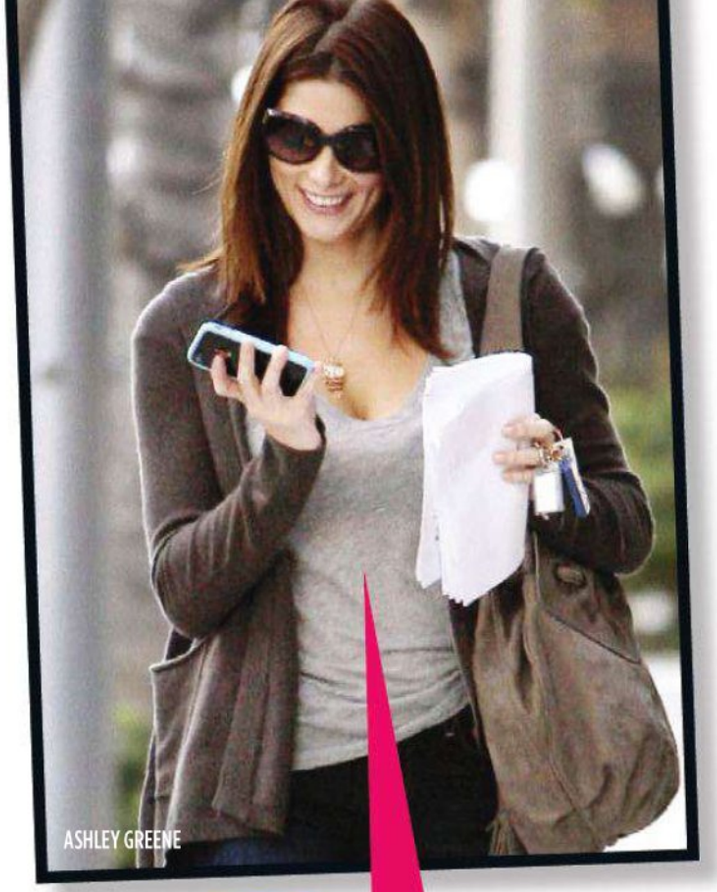
- **What you say** to a guy isn't as important as *how* you say it. A coy smile and a knowing look makes every line seem extra flirty.
- **Wear a T-shirt** with your favorite band on it—it gives him a risk-free way to break the ice.
- **Talk with your body!** Make yourself approachable by turning yourself toward him, making eye contact, and keeping your phone in your purse.
- **"You were in my dream last night!"** is flirtext gold—sweet, personal, and guaranteed to get a reply.

#celebsecret

RT @keshasuxx
Your first love is the hardest to get over. You feel like you'll never fall in love again. But when you do, it's just as good, if not better.


KE$HA

More at magazinesdownload.com or ebook-free-download.net

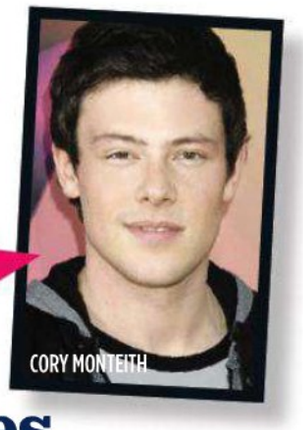


#celebsecret

RT @AshleyMGreene Never let a guy make you feel like you're not worth his time.

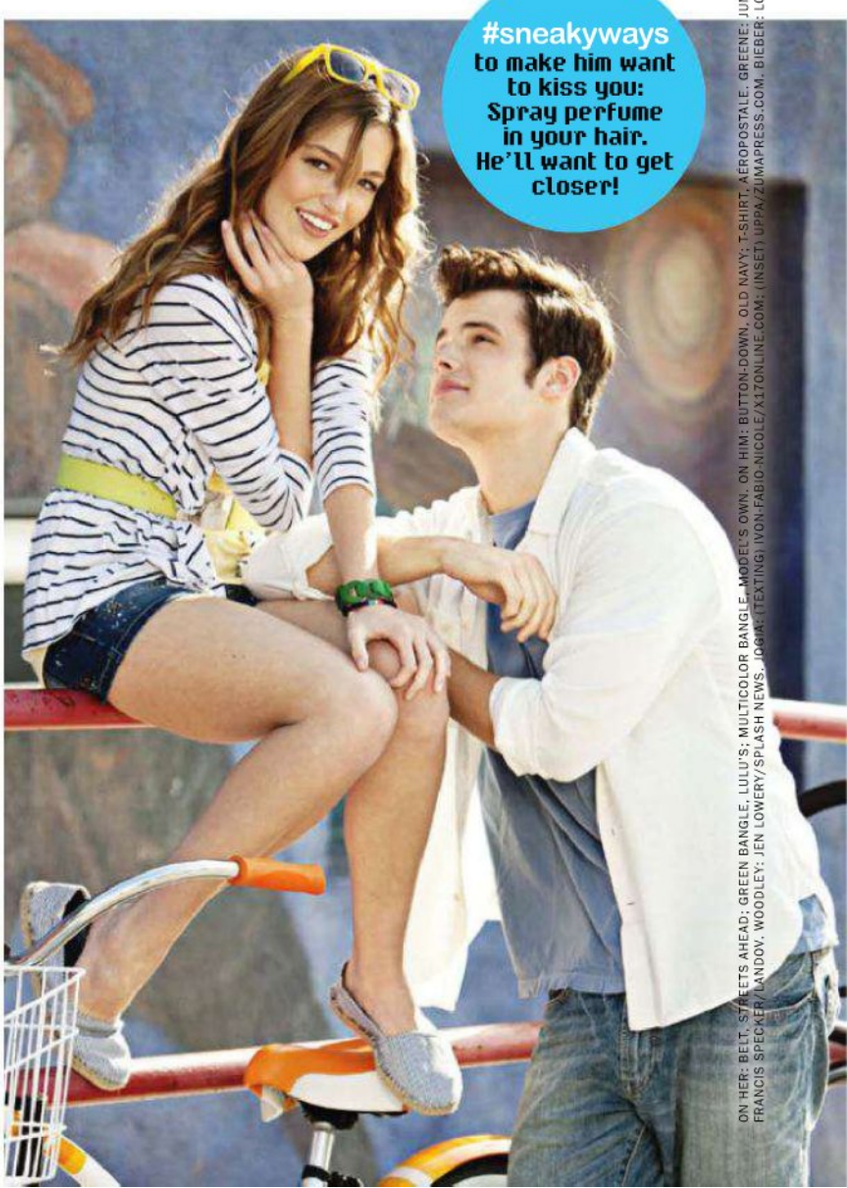
#celebsecret

RT @Frankenteen Make people laugh, catch people off guard. The simple stuff is the most important.



#1stDates

- **The cutest thing** you can wear on a date is a smile!
- **Avoid the movies** (2 quiet 2 talk!) Do things that inspire conversation: Go bowling, take a walk in the park, or grab coffee @ a bookstore.
- **If he kisses you at the end of the night,** he likes you! If he's too nervous to kiss you, he *really* likes you. ;)
- **He can't wait to text you after** = good sign! He can't wait to text other people *during* = bad sign.
- **It's not where he takes you** or how much he spends. A great date is about how you feel in the end!



ON HER: BELT, STREETS AHEAD; GREEN BANGLE, LULU'S; MULTICOLOR BANGLE, MODEL'S OWN. ON HIM: BUTTON-DOWN, OLD NAVY; T-SHIRT, AEROPOSTALE. GREENE: JUNIOR/X17ONLINE.COM. MONTEITH: FRANCIS SPECKER/LANDOV. WOODLEY: JEN LOWERY/SPLASH NEWS. JOGIA: (TEXTING) IVON-FABIO-NICOLE/X17ONLINE.COM; (INSET) UPPA/ZUMAPRESS.COM. BIEBER: LONDON ENT/SPLASH NEWS.

#17READERADVICE

RT @Jennay7392 Don't go into a relationship with a million expectations or all you will see are the flaws. **(jennifer, 18, beecher, il)**

RT @TeenThings Look for the one who will pick you up when the rest of the world knocks you down. **(meaghan, 16, smithtown, ny)**

RT @Camilascloset Breaking trust is like tearing a piece of paper and throwing it into the wind . . . you'll never get all the pieces back. **(maria, 19, las vegas, nv)**

RT @x1fearless1x Don't take things too seriously. Have fun, enjoy each other's company, don't think about falling, just let yourself go. **(shaquetta, 18, brooklyn, ny)**

RT @Tamrafriss If you are confused if he likes you still . . . then he doesn't. If he did, you would know. **(tamra, 17, chatham, ny)**

RT @coua Relationships don't come with rules. Make some, break some. Perfect is boring. **(coua, 21, minneapolis, mn)**

#17HOTGUYS QUICKTIPS

RT @JayGoetz Best way to get a guy's attention = walk by him and smile. Do it twice, just to make sure he gets the message. **(jared, 17, stirling, nj)**

RT @Jetliseo Love has many obstacles. A breakup just brings you one step closer to your perfect half. **(eliseo, 17, granada hills, ca)**

RT @17hotguymikey Let the guy pay on the first date. Trust me, we want to! **(mike, 19, bronx, ny)**

RT @Trevorcole22 I like girls who can do a funny dance, draw a cute pic on a note, or use a corny pickup line. If she's goofy, I'm hooked. **(trevor, 19, mansfield, tx)**

RT @DeliceKellian Treat guys the way *you* would want to be treated. **(kellian, 17, brooklyn, ny)**

AVAN JOGIA

#celebsecret

RT @ATJogia
If you're interested in somebody, be interested. Don't just *act* interested. If you genuinely want to know someone, that shows.

#InARelationship

- **Spontaneous arguments** are a sign of passion; repeated arguments are a sign of drama. Stop relapsing and start rehabbing.
- **Don't forget to flirt** with your boyfriend—wink at him across the room, tell him how cute he looks. It'll bring back those early butterflies.
- **On vacay this summer,** go old-school and send him a postcard. Your sweet surprise will last way longer than a text.
- **After a breakup,** replace *his* number in your phone with your BFF's. You'll never send an embarrassing ex-text again!

SHAILENE WOODLEY

#celebsecret

RT @ShaileneDW
Make sure you're independent and not codependent.

#ToughLove

- **If he chats up other girls all night,** then tells you he's just being "friendly," #NotWorthYourTime
- **If he makes zero effort** around your friends, or only wants to hang out one-on-one, it's just a #fling.
- **Not all games** are meant to be played. If he *never* lets you win, it's time to walk away.
- **When a guy makes you cry** more than he makes you laugh, time to #DumpHisSorryA**!
- **Random hookups** are like glitter—fun at night but hard to shake off in the morning.

JUSTIN BIEBER

#celebsecret

RT @justinbieber
Just be yourself and if he likes you, he likes you. You can never force it.

spread the love! **Tweet your own best love advice to @seventeenmag using hashtag #17love. We'll RT readers all month long!**

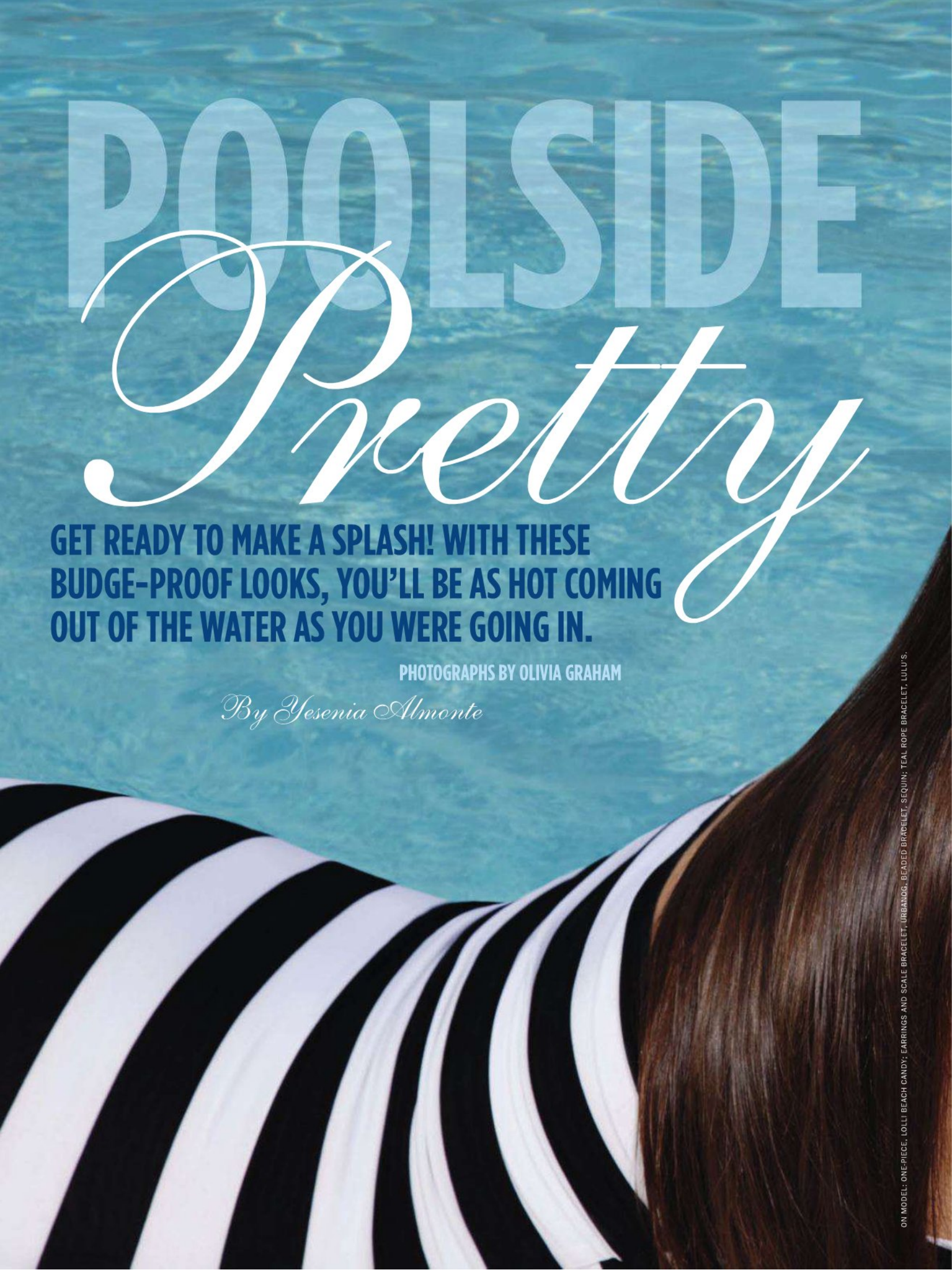
More at magazinesdownload.com or ebook-free-download.net

POOLSIDE *Pretty*

GET READY TO MAKE A SPLASH! WITH THESE BUDGE-PROOF LOOKS, YOU'LL BE AS HOT COMING OUT OF THE WATER AS YOU WERE GOING IN.

PHOTOGRAPHS BY OLIVIA GRAHAM

By Yesenia Almonte



ON MODEL: ONE-PIECE, LOLLI BEACH CANDY; EARRINGS AND SCALE BRACELET, URBANOG. BEADED BRACELET, SEQUIN; TEAL ROPE BRACELET, LULU'S.

SLICK PONY

TURN POSTSWIM HAIR INTO A SLEEK STYLE! JUST COMB A CONDITIONING SERUM THROUGH EACH STRAND (FOR MEGA SHINE!) AND PULL IT STRAIGHT BACK.

More at magazinesdownload.com or ebook-free-download.net

DIP-DYED LASHES

DO THE LAPS, KEEP THE LASHES! AN EYELASH STAIN GOES BEYOND WATERPROOF—IT KEEPS THEM LONG AND THICK FOR FOUR DAYS!

ON MODEL, THIS PAGE: BIKINI AND NECKLACE, BETSEY JOHNSON; EARRINGS, LULU'S. ON MODEL, OPPOSITE PAGE: COVER-UP, BILLABONG; EARRINGS, FOREVER 21; BLUE-AND-ORANGE BRACELET, FANTASY JEWELRY BOX; SILVER STUDDED BRACELET, SEQUIN; GEM BRACELET, CHARLOTTE RUSSE; PLASTIC TEAL BRACELETS, LULU'S.

BEACHY WAVES

USE A TEXTURIZING SALT SPRAY TO CREATE WINDBLOWN WAVES THAT WON'T CRASH!

More at magazinesdownload.com or ebook-free-download.net

BATHED IN BRONZE

WITH A WATERPROOF BRONZER ON YOUR CHEEKS AND A LONG-WEARING SHIMMERY SELF-TANNER ON YOUR BOD, YOU'LL LOOK SUN-KISSED ALL DAY.

ON MODEL, THIS PAGE: BIKINI, AMI CLUBWEAR; EARRINGS, M. HASKELL; NECKLACE, HELEN FICALORA; ORANGE-AND-GOLD BANGLES, LULU'S. ON MODEL, OPPOSITE PAGE: BIKINI, BETSEY JOHNSON; NECKLACE, URBANOG.

AQUA EYES

FOR SMUDGY EYES THAT DON'T FADE AWAY, USE SMEAR-PROOF OCEAN-HUED LINERS. SOFTEN THE LINE UNDERNEATH YOUR EYES WITH YOUR FINGER, THEN SWIPE IT ACROSS YOUR LIDS.

More at magazinesdownload.com or ebook-free-download.net

SAILOR KNOTS

CREATE TOPKNOTS AS HIGH AS THE TEMPERATURE! USE A HUMIDITY-FIGHTING MOUSSE, AND THEN PULL YOUR HAIR INTO TWO PIGTAIL BUNS.

ON MODEL: ONE-PIECE, VANS; EARRINGS, LULU'S.

POOLPROOF IDEAS!

DON'T LET YOUR LOOK WASH AWAY! DIVE INTO THESE GENIUS SWIM-RESISTANT PRODUCTS.

AQUA EYES

try: Make Up For Ever Aqua Liners in #4 Lagoon Green and #5 Turquoise Blue, $23 each, sephora.com

BEACHY WAVES

try: Redken Nature's Rescue Radiant Sea Spray, $17, redken.com for salons

SAILOR KNOTS

try: Tresemmé Climate Control Mousse, $5, drugstores

BATHED IN BRONZE

powder: Cargo Water Resistant Bronzer, $28, cargocosmetics .com

lotion: Victoria's Secret Beach Sexy Adjustable Self-Tan Lotion with Shimmer, $12, Victoria's Secret stores

SLICK PONY

try: Wella Professionals Stay Brilliant Color Protecting Wet Lotion, $13, wella.com for salons

DIP-DYED LASHES

try: Hard Candy Lash Ink Lash Stain Mascara in Black, $7, Walmart stores

Fashion Stylist: Annebet Duvall. Hair: Miok for Wella Professionals/Judy Casey, Inc. Makeup: Robin Schoen for Dior Beauty at Utopia. Manicure: Donna D for Artistsbytimothypriano.com and Chanel. Still Lifes: David Lewis Taylor/Studio D. Prop Stylist: Marisa Gimeno for Halley Resources.

More at magazinesdownload.com or ebook-free-download.net

THE
PRESSURE
TO BE
PERFECT
Stay

Before rehab, Demi Lovato spent all of her time and energy trying to live up to the huge expectations she'd set for herself. But like for so many girls, pretending everything was fine only made things worse.

BY MEGHANN FOYE

Last summer, Demi Lovato's life seemed perfect. Her Disney Channel show, *Sonny with a Chance,* was a hit; *Camp Rock 2* was all anyone could talk about; and she was gearing up for a world tour with the Jonas Brothers. On the inside, though, Demi felt like she was about to explode. She and Joe Jonas had broken up—and she still had to see him every day as they promoted the movie and performed together. Plus, she'd begun to grow apart from her best friend, Selena Gomez. Demi was emotionally and physically exhausted. She knew she needed a break, yet she didn't tell her friends and family because she felt obligated to make *Camp Rock 2* and the tour a success. One night at a concert she was so tired, she passed out backstage between songs, but then went right back on. "I didn't want anyone to be able to say that there was someone else working harder than I was," she says.

Demi thought she'd buried her issues. She had been struggling with depression since she was a kid, and later started cutting herself, starving herself, or bingeing and purging. But now, the pressure cooker of her life began to boil over and Demi returned to destructive behaviors. She felt constant anxiety about looking thin, pretty, and poised every time she stepped outside. It got so intense that she blew up and punched one of the dancers on her tour. That was the final straw. "I basically had a nervous breakdown," says Demi. "I was really bad off. My parents and my manager pulled me aside and said, 'You need to get some help.' It was an intervention. I wanted freedom from the inner demons. I wanted to start my life over." Demi agreed to go into intensive in-patient treatment for the eating disorders and emotional issues.

The whole world now knows how Demi, 18, unraveled, yet millions of girls are suffering in private with the soul-crushing feeling that they can never measure up no matter how hard they try, and four out of five girls say that they feel *overwhelmed* by the pressure, according to a 2011 *Seventeen*/Yahoo! survey. But it doesn't have to be this way—there are healthy ways to get through the day without having a panic attack, lashing out at someone, or hurting yourself.

74%
of teens and young women feel pressure to be "perfect."
SOURCE: A 2011 *SEVENTEEN*/YAHOO! SURVEY

MAIN PHOTO: ASHLEY BARRETT. FASHION STYLIST: BEAU QUILLIAN FOR CELESTINE AGENCY. HAIR AND MAKEUP: LEAH TRIAL FOR CLOUTIER REMIX AND DIOR BEAUTY. ON DEMI: SWEATER, C & C CALIFORNIA; TOP, PAUL & JOE SISTER; EARRINGS AND RING, STYLIST'S OWN; BRACELET, FENDI.

More at magazinesdownload.com or ebook-free-download.net

HOW IT TAKES HOLD

Everyone wants to look her best and do well in school and sports. But for so many girls, a drive for excellence soon turns into an obsession. Maybe you agonize over getting just the right look, and tell yourself you're ugly if you can't. Or a friend told you that you look great in jeans and now you find yourself sucking in every day to re-create that skinny-girl ideal. Or maybe you're so focused on being the best on your team or in class that you shut down in every other part of your life.

For Lamia, 16, from Westlake Village, California, it all started with her dream of going to a top-tier engineering school. But when she started high school, with more competition from classmates, she says, "I was frozen with fear of failure. Whenever I thought I wasn't going to get an A+, my breath would become short and I'd get light-headed."

—RYLINN, 16

Lamia constantly told *herself* she wasn't good enough, but it was school bullies who tore Demi down. "When I was 12, they called me fat and said I needed to join Jenny Craig. Things that seem really silly now were so damaging to me then that I stopped eating," she says.

Weight and body image are often at the core of the pressure. Rachel, 17, from Birmingham, Alabama, spends most of her day thinking that she's not pretty or thin enough. "I weigh myself six to seven times a day. I've chugged coffee and locked myself in my bedroom so that I'm not tempted to eat," she says. The worst part is that Rachel knows that what she's doing isn't healthy, but she can't stop herself. She feels like she's in competition with other girls to be thinner. "My three sisters got the family's thin genes," she says.

school is the #1 pressure for teen girls and young women. Weight is #2.
SOURCE: A 2011 *SEVENTEEN*/YAHOO! SURVEY

You know that you're not supposed to compare yourself to other girls—but it can be hard not to. "You build this checklist in your head of things they are and *you're* not," says Rylinn, 16, from Rockville, Maryland. "Like, 'She's on the pom squad, she's prettier,' and you start trying to live up to that instead of doing your own things." Suddenly, you're setting impossibly high standards for yourself because you think you *have* to, not because you want to. In fact, you no longer know *what* makes you happy.

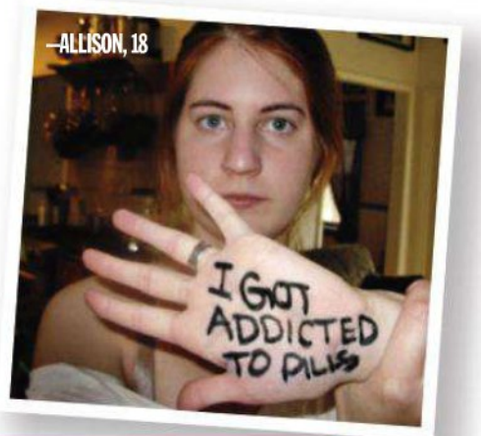
—LAMIA, 16

HEADING FOR A BREAKDOWN

Sure, it's a huge rush when you manage to pull off one of the impossible goals you've set for yourself: thinner, smarter, prettier. And you convince yourself that you just might be able to keep up with everything. But the irony is that as you push yourself harder to reach crazier goals, you become more and more frantic and less likely to actually achieve them. Suddenly you're in a self-defeating downward spiral.

Danielle, 16, from Oregon, Ohio, hit her breaking point during sophomore year. Feeling intense pressure at her competitive private prep school, she'd been studying six to ten hours a night, sleeping only three hours. "One night, I took a brief break to get a snack. The next thing I knew, I fell onto the counter. My dad said I was staring into space while he was talking to me. I was so tired that I had blacked out! He was so worried that he wanted to take me to the ER, but I said, 'No way. I have more studying to do.' "

Just like Danielle, you might hear yourself saying things like, "It has to be this way," and "I have no choice." Or, worse than those helpless thoughts, your internal voice can turn mean. Demi says that in the depths of her depression, she'd say destructive things to herself. "It wasn't, 'You deserve to be loved by someone,' " she says. "It was, 'You aren't worthy enough.' "



—ALLISON, 18

Allison, 18, a runner from Clarendon Hills, Illinois, told herself

HOW TO DEAL

Sometimes talking to your parents can be awkward and embarrassing because you don't want to disappoint them. If you don't have a trusted adult in your life—like an older sibling, a relative, or a family friend—call 800-273-TALK (8255) anytime for a confidential chat with someone who can help.

17 EXPERTS: **Susan G. Keys, Ph.D.,** special advisor on mental health and director of research at the Inspire USA Foundation, inspireusafoundation.org; **Courtney Knowles,** executive director of The Jed Foundation; **Andrea Bonior, Ph.D.,** a clinical psychologist and the author of *The Friendship Fix: The Complete Guide to Choosing, Losing, and Keeping Up With Your Friends* (St. Martin's Griffin, 2011); **Roni Cohen-Sandler, Ph.D.,** a clinical psychologist and the author of *Stressed-Out Girls: Helping Them Thrive in the Age of Pressure* (Penguin, 2006); **Heidi Grant Halvorson, Ph.D.,** a social psychologist and the author of *Succeed: How We Can Reach Our Goals* (Hudson Street Press, 2010).

over and over that she *had* to get faster track times. So she convinced herself that the only way was to steal her sister's ADHD medication. "The pills made me so jittery that I had trouble sleeping. And they didn't help me get faster—I pushed myself so hard that I tore the cartilage in my hip and had to get surgery," she says.

Allison's pain was a warning, but for other girls, it's a dangerous way to cope. With a Sweet Sixteen party to plan, Lamia began to have panic attacks. "I cried myself to sleep every night for weeks—and sometimes I felt so overwhelmed, I couldn't sleep at all. To make things worse, my friends got mad at me. My whole world was caving in and I didn't know how to deal, so I started cutting myself every night while my parents were asleep," Lamia confesses. "Instead of the pain controlling me, I felt like I controlled the pain. It's so dangerous, but I didn't care."

Often the pain girls feel becomes so unbearable they can no longer keep it a secret. That's what happened to Demi. "Lashing out was my cry for help," she says. "Wow, who was I to do that? I'm very ashamed. I wasn't in the right state of mind at all."

It can seem scary, but it's very brave to ask for help. It was the love and support of her family and friends that helped Demi realize she needed therapy after suffering in secret for so long. "There were times when I thought, I don't know if I actually *want* help because my eating disorders are my best friend," Demi says. "Looking back on it, I just want to cradle my old self up and hold her and tell her that it doesn't have to be this way."

FINDING FREEDOM

In rehab, Demi found her way out of her darkness with something that seems so simple—connecting with her feelings. "One of the reasons I was so unhappy for years was because I never embraced my emotions and I was trying to stay in control. In treatment, all of the negative things I did were stripped away and I had to start processing my feelings. It was really difficult," she says.

When you feel confused by your own swirl of emotions, one of the best ways to sort it out is to talk to an adult you trust or a good friend. Even just hanging out with friends can help you figure out how to feel better. Demi talked to Selena each week while in treatment and rebuilt their friendship. "We didn't really discuss what I was going through—we just talked," she says.

Lamia stopped cutting after she confided in a friend who had cut herself too. "She told me to make a list of all the things in my life I was grateful for. That put everything into perspective. Now to deal with the pressure, I go outside and take photographs. It's so soothing," Lamia says. Creative outlets have helped a lot of girls. Allison posts her poetry on teenink.com. Demi painted and knit while she was in treatment.

1 IN 10
teen girls and young women turns to **drugs or alcohol** to deal with the pressure.
SOURCE: A 2011 *SEVENTEEN*/YAHOO! SURVEY

Recovery can be a slow process, and no one knows that better than Demi. So she got the words *stay strong* tattooed on her wrists as a reminder to herself—and the world—of what's most important in life.

spread the love!

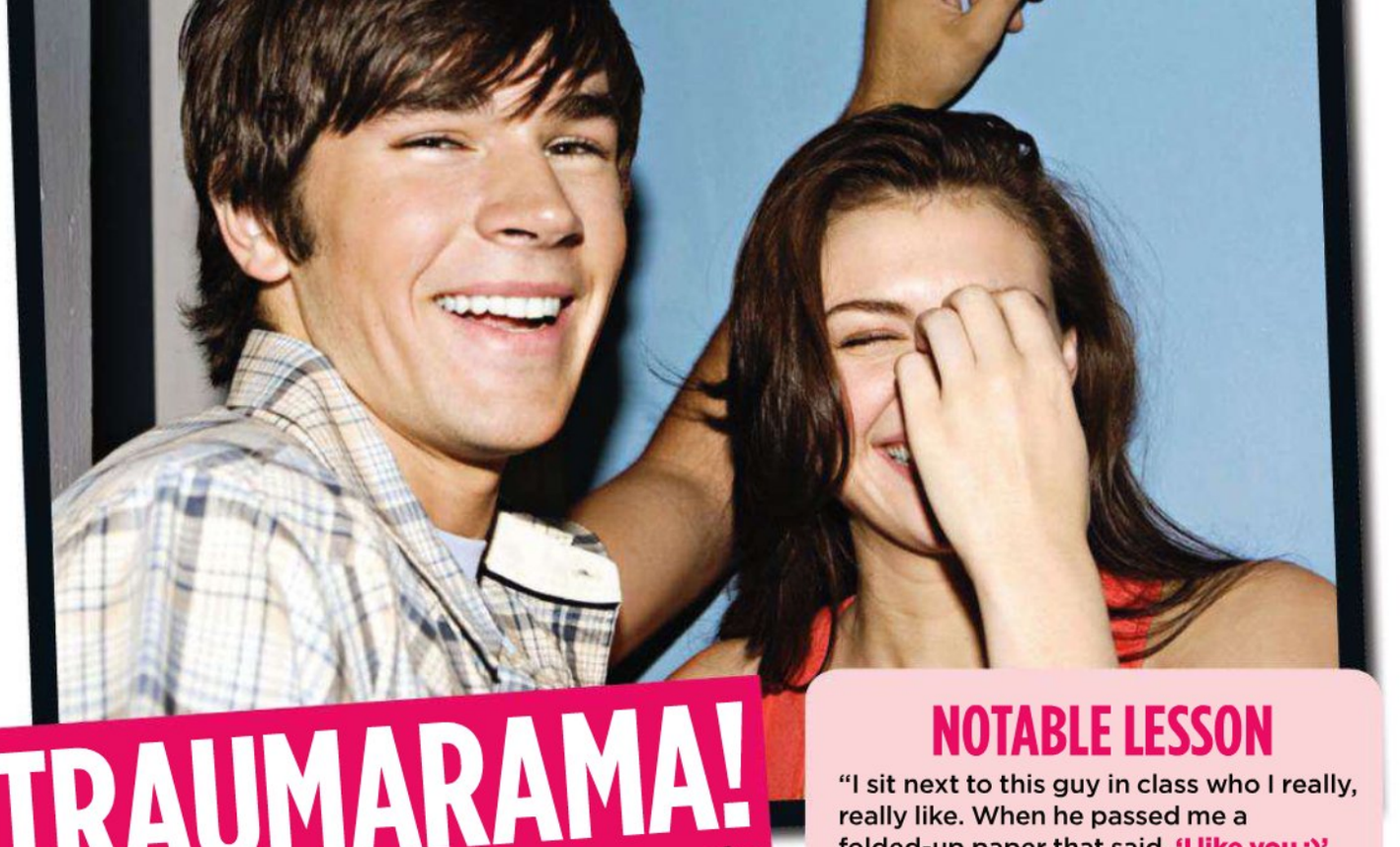
Demi, *Seventeen,* and The Jed Foundation want you to tell the world: "Love Is Louder than the pressure to be perfect."

When you're feeling like you'll never measure up, remember the love and support from your family and friends is louder than that negative voice in your head! Write Love Is Louder Than the Pressure to Be Perfect on your hands in lipstick, pen, marker, whatever, then take a pic. Go to seventeen.com/demilovato to see Demi's new PSA and to send in the photo of yourself spreading the message. We'll help share it with the world!

PS: Demi is now a contributing editor for *Seventeen*! She'll be working with us throughout the year to talk about these important issues.

A very special thanks to Yahoo! for their support with this story.

More at magazinesdownload.com or ebook-free-download.net



TRAUMARAMA!

***Everyone* has had humiliating moments.**

NOTABLE LESSON

"I sit next to this guy in class who I really, really like. When he passed me a folded-up paper that said, **'I like you :)' I freaked, and wrote, 'Me, too!'** below it. But my teacher caught me, took the note, and read it out loud to everyone—including a detail I'd apparently missed: another girl's name written on the front!"

rear-ended

"My sister was driving and I was checking out her phone when she received a teasing text message from her crush. I read it to her and she dictated to me what to write back. She told me to type, 'I'm going to kick your butt!' Just as I hit send, though, I realized that I'd actually typed, 'I'm going to *lick* your butt!' Yeah, it wasn't *his* butt that ended up getting kicked that day!"

FAMILY AFFAIR

"I was at my BFF's, and she told me her brother had a hot friend coming over who I'd be into. When she ran upstairs to talk to her parents, I stayed in the kitchen to wait for her. **A cute young dude came in, and I thought it was the guy,** so I asked him to sit down and I flirted like crazy. He was awkward, but I really wanted my BFF to catch us hitting it off. When she finally came in, she said: 'Oh, I see you've met my uncle.' He was 32!"

BOOBY TRAP

"My BF had the flu and threw up on his sheets, so I took them **to our dorm laundry room for him. My shirt ended up falling victim to the mess,** so I took it off and tossed it in the washer with his sheets. (Hey, it was 3 A.M. and I figured no one else was around!) Of course, as I was riding the elevator back upstairs, it stopped and two guys got on. They looked at me in my bra, and after a pause, one of them said: 'Dude, your brother was totally right about this dorm!'"

it's a bird, it's a plane!

"I'm on the cheer squad and we wear bloomers over our undies because of the short skirts. I totally forgot to put mine on before the game, and I was wearing a pair of Superman underwear. Did I mention my position is 'flyer'? My class had a field day with that one!"

SEVENTEEN.COM Read new traumas and submit yours at seventeen.com/dailytrauma

MAIN PHOTO: MATTHEW SALACUSE. (MODELS USED FOR ILLUSTRATIVE PURPOSES ONLY.) STILL LIFE: (BRA) JESUS AYALA/STUDIO D.

CELEB TRAUMA!

fender bender

"I had just gotten my driver's license and went to dinner with my then-boyfriend's family. He told them, 'Lucy's such a bad driver! She hits things all the time.' I stood up for myself and insisted it wasn't true. But that night when I left, I reversed straight into his aunt's brand-new car! My BF was like, 'See?' I still feel humiliated about it!"

shut down

"My crush borrowed my school computer in class. When I got it back, there was a note on it saying 'Thanks!' with a phone number. I was so excited that I ran over to tell him that I would text him later and I was really looking forward to talking. He gave me a totally weird look, and then told me that it was actually his student ID number that he'd needed to log in. I wanted to hide in my locker the rest of the day!"

PARTY FOUL

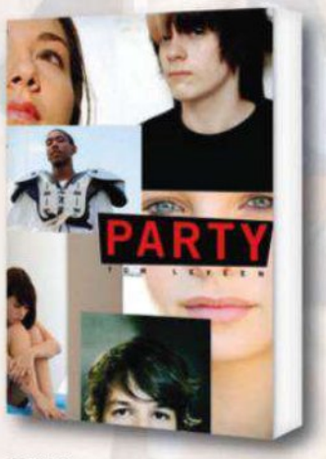
"My BF and I are in college, and I decided to surprise him one morning. **I snuck into his room, climbed into his bed, and touched his back.** Then a deep, unfamiliar, voice said 'Hey, baby!' from under the covers—I jumped 12 feet! My boyfriend had fallen asleep in the common-room lounge and one of his friends took his comfy bed. Ugh, frat boys."

BOOGEY DOWN (UNDER)

"I was psyched to sit next to a hot guy on a long flight to Australia. When I woke up from a nap, he was staring at me, so I gave him a smile. **Then he offered me a tissue** because I had a ginormous booger on my nose. I couldn't make eye contact for the rest of the trip!"

STILL LIFE: (LAPTOP) COURTESY OF APPLE. HALE: REX USA.

A PARTY YOU'LL NEVER REMEMBER, A NIGHT YOU'LL NEVER FORGET.



When 11 strangers attend the party of the year, the last thing they expect is to emerge as friends. But before the night ends, these strangers intersect, disconnect and reconnect, in ways that none of them ever expected.

WHAT'S YOUR PARTY PERSONALITY ???

FIND OUT AND WATCH THE BOOK TRAILER AT RANDOMBUZZERS.COM/BOOKS/PARTY

RHCB

More at magazinesdownload.com or ebook-free-download.net

Giveaway Rules

NO PURCHASE NECESSARY. Sponsored by Hearst Communications, Inc. Must be female, between the ages of 13 and 29, and a resident of the 50 United States or District of Columbia. Void where prohibited by law.

HOW TO PARTICIPATE IN THE LIP OUT LOUD SUPER SHINY GLOSS GIVEAWAY (page 28): Starting April 19, 2011, at 12:01 A.M. ET, go to **seventeen.com/jordana** and enter the code "glossy" on the entry form to receive one (1) free Jordana Lip Out Loud Super Shiny Gloss. Approximate retail value: $2. Ten thousand (10,000) will be given away. One per person. Giveaway ends May 23, 2011, at 11:59 P.M. ET. While supplies last.

Sweepstakes Rules

NO PURCHASE NECESSARY TO ENTER OR WIN. Sponsored by Hearst Communications, Inc. Must be female, between the ages of 13 and 29, and a legal resident of the 50 United States, District of Columbia, or Canada. Void in Quebec Province, and where prohibited by law, unless otherwise noted. Odds of winning depend on the number of eligible entries received.

HOW TO ENTER THE TEEN READER FEEDBACK SWEEPSTAKES (page 6): Go to **survey.seventeen.com** and complete and submit the entry form pursuant to the on-screen instructions beginning at 12:01 A.M. ET, January 1, 2011, through 11:59 P.M. ET, December 31, 2011. One (1) winner will receive a $500 American Express Gift Card, and five (5) winners will receive a $100 American Express Gift Card. Sweepstakes subject to complete Official Rules available at **survey.seventeen.com**.

HOW TO ENTER THE MAY DAILY FREEBIES (page 8): Complete and submit the online entry form at **seventeen.com/freebies** beginning at 12:01 A.M. ET, May 1, 2011, through 11:59 P.M. ET, May 31, 2011. Daily sweepstakes will be held each day starting at 12:00 A.M. ET and ending at 11:59 P.M. ET each day for 31 days. Sweepstakes subject to complete Official Rules available at **seventeen.com/freebies**.

HOW TO ENTER THE FANTASY CAMP SWEEPSTAKES (page 20): Beginning at 12:01 A.M. ET, April 12, 2011, through 11:59 P.M. ET, May 24, 2011, go to **seventeen.com/atlantis**, and complete and submit the entry form pursuant to the on-screen instructions. One (1) winner will receive a trip, including round-trip coach airfare, for winner and a friend (and parent or legal guardian if winner is a minor) to attend the Atlantis Fantasy Camp with *Seventeen* at Atlantis, Paradise Island, Bahamas (July 25–29, 2011) for a 5-day/4-night stay and receive eight (8) passes to CRUSH teen club for winner if 17 years old or under or to Aura club if winner is over 18 years of age. Odds of winning will depend upon the total number of eligible entries received. Must be female, 15–22 years of age, and a resident of the 48 contiguous states or District of Columbia. Void in Puerto Rico and where prohibited by law. Sweepstakes subject to complete Official Rules available at **seventeen.com/atlantis**.

HOW TO ENTER THE HEALTHY SKIN SWEEPSTAKES (page 82): Go to **seventeen.com/freebies** to enter, beginning at 12:01 A.M. ET, April 12, 2011, through 11:59 P.M. ET, May 23, 2011. Fifteen (15) winners will each receive one (1) full-size bottle of Too Faced Primed & Poreless Bronze Tint, approximate retail value, $30. Total approximate retail value for all prizes awarded: $450. Void in Canada and where prohibited by law. Sweepstakes subject to complete Official Rules available at **seventeen.com/freebies**.

HOW TO ENTER THE MAY ALL ACCESS SWEEPSTAKES (page 100): Go to **seventeen.com/freebies** to enter, beginning at 12:01 A.M. ET, April 12, 2011, through 11:59 P.M. ET, May 24, 2011. One (1) winner will win the following prizes: running shorts (approximate retail value: $36), running T-shirt (approximate retail value: $25), running hoodie (approximate retail value: $45), and Climacool sneakers (approximate retail value: $90) from Adidas. Total approximate retail value for all prizes awarded: $196. Sweepstakes subject to complete Official Rules available at **seventeen.com/freebies**.

Contest Rules

NO PURCHASE NECESSARY TO ENTER OR WIN. Sponsored by Hearst Communications, Inc. Must be female, between the ages of 15 and 22, and a legal resident of the 50 United States, District of Columbia, or Canada. Void in Quebec Province and where prohibited by law, unless otherwise noted.

HOW TO ENTER THE PRETTY AMAZING COVER CONTEST (page 18): **NO PURCHASE NECESSARY TO ENTER OR WIN.** Sponsored by Hearst Communications, Inc. Beginning February 1, 2011, at 12:01 A.M. ET, through April 30, 2011, at 11:59 P.M. ET, go to **seventeen.com/prettyamazing** and complete and submit the entry form pursuant to the on-screen instructions. Entrant must supply an essay describing why she is "Pretty Amazing," no greater than 1,000 characters, along with two (2) photos of herself. Prizes and approximate retail values: One (1) grand-prize winner will receive a $10,000 scholarship awarded in the form of a check, and an opportunity to appear on a cover of *Seventeen;* five (5) finalists (including the grand-prize winner) will receive a trip for two (2) to New York City that includes round-trip coach flights from major airport nearest finalists' residence and four- (4) night hotel stay (single room, double occupancy; approximate retail value: $4,750 each). Total approximate retail value of all prizes awarded: $33,750. Must be a female between the ages of 15–22 and a legal resident of the 50 United States, District of Columbia, Puerto Rico, or Canada. Void in the Province of Quebec, and where prohibited by law. Contest is subject to complete Official Rules available at **seventeen.com/prettyamazing**.

Accessories and clothing credits continued from pages 132 to 141.

p. 132 on model: hat, Lulu's; earrings, stylist's own; gold-and-black bracelets, Vieta; white bracelets, Alexis Bittar. **p. 133 on models, row 1:** (left) necklace, BCBGeneration; bracelets, H&M; (center) earrings, Sequin; gold bracelet, Alexandra Beth; black cuff, Lulu's; gold bangles, Fantasy Jewelry Box; white bracelet, Girlprops.com; ring, Basha; (right) earrings, Flutter by Jill Golden; necklace, Noir; red bracelet, Vieta; white and brown bracelets, Alexandra Beth. **row 2:** (left) sunglasses, Fantas-Eyes; earrings, Betsey Johnson; bracelets, Sequin; (center) earrings, AMI Clubwear; studded bracelets, Tuleste; beaded bracelets, Ben-Amun; shoes, Minnetonka; (right) studded bracelets, Mixit; brass bracelet and ring, Lulu's. **row 3:** (left) sunglasses, Von Zipper; necklace, GoJane; ring, Make Me Chic; gold bracelet, Tuleste; yellow bracelet, Vieta; silver bracelet, Noir; (center) orange and blue bracelets, Vieta; purple bracelet, Roarke; shoes, Minnetonka; (right) earrings, AMI Clubwear; chain necklace, BCBGeneration; sphere necklace, stylist's own; gold bracelets, Alexandra Beth; white bracelet, H&M. **p. 134 on models, row 1:** (left) earrings and gold-and-pink necklace, AMI Clubwear; green necklace, Lulu's; bracelets and ring, M. Haskell; (center) earrings, M. Haskell; necklace, Ettika; gold bracelet, Jones New York; bronze and orange bangles, Lulu's; ring, M. Haskell; (right) earrings, stylist's own; orange necklace, American Eagle Outfitters; brown necklace, Lee Angel; bracelets, Ben-Amun; ring, Topshop. **row 2:** (left) earrings, Girlprops.com; necklace, Erica Anenberg; bracelets, M. Haskell; (center) earrings, Serefina; necklaces, Ettika; ring, M. Haskell; (right) necklace, stylist's own; brown bracelet, H&M; blue bracelets, AMI Clubwear. **row 3:** (left) earrings, AMI Clubwear; shoes, Minnetonka; (center) necklace, Alexis Bittar; gold bracelets, Fantasy Jewelry Box; white bracelet, Pono; (right) hoodie, Vans; earrings, stylist's own; necklace, Jones New York; bracelet, Ben-Amun. **p. 135 on model:** earrings, AMI Clubwear; pendant necklace, Bombay Fashions; long brown necklace, Sequin; brown rope bracelet, Nine West; thin bangles, Jessica Simpson Collection; gold bangles, Lulu's; cream bracelet, Pono. **p. 136 on model:** earrings, stylist's own; short necklace, Maya Brenner; long necklace and color bracelets, Ettika; brown bracelet, Aéropostale. **p. 137 on models, row 1:** (left) earrings, Helen Ficalora; necklace, Ettika; bracelets, H&M; sandals, Urbanog; (center) necklace, braided bracelets, and suede bracelet, Ettika; cream-and-silver rope bracelet, H&M; (right) necklace, stylist's own. **row 2:** (left) earrings, BCBGeneration; necklace, Erica Anenberg; black bracelet, H&M; multicolor bracelets, Ettika; (center) bracelets, Ettika; sandals, Lulu's; (right) sunglasses, Von Zipper; brown studded bracelets, Vieta; tie-dye bracelets, Ettika; bag, Unionbay. **row 3:** (left) necklace, Erica Anenberg; heart bracelet, H&M; studded bracelet, Ettika; (center) necklace and bracelets, Ettika; (right) earrings and short necklace, Helen Ficalora; long necklace and bracelets, Ettika. **p. 138 on models, row 1:** (left) shirt, Ezekiel; hat, Billabong; earrings, Girlprops.com; bracelet and ring, Circa Sixty Three; watch, Nixon; shoes, Converse; (center) shark tooth necklace and blue-and-yellow necklace, Circa Sixty Three; blue bracelet, R.J. Graziano; black and gold bangles, Lulu's; shoes, Converse; (right) earrings, Lulu's; necklace, Circa Sixty Three; bracelets, Sequin. **row 2:** (left) earrings, Danika; necklace, BCBGeneration; silver bangle, Lulu's; black-and-silver bracelet, Venessa Arizaga; green watch, Rumba; ring, Danika; (center) hat, Billabong; earrings and bracelet with green balls, Circa Sixty Three; orange bracelet, Sequin; white-and-red bracelet and colored bangles, Noir; green watch, Converse; (right) earrings, Danika; chunky white bracelet and black bangle, Lulu's; light blue bracelets, Noir; white watch, Converse; silver bracelet, Sequin; black bracelet, Made Her Think; ring, Danika. **row 3:** (left) hoodie, American Apparel; sunglasses, Fantas-Eyes; necklace, Pervis Ross; bubble ring, Circa Sixty Three; two-finger ring, Danika; (center) earrings, Make Me Chic; short fringe necklace, Dannijo; long charm necklace, Circa Sixty Three; bracelet, Ettika; watch, Rumba; (right) earrings, Circa Sixty Three; backpack, Billabong; white bangle, Lulu's; thick pink bangle, Girlprops.com; glitter pink bangle, M. Haskell. **p. 139 on model:** earrings, M. Haskell; long charm necklace, Venessa Arizaga; pink and yellow rope bracelets, Roarke; three plastic bracelets, Noir; three-finger ring, Danika. **p. 140 on model:** earrings, stylist's own; bangles, H&M. **p. 141 on models, row 1:** (left) hat and earrings, Lulu's; sunglasses, Betsey Johnson; tan bracelets, Sequin; orange bracelet, Serefina; red bracelet, Noir; (center) earrings, Old Navy; necklace, Circa Sixty Three; (right) shirt, Urbanog; necklace, Helen Ficalora; bracelets, H&M. **row 2:** (left) earrings and bracelets, M. Haskell; ring, Lulu's; (center) earrings, stylist's own; green-and-blue bracelet, M. Haskell; ring, Lulu's; (right) shirt, Kirra; earrings, AMI Clubwear; necklace, Old Navy; gold bracelet, AMI Clubwear; coral bracelet, Sequin; shoes, Urbanog. **row 3:** (left) necklace, Pono; ring, Trina Turk; (center) necklace, Lulu's; clear orange bracelet, Pono; white bracelet, Alexis Bittar; dark orange bracelet, M. Haskell; (right) earrings, Make Me Chic; necklace, Helen Ficalora; bracelet, H&M; ring, Girlprops.com.

Seventeen (ISSN 0037-301X) is published monthly with combined issues in December/January and June/July, 10 times a year, by Hearst Communications, Inc., 300 West 57th Street, New York, NY 10019 U.S.A. Volume 70, number 5. Frank A. Bennack, Jr., Vice Chairman and Chief Executive Officer; Catherine A. Bostron, Secretary; Ronald J. Doerfler, Senior Vice President, Finance and Administration. Hearst Magazines Division: David Carey, President; John P. Loughlin, Executive Vice President & General Manager; John A. Rohan, Jr., Vice President and Group Controller. © 2011 by Hearst Communications, Inc. All rights reserved. *Seventeen* is a registered trademark of Hearst Communications, Inc. Periodicals postage paid at N.Y., N.Y., and additional entry post offices. Canada Post International Publications mail product (Canadian distribution) sales agreement no. 40012499. Editorial and Advertising Offices: 300 West 57th Street, New York, NY 10019–3797. Subscription prices: United States and possessions: $20 for one year. Canada: $20 for one year; all other countries $30 for one year. Subscription Services: *Seventeen* will, upon receipt of a complete subscription order, undertake fulfillment of that order so as to provide the first copy for delivery by the Postal Service or alternate carrier within 4–6 weeks. From time to time, we make our subscriber list available to companies who sell goods and services by mail that we believe would interest our readers. If you would rather not receive such mailings, please send your current mailing label or an exact copy to Mail Preference Service, P.O. Box 6000, Harlan, IA 51593. For subscription inquiries and customer service, visit service.seventeen.com or write to Customer Service Dept., *Seventeen*, P.O. Box 6000, Harlan, IA 51593. *Seventeen* is not responsible for unsolicited manuscripts, photographs, or art. None will be returned unless accompanied by a self-addressed stamped envelope. Canada BN NBR 10231 0943 RT. POSTMASTER: Send address changes to *Seventeen*, P.O. Box 6000, Harlan, IA 51593. Printed in the U.S.A.

promotion

Win a Trip to ATLANTIS

PARADISE ISLAND, BAHAMAS®

Designed Just for You!

ATLANTIS
PARADISE ISLAND, BAHAMAS
presents
Fantasy camp 2011
with seventeen
FASHION · BEAUTY · FITNESS

Enter for the chance to win a trip to **Atlantis, Paradise Island, Bahamas,** where you and a friend will take part in the first-ever Fantasy Camp with Seventeen! Spend five days with our style, beauty, health and fitness experts who will teach you all about fashion tips and tricks, flirty hair styles, celeb-worthy make-up techniques, energizing fitness moves, and more! All this, and you'll get to score some major beach time!

ENTER TO WIN
www.seventeen.com/atlantis

WANT TO SECURE YOUR SPOT TODAY?
Book now at
www.atlantis.com/seventeenfantasycamp

SEACAMP®
www.seacamp.org
For all the sea has to teach us... and for all the fun in learning it.
CO-ED 12–17
Marine Science, SCUBA, snorkeling, labs, sailing, windsurfing, kayaking. Meet top marine scientists. Since 1966 we have been exploring the ocean gulf & marine environments.
ACCREDITED
Write: SEACAMP, Dept. SV, 1300 Big Pine Ave. Big Pine Key, FL 33043 or call (305)872-2331
Email: snorkel@seacamp.org

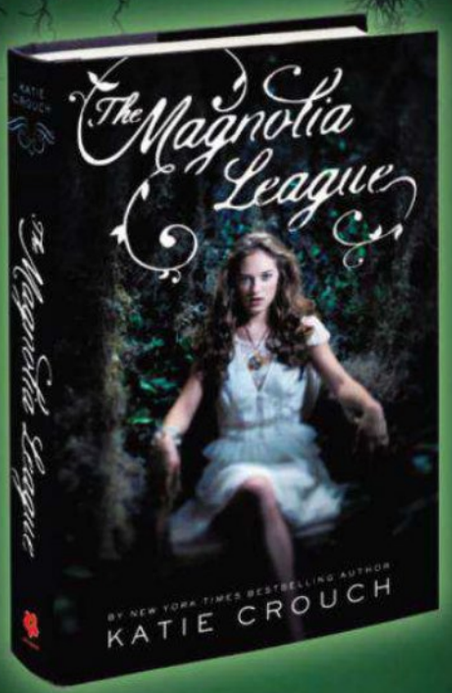
FASHION CLUB .com
Fashion Tips!
Creative Careers!
Cool Prizes!
DIY Projects!
Scholarships!
Join now it's free!
Sponsored by FIDM
Fashion Institute of Design & Merchandising

Camp Pennbrook 2011
The World's Only Exclusive All Girls Weight Loss Camp
Transform yourself in a summer... Make friendships for a lifetime!!!
(800) 442-7366
CAMP PENNBROOK.COM
ACCREDITED

CITIZENS' HIGH SCHOOL
Earn Your Diploma In As Little As Four Months!
- Nationally Accredited · Self-Paced Learning
- Grades 9-12 · Home Study
- Visit Us At www.citizenschool.com

For a Free Brochure, Call Dept. S Toll Free:
1-800-736-GRAD
ORANGE PARK, FLORIDA
DETC

Every society has its secrets.



In Savannah's debutante society, a Magnolia's beauty and power come with a deadly price.

"Katie Crouch grabs you and never lets go."
—People

poppy

Great Books, First Looks!
Read exclusive previews at
www.Teen-ReadMe.com

More at magazinesdownload.com or ebook-free-download.net

taurus

MAY HOROSCOPES

by sally brompton

taurus

Apr 20–May 20

Your love stars will be seriously hot on the weekend of the 21st, when romantic Venus and assertive Mars encourage you to take the initiative and ask out that shy cutie you've been crushing on for ages. He'll be so psyched when you make the first move, he'll immediately say yes!

gemini

May 21–Jun 20

Even a super-social Gem needs a little downtime, and after all your crazy partying in April, you'll have the urge to take a breather! Before the 21st, you'll carve out some "me" time to chill with DIY spa treatments and fun DVDs. By the end of May, you'll feel and look *sooo* good!

cancer

Jun 21–Jul 22

With pressures building at school, the first half of May will be tough, Cancer! But when Mercury and Venus link on the 16th, your crew will plan a get-together that spirals into an all-night gossip fest: You'll leave with a zillion new inside jokes, plus hot deets about your latest crush!

leo

Jul 23–Aug 22

You and a rival have been competing for the same guy, and on the 3rd, the new moon will bring out your competitive side. You'll try your most outrageous flirting tricks to get his attention, but you'll see that he wants to know the real you. Are you up for *that* challenge, Leo? Of course!

virgo

Aug 23–Sep 22

Your girls have been shopping up a storm for a big event, but with cash so tight, you can't afford to splurge. On the 21st, you'll get a flash of fashion creativity that will inspire you to put together a hot "new" outfit with a few of your best go-to pieces. Your look will make *them* jealous!

libra

Sep 23–Oct 22

You're determined to feel confident on the beach this summer, but you don't know where to begin. To help you get motivated and stay focused, the universe will send you just what you need: a workout buddy who has similar goals! By midmonth, you guys will be kicking butt!

scorpio

Oct 23–Nov 21

After a fight with your best friend, she'll lash out by spreading lies about you, and you'll be tempted to spill a few nasty secrets about her. But on the 17th, the full moon in your sign will prompt you to take the high road and calmly confront her. She'll cut it out.

sagittarius

Nov 22–Dec 21

Sags are the adventurers of the zodiac, but lately you haven't ventured much farther than your couch! Luckily Mars, the planet of energy, will move into the well-being area of your chart on the 11th, sending you the boost you need to get moving. Tons of outdoor fun awaits you!

capricorn

Dec 22–Jan 19

The bond between you and your crush is deepening and you couldn't be more excited. But on the 21st, Venus and Pluto will push your feelings into the obsessive zone, causing you to flip when he doesn't reply to a text. It'll be a rough night, but by the morning, you'll feel back in control.

aquarius

Jan 20–Feb 18

With the end of the school year so close, Aqua girls are feeling even more restless than usual! Your ruler, Uranus, will fire up the travel area of your chart this month, and on the 25th, you'll inspire your crew to hit the road to attend a hot concert or outdoor festival. You'll all have a blast!

pisces

Feb 19–Mar 20

You're a guy magnet in May: *Every* one you meet wants to get near you. The glitch is that your BFF can't help feeling left out. A sensitive Pisces like you can't truly enjoy herself if a close friend is bummed, so on the 11th, you'll plan a night out with her, and text two cuties to join you!

aries

Mar 21–Apr 19

What is it about bad boys and Aries girls? A guy with a wild rep is interested, and your girls have warned you to stay away because they don't want you to get hurt *again*. But on the 1st, they'll get some face time with him and see he's really a sweetie (despite the rumors!) and back off.

= girl talk = fun parties = hot guys = crazy drama = amazing makeover

GET YOUR IN-DEPTH HOROSCOPE AND MORE AT SALLYBROMPTON.COM.

SEVENTEEN.COM Check out your horoscope every day at seventeen.com/horoscopes.

©2011 AMERICA'S MILK PROCESSORS
REACH FOR THE STARS.
Julianne Hough
Discover lowfat milk's benefits at bodybymilk.com/juliannehough
got milk?®
HEALTHY
LEAN
BEAUTIFUL

Dior Addict
be Iconic
SEPHORA
DIOR.COM
THE NEW FASHION LIPSTICK